

January 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				New Years Day		
				10:00am Morning Chronicles (ILL) 11:00am Activity Planning Meeting (BR) 1:30pm Men's Meet Up (BR) 2:30pm Mellow Movement: Video Chair Yoga (ELL) 3:30pm Quarter Bingo (MR)	10:00am Morning Mingle: Coffee, Chronicles, & Donuts (ELFP) 11:00am Gal Pal Group (BR) 1:30pm Activity Station: Brain Games (ELFP) 2:30pm Fun & Fit: Balloon VolleyBall (FC) 3:30pm Paint By Number (ART)	2 10:00am Morning Chronicles (ILL) 11:00am How-To: Sudoku (BR) 1:30pm Saturday Cinema + Concession Stand (MR) 3:30pm Billiards & Beer (BIL) 6:30pm Resident Led Bingo (MR)
10:00am Grab'n'Go Chronicles (ILL) 11:00am Online Church Service (CR) 1:00pm Sunday Spotlight: Spa Day Station (ELFP) 2:00pm Resident Led Quarter Games (B)	10:00am Morning Chronicles (ELFP) 11:00am Clay Creations: Trinket Dish (ART) 1:30pm Wine Club (BR) 2:30pm January Fitness: Seated Stretches! (ELL) 6:00pm Resident Led Euchre (IL)	10:00am Morning Chronicles (ILL) 10:30am Walmart Shopping (Outing) 11:30am Teatime w/Ben DeLong (C) 11:30am Cardio Drumming w/TCT (FC) 3:00pm Bible Study (BR) 6:30pm Resident Led Bingo (MR)	8:30am Waffle Wednesday (B) 10:00am Morning Chronicles (ELFP) 11:00am Refresh & Connect Mobile Cart (EL) 1:00pm Worship Service w/HOPE (BR) 3:30pm Happy Hour w/Bob Wurst (B)	10:00am Morning Chronicles (ILL) 11:00am Kroger Shopping (Outing) 1:30pm Craft Corner: Beaded Pipe Cleaner Snowflakes (ART) 2:30pm Mellow Movement: Video Chair Yoga (ELL) 3:30pm Quarter Bingo (MR)	8 Law Enforcement Appreciation Day 10:00am Morning Chronicles (ELFP) 11:00am Clay Creations: Trinket Dish (ART) 1:30pm Baking For The Blue (BR) 2:30pm Fun & Fit: Cornhole (FC) 3:30pm Paint By Number (ART)	9 10:00am Morning Chronicles (ILL) 11:00am How-To: Sudoku (BR) 1:30pm Saturday Cinema (MR) 3:30pm Hoops & Hangouts: Basketball (CR) 6:30pm Resident Led Bingo (MR)
10:00am Grab'n'Go Chronicles (ILL) 11:00am Online Church Service (CR) 12:00pm WC Church Coffee & Donuts (C) 1:00pm Sunday Spotlight: Word Searches (ELFP) 2:00pm Resident Led Quarter Games (B)	10:00am Morning Chronicles (ELFP) 11:00am Let's Bake!: Coconut Dream Cupcakes (BR) 1:30pm Mani's & Mimosas (BR) 2:30pm January Fitness: Resistance Band Workout (ELL) 3:30pm Pet Therapy w/Hazel (ELFP) 6:00pm Resident Led Euchre (IL)	10:00am Morning Chronicles (ELFP) 10:30am Kroger Shopping (Outing) 11:30am Peaceful Poses: Instructor Led Chair Yoga (ELL) 3:00pm Bible Study (BR) 6:30pm Resident Led Bingo (MR)	10:00am Morning Chronicles (ILL) 11:00am Refresh & Connect Mobile Cart (EL) 11:30am \$5 Buffet (B) 1:00pm Worship Service w/HOPE (BR) 3:30pm Happy Hour w/Jack Schilb (B)	10:00am Morning Chronicles (ILL) 11:00am Tabby & Fidos Cat Cafe (Outing) 1:00pm A. Bergeron Piano Performance (C) 2:30pm Mellow Movement: Video Chair Yoga (ELL) 3:30pm Quarter Bingo (MR)	15 10:00am Morning Chronicles (ELFP) 11:00am Activity Station: Brain Games (ELFP) 1:00pm Culinary Showcase (BR) 2:30pm Fun & Fit: Balloon VolleyBall (FC) 3:30pm Paint By Number (ART)	16 10:00am Morning Chronicles (ILL) 11:00am How-To: Sudoku (BR) 1:30pm Saturday Cinema + Concession Stand (MR) 3:30pm Billiards & Beer (BIL) 6:30pm Resident Led Bingo (MR)
10:00am Grab'n'Go Chronicles (ILL) 11:00am Online Church Service (CR) 1:00pm Sunday Spotlight: Adult Coloring! (ELFP) 2:00pm Resident Led Quarter Games (B)	Martin Luther King Jr Day 10:00am Morning Chronicles (ELFP) 11:00am Cooking Corner: German Beer Cheese Spread (BR) 1:15pm Paws & Hoooves (C) 1:30pm Hand Hygiene for Men (BR) 2:30pm January Fitness: Seated Stretches (ELL) 6:00pm Resident Led Euchre (IL)	10:00am Morning Chronicles (ILL) 10:30am Meijer Shopping (Outing) 10:30am Grief Support Group (CR) 11:30am Cardio Drumming w/TCT (FC) 2:30pm Music Man Performance (B) 3:00pm Bible Study (BR) 6:30pm Resident Led bingo (MR)	10:00am Director & Donuts (ELFP) 11:00am Refresh & Connect Mobile Cart (EL) 1:00pm Worship Service w/HOPE (BR) 3:30pm Happy Hour w/Ben DeLong (B)	10:00am Morning Chronicles (ILL) 11:00am Kroger Shopping (Outing) 1:30pm Craft Corner: DIY Keychains (ART) 2:30pm Mellow Movement: Video Chair Yoga (ELL) 3:30pm Quarter Bingo (MR)	22 10:00am Morning Chronicles (ELFP) 11:30am Culinary Planning Meeting w/Chef Gary (BR) 1:30pm Aromatherapy & Facemasks (BR) 2:30pm Fun & Fit: Cornhole (FC) 3:30pm Paint By Number (ART)	23 10:00am Morning Chronicles (ILL) 11:00am How-To: Sudoku (BR) 1:30pm Saturday Cinema (MR) 3:30pm Hoops & Hangouts: Basketball (CR) 6:30pm Resident Led Bingo (MR)
10:00am Grab'n'Go Chronicles (ILL) 11:00am Online Church Service (CR) 1:00pm Sunday Spotlight: Sudoku Station! (ELFP) 2:00pm Resident Led Quarter Games (B)	10:00am Morning Chronicles (ELFP) 11:00am Cocoa & Connections New Resident Social (C) 1:30pm Let's Learn: Documentary (CR) 2:30pm January Fitness: Resistance Band Workout (ELL) 3:30pm Pet Therapy w/Hazel (ELFP) 6:00pm Resident Led Euchre (IL)	10:00am Morning Chronicles (ILL) 10:30am Walmart Shopping (Outing) 11:30am Cardio Drumming w/TCT (FC) 3:00pm Bible Study (BR) 6:30pm Resident Led bingo (MR)	10:00am Morning Chronicles (ILL) 10:30am Toledo Mobile Library (ILL) 11:00am Refresh & Connect Mobile Cart (EL) 11:30am \$5 Buffet (B) 1:00pm Worship Service w/HOPE (BR) 3:30pm Happy Hour w/Gene Zenz (B)	10:00am Morning Chronicles (ILL) 10:30am: Golden Glow Wellness group (BR) 11:00am Cracker Barrel Brunch (Outing) 1:30pm New Years Resolutions Follow Up Discussion (BR) 2:30pm Mellow Movement: Video Chair Yoga (ELL) 3:30pm Quarter Bingo (MR)	29 10:00am Morning Mingle: Coffee, Chronicles, & Donuts (ELFP) 11:00am Hollywood Trivia (BR) 2:30pm Fun & Fit: Balloon VolleyBall (FC) 3:30pm Paint By Number (ART)	30 10:00am Morning Chronicles (ILL) 11:00am How-To: Sudoku (BR) 1:30pm Saturday Cinema + Concession Stand (MR) 3:30pm Billiards & Beer (BIL) 6:30pm Resident Led Bingo (MR)

Calender Key:

ART- Art Room

C – Café

B- The Bistro

MR- Media Room

BIL- Billiards Room

CR- Card Room

FC- Fitness Center

ILL- Independent Living

Library

BR- Blue Room

LCY- Courtyard

ELCY- Courtyard

DR- Dining Room

ELFP- Enhanced Living

Fireplace

ILFP- Independent Living

Fireplace

ELL- Enhanced Living Library

Fireplace