

February 2026

Life Enrichment Monthly Calendar

Activities are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Caring for the Finches 10:00 Catholic Mass Ch 43 10:30 Refreshment Cart 11:00 Daily Chronicle and Lite Movement 1:30 Activities to you 2:30 Bingo 3:30 Junk Detective	2 9:30 Does the Groundhog see it's shadow 10:00 Daily Chronicle 10:30 Balloon Volleyball 11:00 Songs and moves 1:30 Activities to you 2:30 Trivia 3:30 Lolita Jones singing Gospel	3 9:30 Communion 10:30 Daily Chronicle 11:00 Drum Circle 1:30 Activities to you 2:30 Name a Dozen 3:30 Seated Rhythm 6:00 Bingo	4 Soup-er Bowl Social 10:00 Daily Chronicle 10:30 Making homemade soup 1:30 Room to Room Visits 2:30 Enjoying the Soup-er Bowl Social 3:30 Funny Videos with Friends	5 10:00 Daily Chronicle 10:30 Morning exercise 11:00 Canva Painting 1:30 Activities to you 2:30 Bingo 6:00 Music Hour wide down	6 9:30 Rosary 10:00 Exercise 10:30 Haircare and more 1:30 Friendly Visits 1:1 2:30 Happy Hour 3:30 Your Choice	7 9:30 Daily Chronicle 10:00 Hydration Cart 10:30 Exercise Class 1:30 Visits to you 2:30 Bingo 3:00 Nail care and more
8 9:30 Caring for Our Finches 10:00 Catholic Mass Ch 43 10:30 Exercise with friends 11:00 Hydration Cart 1:30 Visits to you 2:30 Indoor Bowling 3:30 Social hour with Friends 7:00 Super Bowl	9 9:30 Discussing the Weather 10:00 Daily Chronicle 10:30 Balloon Volleyball 11:00 Songs and moves 1:30 Activities to you 2:30 Game Room Fun 3:30 TV trivia	10 10:00 Daily Chronicle 10:30 Making Valentine's Cookie 11:00 TV Trivia 1:30 Visits to you 2:30 Enjoying cookies and Conversation 3:30 Seated Workout 6:00 Bingo	11 10:00 Daily Chronicle 10:30 Morning Exercise 1:30 Activities to you 2:30 Afternoon walk 3:30 Word Games	12 Men's Social Gathering 10:00 Daily Chronicle 10:30 Drum Class 11:00 Tv Trivia 1:30 Activities to you 2:30 Music with Greg 3:30 Men's Social Gathering 6:00 Trivia Night	13 9:30 Rosary 10:00 Nail Care 11:00 Daily Chronicle and conversation cards 1:30 Activities to you 2:30 Happy Hour 3:30 Music of your choice	14 9:30 Daily Chronicle and Conversation 10:00 Music and Moves 11:00 Who was your first Love? 1:30 Visits to you 2:00 Popcorn and a movie
15 9:30 Caring for Our Finches 10:00 Catholic Mass Ch 43 10:30 Exercise 11:00 TV trivia 1:30 Visits to you 2:30 Crafting Hour 3:30 Can you name all the Presidents?	16 10:00 Daily Chronicle 10:30 Healthcare with Madison 11:00 Hydration Cart 1:30 Activities to you 2:30 Trivia 3:30 Hand Massage	17 9:30 Communion 10:00 Daily Chronicle and Conversation 10:30 Craft with Mary - Echo 11:00 TV trivia 1:30 Visits to you 2:30 Seated workout 3:30 Mardi Gras Celebration 6:00 Bingo	18 Outing 10:00 Daily Chronicle 10:00 Art Museum Outing 1:30 Activities to you 2:30 Afternoon Exercises 2:30 Travel to India	19 10:00 Daily Chronicle 10:30 Hydration Cart 11:00 Balloon Volleyball 1:30 Visits to you 3:00 Music with Melissa 6:00 Music Hour with Carla	20 10:00 Exercise 10:30 Assumption Mass 11:00 Daily Chronicle 1:30 Friendly Visits 1:1 2:30 Happy Hour 3:30 Music of your choice	21 9:30 Chronicle and more 10:30 Church Music and Friend 11:00 Conversation Starter 1:30 Visits to you 2:30 Craft 3:30 TV Trivia
22 9:30 Caring for Our Finches 10:00 Catholic Mass Ch 43 10:30 Exercise 11:00 Music and Hand Massage 1:30 Visits to you 2:30 Yoga workout 3:30 Afternoon Trivia	23 Painting Class 9:30 Discussing the Weather 10:00 Daily Chronicle 10:30 Painting Class 11:00 Songs and moves 1:30 Activities to you 2:30 Junk Detective 3:30 Ball Bounce	24 Music Therapy 10:00 Drum Class 11:00 Daily Chronicle and Conversation 1:30 workout with Gina 3:00 Music with Melissa 6:00 Bingo	25 10:00 Daily Chronicle 10:30 Making Chocolate Chip Cookies 1:00 Room to Room Visits 2:00 Enjoying Cookies 3:00 Visit from Saul Therapy Dog 3:30 Funny Videos with Friends	26 Tea Party 10:00 Daily Chronicle 10:30 Morning Stretches 11:00 Quilt Wall Words 1:30 Activities to you 2:30 Ladies Tea 3:30 Connection Pod interaction 6:00 Music and More	27 Birthday Celebration 9:30 Rosary 10:30 Exercise 11:00 Daily Chronicle 1:30 Friendly Visits 1:1 2:30 Happy Hour 3:30 Music of your choice	28 9:30 Daily Chronicle and Conversation 10:30 Hydration Station 11:00 Morning Exercise 1:30 Visits to you 2:00 Movie with Popcorn

Calender Key:

Birthdays:

Marion C February 18thNancy S February 21st