

February 2026

Life Enrichment Monthly Calendar

Activities are subject to change

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|--|--|--|---|
| 1 10:00 Streaming Mass (TR) 11:00 Morning Stretch (CS) 11:30 Coffee and Chats(BS) 1:30 Bowling (GR) 2:00 Classical Music Prgm(TR) 3:00 Board Games (GR) | 2 Ground Hog Day 10:30 Weight Class (CS) 11:00 Coffee & News (BS) 1:30 Spintopia (BS) 3:00 Water Color Painting Class (CS) 6:15 Movie Night (BS) | 3 10:00 Outing \$ Paris Baguette Bakery (FD) 10:30 Flex & Stretch (CS) 11:00 Coffee & Chats (BS) 1:30 Grief Support Group (CS) 3:00 Activity Chat (CS) | 4 10:30 Sit & Fit (CS) 11:00 Coffee & News (BS) 1:30 Dog Visits - Gemma(PR) 2:00 BINGO (BS) 3:30 Classical Music Prgm. (TR) 6:15 Movie Night (PR) | 5 10:00 Outing: \$ Kroger (FD) 10:30 Balance Class (CS) 11:00 Coffee & Chats (BS) 1:30 History Chat w/ Ty!(BS) 3:30 Chair Volleyball (CS) 6:15 TV Show: Queen Charlotte (TR) | 6 10:30 Chair Aerobics (CS) 11:00 Coffee & Chats (BS) 1:30 Chair Yoga Class (CS) 3:00 Super Bowl Happy Hour (BS) 6:15 Movie Night (TR) | 7 10:30 Morning Stretch (CS) 11:00 Coffee and Chats (BS) 1:30 Crochet Club (CS) 2:00 Movie: Million Dollar Baby (TR) 3:30 Board Games (GR) |
| 8 10:00 Streaming Mass (TR) 11:00 Morning Stretch (CS) 11:30 Coffee and Chats (BS) 2:00 Classical Music Prgm (TR) 6:00 Super Bowl Party (BS) | 9 "All About Love" Day 10:30 Weight Class (CS) 11:00 Coffee & News 1:30 Love Letter Station (BS) 3:00 Floral Arrangements (CS) 6:30 Movie Night: Sleepless in Seattle (TR) | 10 Friendship & Kindness 10:00 Outing: \$ Trader Joes 10:30 Flex & Stretch (CS) 11:00 Coffee & Chats (BS) 1:30 Spintopia (BS) 2:30 Menu Chats (DR) 3:30 Valentine Word Games (BS) | 11 Red Pink & White Day 10:30 Sit & Fit (CS) 11:00 Coffee & News 1:30 Pooch & Smooch w/ Abby & Friends (BS) 2:30 Valentines Day BINGO 3:30 Classical Music Program (TR) 6:15 Movie Night: Notting Hill (PR) | 12 Sweet Treats Day 10:00 Outing: \$ MGM Casino (FD) 10:30 Balance Class (CS) 11:00 Coffee & Chats (BS) 2:00 Sweet Treats Social 3:00 Live w/ Lynn (BS) 6:15 TV Show: Queen Charlotte (TR) | 13 Glam Family Day 10:30 Chair Aerobics (CS) 11:00 Coffee & Chats (BS) 1:30 Chair Yoga Class (CS) 2:15 Beats w/ Ben (PR) 3:30 Valentine's Day Happy Hour / Glam Photoshoot (BS) 6:15 Movie Night: The Best Exotic Marigold Hotel (TR) | 14 Valentines Day 10:30 Morning Stretch (CS) 11:00 Coffee and Chats (BS) 1:30 BINGO (BS) 2:00 Movie: Something's Gotta Give (TR) 3:15 Live Entertainment (GR) |
| 15 10:00 Streaming Mass (TR) 11:00 Morning Stretch (CS) 11:30 Coffee and Chats (BS) 1:00 Football Watch Party (BS) 2:00 Classical Music Prgm (TR) | 16 President's Day 10:30 Weight Class (CS) 11:00 Coffee & News 1:30 Spintopia (BS) 3:00 Community Tie Dye (CS) 6:15 Baldwin Library Black History Lecture Streaming (TR) | 17 10:00 Outing: \$ Pottery Class 10:30 Flex & Stretch (CS) 11:00 Vitals Clinic (CS) 11:15 Entertainment w/ Rachel (PR) 1:30 Rummikub Tournament (GR) 3:00 Resident Council (DR) | 18 10:30 Sit & Fit (CS) 11:00 Coffee & News (BS) 1:30 Dog Visits - Gemma(PR) 2:00 BINGO (BS) 3:00 Classical Music Prgm(TR) 6:15 Men's Club (BS) | 19 10:00 Outing: \$ Target (FD) 10:30 Balance Class (CS) 11:00 Coffee & Chats (BS) 1:30 Lecture w/ Dale (BS) 3:00 Door Decor w/ Jessie (BS) 3:30 Chair Volleyball (CS) 6:15 TV Show: Queen Charlotte (TR) | 20 10:30 Balance Class (CS) 11:00 Coffee & Chats (BS) 1:30 Chair Yoga Class (CS) 2:30 Live w/ Gary W. (PR) 3:30 Harlem Renaissance Happy Hour (BS) 6:30 Movie Night (TR) | 21 10:30 Morning Stretch (CS) 11:00 Coffee and Chats (BS) 1:30 Crochet Club (CS) 2:00 Movie: The Wolf of Wall Street (TR) 3:30 Card Games (GR) |
| 22 10:00 Streaming Mass (TR) 11:00 Morning Stretch (CS) 11:30 Coffee and Chats (BS) 1:30 Board Games (GR) | 23 Banana Bread Day 10:30 Weight Class (CS) 11:15 Coffee & News (BS) 1:30 Baking Club (BS) 3:00 Scrabble Club (CS) 6:15 Movie Night(GR) | 24 10:30 Balance Class (CS) 11:00 Lunch Outing: \$ Yard House 11:00 Coffee & Chats (BS) 2:30 Menu Chats 3:30 Trivia (PR) | 25 10:30 Sit & Fit (CS) 11:00 Coffee & News (BS) 1:30 Dog Visits - Abby (PR) 2:00 BINGO (BS) 3:30 Classical Music Program 6:15 Live w/ The Waterstones (PR) | 26 10:00 Outing: \$ Whole Foods (FD) 10:30 Balance Class (CS) 11:00 Coffee & Chats (BS) 1:30 Spintopia (BS) 3:00 Culinary Showcase(GR) 6:15 TV Show: Queen Charlotte (TR) | 27 10:30 Balance Class (CS) 11:00 Coffee & Chats (BS) 1:30 Chair Yoga Class (CS) 2:00 Motown Memories Happy Hour (Black History Month Celebration)(BS) 3:00 Live w/ Yaroslav (PR) 6:00 Movie Night (TR) | 28 10:30 Morning Stretch (CS) 11:00 Coffee and Chats (BS) 1:30 BINGO (BS) 2:00 Movie: Pitch Perfect (TR) 3:30 Board Games (GR) |
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Calender Key:

BS – Bistro

TR – Theatre

CS – Creative Studio

CY – Courtyard

FD- Front Desk

DA – Dining Area

GR-Game Room

PR- Piano Room

L - Library