

IL/EL January 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				New Years Day 1 10:30 am Cardio Drumming (AR) 1:30 pm Matinee Feature Film: New Years Eve (M) 3:00 pm *Pinochle (B)	2 10:30 am Silver Sneakers Workout (AR) 2:00 pm Choir Practice (M) 3:30 pm Happy Hour with Music by Daniel Bryson (B) 6:45 pm *Wild Rummy (B)	3 10:30 am Cardio Drumming (AR) 2:00 pm Feature Film: Knives Out: Wake Up Dead Man (2025) (M) 3:30 pm *Dominoes (B)
4 11:00 am Televised Catholic Church Today (AR) 1:30 pm Quarter Bingo (B) 3:00 pm Feature Film: Still of the Night (1982) (M) 3:00 pm *Dominoes (B)	5 10:15 am Fitness with Tammy (AR) 11:00 am Giant Scrabble (AR) 11:00 am Activity Chat (B) 2:00 pm Art Club: Desktop Calendars (AR) 3:00 pm *Euchre (B)	6 10:30 am Cardio Drumming w/ Powerback (AR) 11:00 am Chat with the Chef (B) 11:15 am Shopping at Meijer (O) 1:00 pm BP Clinic (C) 3:00 pm *Pinochle (B) 6:45 pm *Hand & Foot Game (EL-D)	7 10:30 am Weight Workout (AR) 1:00 pm St. Paul of Tarsus Catholic Service (AR) 2:30 pm Quarter Bingo (B) 3:30 pm Wine Wednesday (B) 6:30 pm *Pinochle (B)	Elvis Birthday 8 9:00 am MGM Casino (O) 11:00 am St Paul of Tarsus Women of Faith Group (B) 2:00 pm Culinary Showcase (B) 3:30 pm Resident Forum (B) 6:30 pm Quarter Bingo (B)	9 9:00 am Mug Life Meetup Mens Group (C) 10:30 am Silver Sneakers with Sue (AR) 2:00 pm Choir Practice (M) 3:30 pm Happy Hour with Music by Bella Musica (B) 6:45 pm *Wild Rummy (B)	10 10:30 am Cardio Drumming (AR) 2:00 pm Feature Film: Notting Hill (1999) (M) 3:30 pm *Dominoes (B)
11 11:00 am St Paul of Tarsus Catholic Church (O) 1:30 pm Quarter Bingo (B) 3:00 pm Feature Film: The Dressmaker (2015) (M) 3:00 pm *Dominoes (B)	12 Nat'l Pharmacist Day 10:15 am Fitness with Tammy (AR) 11:00 am Giant Scrabble (AR) 2:00 pm Victory Church Prayer Group All Are Welcome! (AR) 3:00 pm *Euchre (B)	13 10:00 am Somerset Mall (O) 10:30 am Cardio Drumming w/ Powerback (AR) 1:00 pm BP Clinic (C) 3:00 pm *Pinochle (B) 6:45 pm *Hand & Foot Game (EL-D)	14 9-10 am Waffle Wednesday (C) 10:30 am Weight Workout (AR) 1:00 pm St. Paul of Tarsus Catholic Service (AR) 2:30 pm Quarter Bingo (B) 3:30 pm Wine Wednesday (B) 6:30 pm *Pinochle (B)	15 10:30 am Chair Yoga (AR) 11:00 am Ambassador Meeting (M) 2:00 pm Blankets with Care Craft Group (B) 3:00 pm Lakeside Assembly of God Prayer & Share Time All Are Welcome! (AR) 6:30 pm Euchre Tournament (B)	16 10:30 am Shuffleboard (AR) 2:00 pm Choir Practice (M) 3:30 pm Birthday Bash Happy Hour with Music by Theo Spight (B) 6:45 pm *Wild Rummy (B)	17 10:30 am Cardio Drumming (AR) 2:00 pm Feature Film: Home Again (2017) (M) 3:30 pm *Dominoes (B)
18 11:00 am Televised Catholic Church Today (AR) 1:30 pm Quarter Bingo (B) 3:00 pm Feature Film: Funny Girl (1968) (M) 3:00 pm *Dominoes (B)	19 MLK Day 10:15 am Fitness with Tammy (AR) 11:00 am Giant Scrabble (AR) 2:00 pm Art Club: Watercolor Painting Birds (AR) 3:00 pm *Euchre (B)	20 9:00 am Veterans Breakfast (B) 10:30 am Cardio Drumming w/ Powerback (AR) 11:00 am Shopping at Kroger (O) 1:00 pm BP Clinic (C) 3:00 pm *Pinochle (B) 6:45 pm *Hand & Foot Game (EL-D)	21 Snowflake Ball 10:30 am Weight Workout (AR) 1:00 pm St. Paul of Tarsus Catholic Service (AR) 4-6 pm Snowflake Ball (B) 6:30 pm *Pinochle (B)	22 10:00 am Cranbrook Institute of Science Museum (O) 10:30 am Chair Yoga (AR) 3:00 pm The Price is Right Game (B) 6:30 pm Quarter Bingo (B)	23 10-11 am Sip Club Specialty Coffee Bar (C) 10:30 am Silver Sneakers with Sue (AR) 2:00 pm Choir Practice (M) 3:30 pm Happy Hour Karaoke! (B) 6:45 pm *Wild Rummy (B)	24 10:30 am Cardio Drumming (AR) 2:00 pm Feature Film: Death on the Nile (2022) (M) 3:30 pm *Dominoes (B)
25 11:00 am Televised Catholic Church Today (AR) 1:30 pm Quarter Bingo (B) 3:00 pm Feature Film: Hello Dolly (1969) (M) 3:00 pm *Dominoes (B)	26 Nat'l Activity Week 10:15 am Fitness with Tammy (AR) 11:00 am Giant Scrabble (AR) 2:00 pm Book Club (AR) 3:30 pm *Screw Your Neighbor Card Game (B) 6:30 pm *Euchre (B)	27 9:00 am Tour at The Capuchin Franciscan Province of St Joe (O) 10:30 am Cardio Drumming w/ Powerback (AR) 1:00 pm BP Clinic (C) 3:00 pm *Pinochle (B) 6:45 pm *Hand & Foot Game (EL-D)	28 10:30 am Weight Workout (AR) 1:00 pm St. Paul of Tarsus Catholic Service (AR) 2:30 pm Dollar Bingo! (B) 3:30 pm Welcome Wine Wednesday New Residents Welcome! (B) 6:30 pm *Pinochle (B)	Nat'l Puzzle Day 29 9:30 am The Brunch Bar (O) 10:30 am Chair Yoga (AR) 2:00 pm Group Jigsaw Puzzle! (V) 3:00 pm New Year New You Facial Pampering Party with Mary Kay (B) 6:30 pm Euchre Tournament (B)	30 10:30 am Shuffleboard (AR) 2:00 pm Choir Practice (M) 3:30 pm Favorite Things Happy Hour with Music by Scott Vernier (B) 6:45 pm *Wild Rummy (B)	31 10:30 am Cardio Drumming (AR) 2:00 pm Feature Film: My Man Godfrey (1936) (M) 3:30 pm *Dominoes (B)

Calender Key:

C - Cafe

AR - Activity Room

M - Media Room / Theater

CY - Courtyard

LO - Main IL Lobby

L - Library

D - Formal Dining Room

B - Bistro Pub

V - Veteran's Lounge

O - Outing

EL-D - Enhanced Living Dining Room

EL - Enhanced Living Lounge

F - Fitness Center

SL - South Lobby

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Senior Living