

February 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10a Virtual Catholic Mass (AF) 10a LaGrave Livestream (ML) 11:30a Chronicle Pick-Up (ML) 1:30p Short Story (R2R) 3p Neighbor's Choice Card Game (AF)	Groundhog Day 2 10:30a Seated Stretching (AF) 11a Catholic Communion (AF) 2:15p Black History Month Chronicle: Inventors (ML) 2:30p Groundhog Day Reveal Video (ML)	3 11:15a Cardio Drumming (GP) 11:35a Chronicle Cool-Down (GP) 2p BINGO (GP) 3p Resident Council (GP) 3:15p Music W/ Melissa (MC) 6p Hot Towels & After-Dinner Social (DR)	4 10:30a Bands & Weights (AF) 11a Bible Study: Daily Devotion (AF) 11:15 Daily W/ Hayley (AF) 2:30p SOUPer Samples (GP) 3:30p Puppy Love W/ Poppy! (ML)	5 11:15a Cardio Drumming (GP) 11:35a Daily Chronicle (GP) 2:30p Winter Olympics: Noodle Hockey (ML) 6p Short Stories W/ Hayley (ML)	Frozen Yogurt Day 6 10a Chronicle Pass (ML) 11a BINGO (GP) 2:30p Movie Matinee: "Queen Bees" (AF) **3:15p Outing To "Pump House Yogurt" (Meet In ML)	7 10a Chronicle Pick-Up (ML) 11a Independent Groundhog Day Word Searches (ML) 2:30p Love Song "Name That Tune" (ML) 3p Travelogue - Meet me in Milan (ML)
Spirit Week! 8 10a Virtual Catholic Mass (AF) 10a LaGrave Livestream (ML) 11:30a Chronicle Pick-Up (ML) 1:30p Short Story (ML) 3p Crazy 8's (AF) 6:30p Super Bowl Showing (ML)	"LOVE Your Team" 9 10:30a Chair Yoga (AF) 11a Catholic Communion (AF) 1:30p Chef Chat (CR) 2:15p Black History Month Chronicle: Athletes (ML) 2:45p Performance by Michaeleen Kelly (ML)	Red, White, & PINK 10 11:15a Cardio Drumming (GP) 11:35a Chronicle Cool-Down (GP) 2p BINGO (GP) 3:15p Afternoon Hot Towels(GP)	"Practical Pajamas" 11 10:30 Seated Dancing (AF) 11a Bible Study: Daily Devotion (AF) 11:15a Daily W/ Hayley (AF) 2:30p March Calendar Mtg. (CR) 3:30p Valentines Day Card Creation (CR)	Silly Socks Day 12 11:15a Cardio Drumming (GP) 11:35a Daily Chronicle (GP) 1:30p Winter Olympics - Miniature Curling (GP) 2:30p Valentine's Day Trivia (ML) 6p Short Stories W/ Hayley (ML)	Heart on Your Sleeve 13 10a Chronicle Pass (ML) 11a BINGO (GP) 2:30p Spirit Week Raffle Drawing (ML) 3:15p Valentine's Movie: "Lover Come Back" (AF)	Valentine's Day 14 10:30a Hugs or "Kisses" Candy Cart (R2R) 11:15a Valentine's Catchphrase (ML) 2:30p Independent Chronicle (ML) 3p Independent "Who Am I?" (ML)
15 10a Virtual Catholic Mass (AF) 10a LaGrave Livestream (ML) 11:30a Chronicle Pick-Up (ML) 1:30p Short Story (R2R) 3p Neighbor's Choice Card Game (AF)	16 Mardi Gras 17 10:30a Seated Stretching (AF) 11a Catholic Communion (AF) 2:15p Independent Chronicle: Black History Month & Actors (ML) 2:45p Performance By Randy Heidema (ML)	18 11:15a Cardio Drumming (GP) 11:35a Chronicle Cool-Down (GP) 2p "Beaded" BINGO - Mardi Gras Edition! (GP) 3:15p Music W/ Melissa (MC) 6p Hot Towels & After-Dinner Social (DR)	19 10:30a Bands & Weights (AF) 11a Bible Study: Daily Devotion (AF) 11:15a Daily W/ Hayley (AF) 2:30p Slippery Slope Game (ML) 3:30p Puppy Love W/ Kiko! (ML)	20 11:15a Cardio Drumming (GP) 11:35a Daily Chronicle (GP) 1:30p Winter Olympic Trivia (ML) 2:45p Performance By Bob DeYoung (ML) 6p Short Stories W/ Hayley (ML)	21 10:30a Hallway Hikers (AF) 11a BINGO (GP) 1:30p Chronicle Pass (ML) 3:15p Black History Month Movie: "Guess Who's Coming To Dinner" (AF)	
22 10a Virtual Catholic Mass (AF) 10a LaGrave Livestream (ML) 11:30a Chronicle Pick-Up (ML) 1:30p Short Story (R2R) 3p Crazy 8's (AF)	23 10:30a Chair Yoga (AF) 11a Catholic Communion (AF) 2:15p Black History Month Chronicle: Music (ML) 2:30p Motown Sing-Along! (ML)	24 11:15a Cardio Drumming (GP) 11:35a Chronicle Cool-Down (GP) 2p BINGO (GP) 3:30p Puppy Love: Paws w/ A Cause Educational (ML) 6p Hot Towels & After-Dinner Social (DR)	25 10:30a Seated Dancing (AF) 11a Bible Study: Daily Devotion (AF) 11:15 Daily W/ Hayley (AF) 2:30p Men's Group: "Cupid's Darts" (GP) 3:30p Puppy Love W/ Murphy! (GP)	26 11:15a Cardio Drumming (GP) 11:35a Daily Chronicle (GP) 1:30p Winter Olympics - Virtual Skiing! 2:45p Performance By Jeff Schroeder (ML) 6p Short Stories W/ Hayley (ML)	27 11a BINGO (GP) 1p Movie Matinee: "Ice Princess" (AF) 1:30p OUTING: Ice Skating W/ Aquinas Hockey Team! (Meet In Main Lobby) 3p Chronicle Pass (ML)	28 10a Chronicle Pick-Up (ML) 11a Independent Puzzling (AF) 2:30p Black History Month Trivia (ML) 3p Sing-Along (ML)

Calendar Key:

AF - Ada Forest Area

CR - Conference Room

CY - Courtyard

DR - Dining Room

EF - Event Field

GP - Gathering Place

IL - Independent Living

MC - Memory Care

ML - Main Lobby

PL - Parking Lot

R2R - Room-To-Room

TBD - To Be Determined

**Sign up for outings with

Life Enrichment Staff