

January 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				9:00 Walking Club* Resident Ran - CAF 10:00 Coffee Chat -CAF 11:00 Fitness with Life Enrichment -MED 1:00 Games With Friends *Resident Ran - ART 2:00 Happy New Year Movie- In Time - MED 6:30 Euchre With Friends *Resident Ran - ART	9:00 Walking Club* Resident Ran - CAF 10:00 Coffee Chat -CAF 11:00 St Patt's Mass - MED 2:00 Bingo with quarters - CWB 3:00 Happy Hour- Concord Cadence - CWB 6:30 Triominos Resident Ran - LIB	9:00 Walking Club* Resident Ran - CAF 10:00 Coffee Chat -CAF 11:00 Chair Zumba with Salsa City - MED 1:00 Quarter Bingo - CRM 2:00 Games with Friends *Resident Ran - LIB 6:30 Triominos Resident Ran - LIB
9:00 Walking Club* Resident Ran - CAF 10:00 St. Patrick's Catholic Communion Service - MED 10:00 Coffee Chat -CAF 12:00 Main Meal of the Day - MDR 1:00 Games with Friends *Resident Ran - ART 2:00 Movies in the Community Room - CRM 6:30 Triominos Resident Ran - LIB	Undeck the Halls - 1st floor 9:00 Walking Club* Resident Ran - CAF 9:00 St Patt's Women's Group - ART 9:00 Walking Club* Resident Ran - CAF 10:00 Coffee Chat -CAF 11:00 Fitness with Life Enrichment - MED 2:00 Bingo to Win- Bingo Raffle - CWB 3:00 Happy Hour- Tish Shepherd - CWB 6:30 Triominos Resident Ran - LIB	Undeck the Halls - 1st floor 9:00 Walking Club* Resident Ran - CAF 10:00 Wood Carving - CRM 10:00 Coffee Chat -CAF 11:00 Kristy on Piano - CAF 11:00 Cardio Drumming with Total Care Therapy - MED 2:00 Bingo to Win- Bingo Raffle - CWB 3:00 Happy Hour- Tish Shepherd - CWB 6:30 Triominos Resident Ran - ART	Undeck the Halls - 1st floor 9:00 Waffle Wednesday - CWB 9:00 Walking Club* Resident Ran - CAF 10:00 Coffee Chat -CAF 11:00 Fitness with Life Enrichment - MED 1:00 Sugar Scrub Make and Take - CRM 3:00 Resident Planning Committee - ART 4:00 General Trivia With Friends - CAF 6:30 Triominos Resident Ran - LIB ART	9:00 Walking Club* Resident Ran - CAF 10:00 Coffee Chat -CAF 11:00 Fitness with Life Enrichment - MED 12:00 Bingo Winner Lunch - CRM 2:00 Comedy Show - CWB 6:30 Euchre With Friends *Resident Ran - ART	9:00 Walking Club* Resident Ran - CAF 10:00 Coffee Chat -CAF 11:00 Fitness with Life Enrichment - MED 2:00 Bingo with quarters - CWB 3:00 Happy Hour- The Hamiltons - CWB 6:30 Triominos Resident Ran - LIB	9:00 Walking Club* Resident Ran - CAF 10:00 Coffee Chat -CAF 11:00 Chair Zumba with Salsa City - MED 1:00 Quarter Bingo - CRM 2:00 Games with Friends *Resident Ran - LIB 6:30 Triominos Resident Ran - LIB
9:00 Walking Club* Resident Ran - CAF 10:00 St. Patrick's Catholic Communion Service - MED 10:00 Coffee Chat -CAF 12:00 Main Meal of the Day - MDR 1:00 Games with Friends *Resident Ran - ART 2:00 Movies in the Community Room CRM 2:00 Journey for the Lord Gospel Duo CAF 3:00 Card Making Club* Resident Ran -ART 6:30 Triominos Resident Ran - LIB	9:00 Walking Club* Resident Ran - CAF 10:00 Coffee Chat -CAF 11:00 Fitness with Life Enrichment - MED 2:00 Bingo to Win - CWB 3:00 Happy Hour- Mr. Chris - CWB 6:30 Triominos Resident Ran - LIB	9:00 Walking Club* Resident Ran - CAF 10:00 Coffee Chat -CAF 11:00 Cardio Drumming with Total Care Therapy - MED 1:00 Quack Attack- National Rubber Ducky Day - CRM 2:30 Let's Play Pool - Art-Game 3:00 Alaska Connection Gospel Singers(Located in Memory Care) - MC 6:30 Euchre With Friends *Resident Ran - ART 6:30 Dementia Support Group - CRM	9:00 Walking Club* Resident Ran - CAF 10:00 Coffee Chat -CAF 11:00 Fitness with Life Enrichment - MED 12:00 Daycare Children Storytime - LIB 1:00 Quilt Show - CAF 12:00 Men's Lunch - CRM 1:30 Paint and Sip with Alyssa - ART 4:00 General Trivia With Friends - CAF 6:30 Triominos Resident Ran - LIB	9:00 Walking Club* Resident Ran - CAF 10:00 Coffee Chat- Bagel Bar - CAF 11:00 Fitness with Life Enrichment - MED 1:00 Mexican Train with Friends * Resident Ran* - ART 6:30 Euchre With Friends *Resident Ran - ART	9:00 Walking Club* Resident Ran - CAF 10:00 Coffee Chat CAF 11:00 Fitness with Life Enrichment - MED 2:00 Bingo with quarters - CWB 3:00 Happy Hour- Zane - CWB 6:30 Triominos Resident Ran - LIB	9:00 Walking Club* Resident Ran - CAF 10:00 Coffee Chat -CAF 11:00 Chair Zumba with Salsa City - MED 1:00 Quarter Bingo - CRM 2:00 Games with Friends *Resident Ran - LIB 6:30 Triominos Resident Ran - LIB
9:00 Walking Club* Resident Ran - CAF 10:00 St. Patrick's Catholic Communion Service - MED 10:00 Coffee Chat -CAF 12:00 Main Meal of the Day - MDR 1:00 Games with Friends *Resident Ran - ART 2:00 Movies in the Community Room - CRM 2:00 Journey for the Lord Gospel Duo CAF 3:00 Card Making Club* Resident Ran -ART 6:30 Triominos Resident Ran - LIB	9:00 Walking Club* Resident Ran - CAF 10:00 Coffee Chat -CAF 11:00 Fitness with Life Enrichment - MED 2:00 Bingo to Win - CWB 3:00 Happy Hour- Mr. Chris - CWB 6:30 Triominos Resident Ran - LIB	9:00 St Patt's Women's Group - ART 9:00 Walking Club* Resident Ran - CAF 10:00 Coffee Chat - CAF 11:00 Fitness with Life Enrichment - MED 12:00 National Popcorn Day- Popcorn and Comedy Movie - MED 2:00 Bingo to Win - CWB 3:00 Happy Hour- Music With Jordan - CWB 6:30 Triominos Resident Ran - LIB	9:00 Walking Club* Resident Ran - CAF 10:00 Coffee Chat - CAF 11:00 Fitness with Life Enrichment - MED 12:00 Ladies Lunch - CRM 1:00 Painting Ceramics - ART 3:00 Guess Who-Writing Edition - CRM 4:00 General Trivia With Friends - CAF 6:30 Triominos Resident Ran - LIB	9:00 Walking Club* Resident Ran - CAF 10:00 Coffee Chat - CAF 11:00 Fitness with Life Enrichment - MED 12:00 Dale On Piano- Caf 1:00 Fitness with Life Enrichment - MED 1:00 Ice Cream Social - CRM 2:00 Culinary Committee - CRM 3:00 Music Bingo - CRM 4:00 General Trivia With Friends - CAF 6:30 Triominos Resident Ran - LIB	All Day National Polka Dot Day - Wear Your Dots 9:00 Walking Club* Resident Ran - CAF 10:00 Coffee Chat - CAF 11:00 Fitness with Life Enrichment - MED 1:00 Wood Carving - CRM 11:00 Fitness with Life Enrichment - MED 2:00 Culinary Showcase - CRM 3:00 New Resident welcome party - CRM 6:30 Euchre With Friends *Resident Ran - ART	9:00 Walking Club* Resident Ran - CAF 10:00 Coffee Chat - CAF 11:00 Fitness with Life Enrichment - MED 1:30 Bingo - CWB 2:30 Happy Hour- Birthday Bash With Alan - CWB 6:30 Triominos Resident Ran - LIB
9:00 Walking Club* Resident Ran - CAF 10:00 St. Patrick's Catholic Communion Service - MED 10:00 Coffee Chat -CAF 12:00 Main Meal of the Day - MDR 1:00 Games with Friends *Resident Ran - ART 2:00 Movies in the Community Room - CRM 6:30 Triominos Resident Ran - LIB	9:00 Walking Club* Resident Ran - CAF 10:00 Coffee Chat -CAF 11:00 Fitness with Life Enrichment - MED 1:00 Spouse Day Celebration - CAF 2:00 Bingo to Win - CWB 3:00 Happy Hour- Danny Schneible - CWB 6:30 Triominos Resident Ran - LIB	9:00 Walking Club* Resident Ran - CAF 10:00 Coffee Chat - CAF 11:00 Fitness with Life Enrichment - MED 1:00 Games with Friends *Resident Ran - ART 2:30 Let's Play Pool - Art-Game 6:30 Euchre With Friends *Resident Ran - ART	9:00 Walking Club* Resident Ran - CAF 10:00 Coffee Chat - Caf 10:30 Dale On Piano- Caf 11:00 Fitness with Life Enrichment - MED 1:00 Ice Cream Social - CRM 2:00 Culinary Committee - CRM 3:00 Music Bingo - CRM 4:00 General Trivia With Friends - CAF 6:30 Triominos Resident Ran - LIB	National Puzzle Day 9:00 Walking Club* Resident Ran - CAF 10:00 Coffee Chat - CAF 11:00 Fitness with Life Enrichment - MED 1:00 Chicken Soup for the Soul - CRM 2:30 Puzzle Building in the Library - LIB 6:30 Euchre With Friends *Resident Ran - ART	9:00 Walking Club* Resident Ran - CAF 10:00 Coffee Chat - CAF 11:00 Fitness with Life Enrichment - MED 2:00 Bingo with quarters - CWB 3:00 Happy Hour - CWB 6:30 Triominos Resident Ran - LIB	9:00 Walking Club* Resident Ran - CAF 10:00 Coffee Chat- Hot Chocolate Bar - CAF 11:00 Chair Zumba with Salsa City - MED 1:00 Quarter Bingo - CRM 2:00 Games with Friends *Resident Ran - LIB 6:30 Triominos Resident Ran - LIB

Calender Key:

CWB- Bistro- 1st Floor

OUT- Outing

CAF- Cafe- 1st Floor

LIB- Library- 1st floor

MED-Media Room-2nd Floor

ART- Art Room -2nd floor

Outdoor activites and are

subject to cancellation or
rescheduling due to weather
at our discretion.