

February 2026

Life Enrichment Monthly Calendar

Activities are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning Worship 1 10:30 Stretch & Shine 11:00 Hymns & Worship 1:00 Parachute Movement 3:00 Hallway Darts 6:00 What's My Line?	Ground Hog Day 2 10:30 Flower Arranging 11:00 Aerobics with Kelly 1:30 Ground Hog Trivia 2:00 Ground Hog Ate My Garden Card Game	Valentines Wreath 3 10:30 Winter Whiteboard Memory Builder 11:30 Exercise with Kinetics Pomerene CR 1:30 Valentine Wreath 3:00 Chicken Soup Story	Heart Mosaics 4 10:00 Manicures 11:00 Thunder Stick Movement 1:00 Heart Mosaics 3:00 Game Time 6:00 Evening Game Show	Danbury Olympics 5 10:30 Olympics Trivia 11:00 Worship with Jairo 1:30-3:30 Danbury Olympics 6:00 Musical Melodies	Olympics Begin 6 10:30 Donuts & Devotions 11:30 Balloon Volleyball 1:30 Olympic Women Skating 3:30 Happy Hour Mobile Cart	Babe Ruth B-day 7 10:30 7 th Inning Stretches 11:00 Babe Ruth Trivia 1:00 Table Top Foosball 6:00 Putt Putt Hallway Golf
Sunday Hymns 8 10:30 Morning Movement 11:00 Hymns & Worship 1:00 Superbowl Coloring Contest 6:00 Super Bowl Preshow	Natl Pizza Day 9 10:30 Flower Arranging 11:00 Aerobics with Kelly 1:30 Pizza Snack Time 2:00 Shave with Amber 4:00 Match Game	HCA Art Class 10 10:30 Mobile Coffee Cart 11:30 Exercise Kinetics 2:00 Art Class 3:00 Sensory Sand	Nail Detail 11 10:00 Manicures 11:00 Build a City 1:00 Make a Heart Garland 3:00 Dot Doodles 6:00 Winter Olympic Viewing	Cookie Baking 12 10:30 Mix Up Cookies 11:30 Exercise Kinetics 1:30 Decorate Cookies 6:00 Olympic Watch Party	Balloon Volleyball 13 10:30 Donuts & Devotions 11:30 Balloon Volleyball 2:00 Afternoon Doodles with Amber 3:30 Happy Hour Mobile Cart	Valentines Day 14 10:30 Sit & Stretch Saturday 11:00 Bingo 1:00 Movie Matinee & Popcorn 6:00 Chair Massages
Afternoon Tea 15 10:30 Get Up & Groove 11:00 Hymns & Worship 2:00 Afternoon Tea 3:00 Winter Olympic Watch Party	Presidents Day 16 10:30 Flower Arranging 11:00 Aerobics with Kelly 1:30 Hail to the Chief History 2:00 Dice Game 4:00 Presidents Day Facts	Mardi Gras 17 10:30 Mardi Gras Trivia 11:30 Exercise with Kinetics Pomerene CR 1:30 Mardi Gras Party 6:00 Cake War	Ash Wednesday 18 10:00 Manicures 11:00 Whale of a Tale 1:00 Stained Glass Painting 3:00 Julie & Julia Matinee 6:00 Watch Your Favorite Olympic Event	Country Side Drive 19 10:30 Toothpick Games 11:30 Exercise Kinetics 2:00 Countryside Drive 4:00 Magic Picture 6:00 Forged In Fire	Max Visits 20 10:30 Donuts & Devotions 11:30 Balloon Volleyball 2:00 Max the Gentle Giant Visits 3:30 Happy Hour Mobile Cart	Saturday Stories 21 10:30 Morning Movement 11:00 The Little Girl Who Was Mailed Story with Misti 1:00 Hallway Bowling
Morning Worship 22 10:30 Gentle Stretches 11:00 Hymns & Worship 1:00 Afternoon Jenga 6:00 Winter Olympic Closing Ceremony	Men Self Care Day 23 10:30 Flower Arranging 11:00 Aerobics with Kelly 1:30 Birthday Party 2:00 Shave with Amber	National Tortilla Day 24 10:30 Tortilla Day Puzzle Packet 11:30 Exercise Kinetics 1:30 Chip and Salsa Social 3:00 Afternoon Uno	Afternoon Darts 25 10:00 Manicures 11:00 Frank Sinatra Music Time with Misti 1:00 Watercolor Fun 3:00 Afternoon Darts 6:00 Super Market Sweep	Bingo 26 10:30 Tea and Story 11:30 Exercise Kinetics 1:30 Bingo 3:00 Spy Day 6:00 Price is Right	Dominoes 27 10:30 Donuts & Devotions 11:30 Balloon Volleyball 2:00 Dominoes 3:30 Happy Hour Mobile Cart	Arm Chair Travel 28 10:30 Sit & Stretch Saturday 11:00 Arm Chair Travel 1:00 Sensory Center 6:00 The Lucy Show

Calendar Key:

CY – Courtyard