

February 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Connected in Faith 2:00 Calm Coloring w/Cayana	2 Groundhog Day 11:00 Exercise (E) 3:30 Hot Cocoa Bar & Wack a Mole Game 6:00 Relax and Unwind	3 10:00 Noodle Ball 3:00 Taste Test Tuesday 6:00 Rest and Refresh	4 11:00 Exercise (E) 3:30 Water Painting 6:00 Wind Down Wednesday	5 10:00 Chair Boogie 1:00 Sculpt and Create w/ Paige 2:00 Meet and Greet w/ Staff (D) 6:00 Movie Night	6 11:00 Exercise (E) 2:00 Karaoke (A) 3:30 Bowling 6:00 Facial Fridays	7 11:00 Exercise (E) 3:00 Pampered & Polish w/ Paige
8 Superbowl 10:00 Connected in Faith 1:30 Chef Creation w/ Sunny (A) 3:30 Superbowl Games	9 11:00 Exercise (E) 3:30 Crafts w/ Cayana 6:00 Relax and Unwind	10 10:00 Noodle Ball 3:00 Taste Test Tuesday 6:00 Rest and Refresh	11 11:00 Exercise (E) 3:30 Water Painting 6:00 Wind Down Wednesday	12 10:00 Chair Boogie 2:00 Music with Lukas the Accordionist (D) 6:00 Movie night	13 11:00 Exercise (E) 11:30 Valentine's Lunch 3:30 Bowling 6:00 Facial Friday	14 Valentine's Day 11:00 Exercise (E) 3:00 Valentine's Day Games
15 10:00 Connected in Faith 10:30 Brunch 2:00 Calm Coloring w/ Cayana	16 Mardi Gras 11:00 Exercise (E) 1:00 Pop up Flower Shop (L) 3:30 Hot Cocoa Bar 6:00 Relax and Unwind	17 10:00 Noodle Ball 2:00 Mardi Gras Party (A) 6:00 Rest and Refresh	18 11:00 Exercise (E) 3:30 Water Painting 6:00 Wind Down Wednesday	19 10:00 Chair Boogie 1:00 Sculpt and Create w/ Paige 3:00 Birthday Bash 6:00 Movie Night	20 11:00 Exercise (E) 2:00 Karaoke (A) 3:30 Bowling 6:00 Facial Friday	21 11:00 Exercise (E) 3:00 Pamper & Polish w/ Cayana
22 10:00 Connected in Faith 1:30 Chef Creation w/ Sunny (A)	23 11:00 Exercise (E) 3:30 Crafts w/ Cayana 6:00 Relax and Unwind	24 10:00 Noodle Ball 3:00 Taste Test Tuesday 6:00 Rest and Refresh	25 11:00 Exercise (E) 3:30 Water Painting 6:00 Wind Down Wednesday	26 10:00 Chair Boogie 3:00 Olympic Games 6:00 Movie night	27 11:00 Exercise (E) 3:30 Bowling 6:00 Facial Friday	28 11:00 Exercise (E) 3:00 Pamper & Polish w/ Cayana

Calender Key:

A- Activity Room in AL

L- Lobby

D- Dining Room

T- Theater

E- Exercise Room

S- Salon