

| Sunday   | Monday   | Tuesday  | Wednesday  | Thursday  | Friday   | Saturday  |
|--|--|--|--|---|--|---|
| <b>1</b><br>10:00 Streaming Mass (TR)<br>11:00 Morning Stretch (CS)<br>11:30 Coffee and Chats(BS)<br>1:30 Bowling (GR)<br>2:00 Classical Music Prgm(TR)<br>3:00 Board Games (GR) | <b>Ground Hog Day 2</b><br>10:30 Weight Class (CS)<br>11:00 Coffee & News (BS)<br>1:30 Spintopia (BS)<br>3:00 Water Color Painting Class (CS)<br>6:15 Movie Night (BS)                           | <b>3</b><br>10:00 Outing \$ Paris Baguette Bakery (FD)<br>10:30 Flex & Stretch (CS)<br>11:00 Coffee & Chats (BS)<br>1:30 Grief Support Group (CS)<br>3:00 Activity Chat (CS)                                   | <b>4</b><br>10:30 Sit & Fit (CS)<br>11:00 Coffee & News (BS)<br>1:30 Dog Visits - Gemma(PR)<br>2:00 BINGO (BS)<br>3:30 Classical Music Prgm. (TR)<br>6:15 Movie Night (PR)   | <b>5</b><br>10:00 Outing: \$ Kroger (FD)<br>10:30 Balance Class (CS)<br>11:00 Coffee & Chats (BS)<br>1:30 History Chat w/ Ty!(BS)<br>3:30 Chair Volleyball (CS)<br>6:15 TV Show: Queen Charlotte (TR)                                 | <b>6</b><br>10:30 Chair Aerobics (CS)<br>11:00 Coffee & Chats (BS)<br>1:30 Chair Yoga Class (CS)<br>3:00 Super Bowl Happy Hour (BS)<br>6:15 Movie Night (TR)   | <b>7</b><br>10:30 Morning Stretch (CS)<br>11:00 Coffee and Chats (BS)<br>1:30 Crochet Club (CS)<br>2:00 Movie: Million Dollar Baby (TR)<br>3:30 Board Games (GR)                    |
| <b>8</b><br>10:00 Streaming Mass (TR)<br>11:00 Morning Stretch (CS)<br>11:30 Coffee and Chats (BS)<br>2:00 Classical Music Prgm (TR)<br>6:00 Super Bowl Party (BS)               | <b>“All About Love” Day 9</b><br>10:30 Weight Class (CS)<br>11:00 Coffee & News<br>1:30 Love Letter Station (BS)<br>3:00 Floral Arrangements (CS)<br>6:30 Movie Night: Sleepless in Seattle (TR) | <b>Friendship &amp; Kindness 10</b><br>10:00 Outing: \$ Trader Joes<br>10:30 Flex & Stretch (CS)<br>11:00 Coffee & Chats (BS)<br>1:30 Spintopia (BS)<br>2:30 Menu Chats (DR)<br>3:30 Valentine Word Games (BS) | <b>Red Pink &amp; White Day 11</b><br>10:30 Sit & Fit (CS)<br>11:00 Coffee & News<br>1:30 Pooch & Smooch w/ Abby & Friends (BS)<br>2:30 Valentines Day BINGO<br>3:30 Classical Music Program (TR)<br>6:15 Movie Night: Notting Hill (PR) | <b>Sweet Treats Day 12</b><br>10:00 Outing: \$ MGM Casino (FD)<br>10:30 Balance Class (CS)<br>11:00 Coffee & Chats (BS)<br>2:00 Sweet Treats Social<br>3:00 Live w/ Lynn (BS)<br>6:15 TV Show: Queen Charlotte (TR)                   | <b>Glam Family Day 13</b><br>10:30 Chair Aerobics (CS)<br>11:00 Coffee & Chats (BS)<br>1:30 Chair Yoga Class (CS)<br>2:15 Beats w/ Ben (PR)<br>3:30 Valentine’s Day Happy Hour / Glam Photoshoot (BS)<br>6:15 Movie Night: The Best Exotic Marigold Hotel (TR) | <b>Valentines Day 14</b><br>10:30 Morning Stretch (CS)<br>11:00 Coffee and Chats (BS)<br>1:30 BINGO (BS)<br>2:00 Movie: Something’s Gotta Give (TR)<br>3:15 Live Entertainment (GR) |
| <b>15</b><br>10:00 Streaming Mass (TR)<br>11:00 Morning Stretch (CS)<br>11:30 Coffee and Chats (BS)<br>1:00 Football Watch Party (BS)<br>2:00 Classical Music Prgm (TR)          | <b>President’s Day 16</b><br>10:30 Weight Class (CS)<br>11:00 Coffee & News<br>1:30 Spintopia (BS)<br>3:00 Community Tie Dye (CS)<br>6:15 Baldwin Library Black History Lecture Streaming (TR)   | <b>17</b><br>10:00 Outing: \$ Pottery Class<br>10:30 Flex & Stretch (CS)<br>11:00 Vitals Clinic (CS)<br>11:15 Entertainment w/ Rachel (PR)<br>1:30 Rummikub Tournament (GR)<br>3:00 Resident Council (DR)      | <b>18</b><br>10:30 Sit & Fit (CS)<br>11:00 Coffee & News (BS)<br>1:30 Dog Visits - Gemma(PR)<br>2:00 BINGO (BS)<br>3:00 Classical Music Prgm(TR)<br>6:15 Men’s Club (BS)   | <b>19</b><br>10:00 Outing: \$ Target (FD)<br>10:30 Balance Class (CS)<br>11:00 Coffee & Chats (BS)<br>1:30 Lecture w/ Dale (BS)<br>3:00 Door Decor w/ Jessie (BS)<br>3:30 Chair Volleyball (CS)<br>6:15 TV Show: Queen Charlotte (TR) | <b>20</b><br>10:30 Balance Class (CS)<br>11:00 Coffee & Chats (BS)<br>1:30 Chair Yoga Class (CS)<br>2:30 Live w/ Gary W. (PR)<br>3:30 Harlem Renaissance Happy Hour (BS)<br>6:30 Movie Night (TR)  | <b>21</b><br>10:30 Morning Stretch (CS)<br>11:00 Coffee and Chats (BS)<br>1:30 Crochet Club (CS)<br>2:00 Movie: The Wolf of Wall Street (TR)<br>3:30 Card Games (GR)                |
| <b>22</b><br>10:00 Streaming Mass (TR)<br>11:00 Morning Stretch (CS)<br>11:30 Coffee and Chats (BS)<br>1:30 Board Games (GR)   | <b>Banana Bread Day 23</b><br>10:30 Weight Class (CS)<br>11:15 Coffee & News (BS)<br>1:30 Baking Club (BS)<br>3:00 Scrabble Club (CS)<br>6:15 Movie Night(GR)                                    | <b>24</b><br>10:30 Balance Class (CS)<br>11:00 Lunch Outing: \$ Yard House<br>11:00 Coffee & Chats (BS)<br>2:30 Menu Chats<br>3:30 Trivia (PR)   | <b>25</b><br>10:30 Sit & Fit (CS)<br>11:00 Coffee & News (BS)<br>1:30 Dog Visits - Abby (PR)<br>2:00 BINGO (BS)<br>3:30 Classical Music Program<br>6:15 Live w/ The Waterstones (PR)   | <b>26</b><br>10:00 Outing: \$ Whole Foods (FD)<br>10:30 Balance Class (CS)<br>11:00 Coffee & Chats (BS)<br>1:30 Spintopia (BS)<br>3:00 Culinary Showcase(GR)<br>6:15 TV Show: Queen Charlotte (TR)                                    | <b>27</b><br>10:30 Balance Class (CS)<br>11:00 Coffee & Chats (BS)<br>1:30 Chair Yoga Class (CS)<br>2:00 Motown Memories Happy Hour (Black History Month Celebration)(BS)<br>3:00 Live w/ Yaroslav (PR)<br>6:00 Movie Night (TR)                               | <b>28</b><br>10:30 Morning Stretch (CS)<br>11:00 Coffee and Chats (BS)<br>1:30 BINGO (BS)<br>2:00 Movie: Pitch Perfect (TR)<br>3:30 Board Games (GR)                                |
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