

January 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				New Years Day 1 11:15 Exercise (FL) 2:00 Crafters Hour (DR) 7:00 Rummikub (DR)	2 11:15 Kickball (FL) 3:00 Happy Hour (DR)	3 11:15 Resident Led Exercise (FL) 2:00 Bingo (AL)
4 11:15 Resident Led Exercise (FL) 2:00 Bingo (AL) Happy Birthday, Beverly!	National Bird Day 5 11:15 Kickball (FL) 2:00 Bird Houses (DR) 2:00 Movie (FL)	6 11:15 Exercise (FL) 2:00 Bingo (DR)	7 11:15 Kickball (FL) 2:00 Activity Planning Meeting (DR) 3:00 Farkle (DR)	Manicures in Salon 8 11:15 Exercise (FL) 2:00 Crafters Hour (DR) 7:00 Rummikub (DR)	9 11:15 Kickball (FL) 3:00 Happy Hour (DR)	10 11:15 Resident Led Exercise (FL) 2:00 Bingo (AL)
11 11:15 Resident Led Exercise (FL) 2:00 Bingo (AL)	12 11:15 Kickball (FL) 2:00 Movie (FL)	Vitals Cafe 13 9:00-11:00 Vitals Cafe (FL) 11:15 Exercise (FL) 2:00 Bingo (DR)	14 11:15 Kickball (FL) 3:00 Farkle (DR)	National Bagel Day 15 9:00 Bagels and Coffee (DR) 11:15 Exercise (FL) 2:00 Crafters Hour (DR) 7:00 Rummikub (DR)	16 11:15 Kickball (FL) 3:00 Happy Hour (DR)	17 11:15 Resident Led Exercise (FL) 2:00 Bingo (AL)
18 11:15 Resident Led Exercise (FL) 2:00 Bingo (AL)	MLK Day 19 11:15 Kickball (FL) 2:00 Movie (FL)	20 11:15 Exercise (FL) 2:00 Bingo (DR)	Resident Forum 21 11:15 Kickball (FL) 1:00 Resident Forum (FL) 3:00 Farkle (DR)	Manicures in Salon 22 11:15 Exercise (FL) 2:00 Crafters Hour (DR) 7:00 Rummikub (DR) Happy Birthday, Faith!	23 11:15 Kickball (FL) 3:00 Happy Hour (DR)	24 11:15 Resident Led Exercise (FL) 2:00 Bingo (AL)
25 11:15 Resident Led Exercise (FL) 2:00 Bingo (AL)	26 11:15 Kickball (FL) 2:00 Movie (FL)	Bingo Bucks Vending Machine 27 11:15 Exercise (FL) 2:00 Bingo (DR) 3:00 Bingo Bucks Vending Machine (DR)	Tech Day/Book Purge 28 11:15 Kickball (FL) 1:00 Tech Info (DR) 1:30 Book Purge 3:00 Farkle (DR)	29 11:15 Exercise (FL) 2:00 Crafters Hour (DR) 7:00 Rummikub (DR)	30 11:15 Kickball (FL) 3:00 Happy Hour (DR)	31 11:15 Resident Led Exercise (FL) 2:00 Bingo (AL)

Calender Key:

A – Atrium

C – Café

CP – Corner Pocket

MCP- Memory Care Patio

FL- Front Lobby

AR- Activity Room

SR- Sun Room

PL_ Parking Lot

IL- Independent Living

AA- All Apartments