

MEADOW LANE

Memory Care

JANUARY 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>New Year's Day! 1</b> 9:15 am: Walk & Roll 0:15 am: Exercise (DR) 11:00 am: New Year's Day Trivia Coffee & Cookies (CR) 2:00 pm: Bingo (CR) 3:30 pm: FlapJack *6:30 pm: Manicures	<b>2</b> 9:15 am: Walk & Roll 10:15 am: Reminiscing (DR) 11:15 am: Strength Training (Cr) 2:00 pm: Kleenex Box Hockey 3:00 pm: The Year 2025 in Review Happy Hour (CR) 6:30 pm: Reminiscing	<b>3</b> 9:15 am: Walk & Roll 10:15 am: Exercise (DR) 11:00 am: Sing Along 2:00 pm: Bingo (CR) 3:00 pm: Polish Horseshoes (CR) *6:30 pm: Connection Pods
9:15 am: Preparing Bread dough followed by Walk & Roll 10:15 am: Exercise (DR) 11:15 am: Catholic Communion by Volunteers 2:00 pm: BINGO (DR) 3:15 pm: Fresh Baked Bread Delivery *6:30 pm: Manicures <b>4</b>	<b>Happy Birthday Bertha! 5</b> 9:15 am: Walk & Roll 10:30 am: Brent on Guitar 11:15 am: Strength Training (CR) 11:15 am: Reading Group 1:15 pm: Rosary Group (CR) 3:00 pm: Bertha's 102 Birthday Extravaganza (CR) *6:30 pm: Sing Along Video	9:00 am: Walk & Roll 10:15 am: Exercise (DR) 11:00 am: Methodist Church Service by Pastor Tim Callow (CR) 11:00 am: Interactive Walls 2:00 pm: Balloon Volleyball (DR) 3:30pm Catholic Mass by Fr. Kumar (CR) *6:30 pm: Cornhole <b>6</b>	<b>Beauty Salon Open 7</b> 9:15 am: Walk & Roll 10:00 am: Fun with Community Links 11:15 am: Strength Training (CR) 11:15 am: Sing Along 1:00pm: Magic Mobile Cart 2:00 pm: Music by Kris Kuziel (DR) 3:30 pm: Can you fix a snowman? *6:30 pm: Hand Massage	<b>8</b> 9:15am: Walk & Roll 10:15 am: Exercise (DR) 11:00 am: Michigan Trivia (DR) 2:00 pm: Lutheran Pastor visit by Pastor Durance (MP) 3:00 pm: Made in Michigan Event (CR) *6:30 pm: Manicures	<b>9</b> 9:15 am: Walk & Roll 10:45 am: Lunch at Verona Tavern 3:00 pm: "White Out" Happy Hour (CR) *6:30 pm: Reminiscing	<b>10</b> 9:15 am: Walk & Roll 10:15 am: Exercise (DR) 11:00 am: Dice Game (CR) 2:00 pm: Bingo (CR) 3:30 pm: Interactive Wall Fun *6:30 pm: Connection Pods
9:15 am: Preparing Bread dough followed by Walk & Roll 10:15 am: Exercise (DR) 11:15 am: Catholic Communion by Volunteers 2:00 pm: Bingo (CR) *6:30 pm: Manicures <b>11</b>	9:15 am: Walk & Roll 10:30 am: Brent on Guitar 11:15 am: Strength Training (CR) 11:15 am: Table Ball 1:15 pm: Rosary Group (CR) 3:00 pm: Resident Council Meeting (CR) 3:00 pm: Cake Mugs *6:30 pm: Sing Along Video <b>12</b>	9:15 am: Walk & Roll 10:15 am: Exercise (DR) 11:00 am: Roll a Snowman 2:00 pm: Sledding & Tubing Fun (DR) 3:30 pm: Catholic Mass by Fr.Yesu (CR) *6:30 pm: Interactive Walls <b>13</b>	<b>Beauty Salon Open 14</b> 9:15 am: Walk & Roll 11:15 am: Strength Training (CR) 1:00 pm: Sing Along with Bad Axe Naz 1:00 pm: Meadow Lane Game Store(CR) 3:00 pm: Snowman Yarn Craft *6:30pm: Hand Massage	9:15 am: Walk & Roll 10:15 am: Exercise (DR) 11:00 am: Snowball Toss 2:00 pm: Culinary Showcase Smoked Salmon Frittata (CR) 3:00 pm: Music by Kenny Lang (DR) *6:30 pm: Manicures <b>15</b>	9:15 am: Walk & Roll 11:15 am: Strength Training (CR) 11:15 am: Table Ball 1:30 pm: 1920's Mobile Cart 3:00 pm: Bootleggers Happy Hour (CR) *6:30 pm: Reminiscing <b>16</b>	9:15 am: Walk & Roll 10:15 am: Exercise (DR) 2:00 pm: Bingo (CR) 3:30 pm: Snowball Toss (CR) *6:30 pm: Connection Pods <b>17</b>
9:15 am: Preparing Bread dough followed by Walk & Roll 10:15 am: Exercise (DR) 11:15 am: Catholic Communion by Volunteers 2:00 pm: BINGO (CR) 3:15 pm: Fresh Baked Bread Delivery *6:30 pm: Manicures <b>18</b>	9:15 am: Walk & Roll 10:30 am: Brent on Guitar 11:15 am:Strength Training(CR) 1:15 pm: Rosary Group (CR) 2:00 pm: Bingo with Lynn from A&D (CR) *6:30 pm: Sing Along Video <b>19</b>	<b>BAKE SALE: Proceeds to the Bad Axe Band Boosters 10am-3pm 20</b> 9:15 am: Walk & Roll 10:15 am: Exercise (DR) 11:00 am: Balloon Volleyball 2:00 pm: Music by "A New Day" Trio (DR) 3:00 pm: Fun with Jessica (CR) *6:30 pm: Cornhole	<b>Beauty Salon Open National Hugging Day 21</b> 9:15 am: Walk & Roll 10:00 am: Fun with Community Links 11:15 am: Strength Training(CR) 11:15 am: Reading Group 2:00 pm: Music by Kris Kuziel(CR) 2:00 pm: Bear Hug Mobile Cart (Room to Room) *6:30 pm: Connection Pods	10:15 am: Exercise (DR) 11:00 am: Catholic Mass by Fr. Craig (CR) 2:00 pm: Celebration of Life Program (CR) Honoring all residents that have passed away over the last year 4:00 pm: Snowstorm in a Jar 6:30 pm: Manicures <b>22</b>	9:15 am: Walk & Roll 11:15 am: Strength Training(CR) 1:00 pm: Color Art 2:00 pm: Sing Along with Marian (CR) 3:15 pm: Wheel of Fortune Happy Hour (CR) *6:30 pm: Reminiscing <b>23</b>	9:15 am: Walk & Roll 10:15 am: Exercise (DR) 11:00 am: Dice Game (CR) 2:00 pm: Bingo (CR) *6:30 pm: Connection Pods <b>24</b>
9:15 am: Preparing Bread dough followed by Walk & Roll 10:15 am: Exercise (DR) 11:15 am: Catholic Communion by Volunteers 2:00 pm: BINGO (DR) 3:15 pm: Fresh Baked Bread Delivery *6:30 pm: Manicures <b>25</b>	<b>National Spouses Day! 26</b> 9:15 am: Walk & Roll 10:30 am: Brent on Guitar 11:15 am: Strength Training (CR) 11:15 am: Table Ball 1:15 pm: Rosary Group (CR) 3:00 pm: Spouses Day Social (CR) *6:30 pm: Sing Along Video	<b>27</b> 9:15 am: Walk & Roll 10:15 am: Exercise (DR) 2:00 pm: 1950's Mobile Cart 3:00 pm: Balloon Volleyball (DR) *6:30 pm: Bean Bag Toss	<b>Beauty Salon Open 28</b> 9:15 am: Walk & Roll 10:00 am: Fun with Community Links 11:15 am: Strength Training (CR) 11:15 am: Reading Group 1:00 pm: Sing Along with Bad Axe Naz (MC) 2:00 pm: January Birthday Party! Honoring: Bertha & Delores *6:30 pm: Connection Pods	<b>29</b> 9:15 am: Walk & Roll 11:15 am: Strength Training (CR) 2:00 pm: Movie & Popcorn Showing of: Hondo Starring John Wayne (CR) 3:30 pm: Salt Painting Snowflakes 6:30 pm: Manicures	10:00 am: Hair and Make up (MP) 2:00 pm-4:00 pm: Winter Wonderland 2026 Snow Ball (DR) 6:30 pm: Reminiscing <b>30</b>	9:15 am: Walk & Roll 10:15 am: Exercise (DR) 2:00 pm: Bingo (CR) 3:30 pm: Polish Horseshoes (CR) *6:30 pm: Connection Pods <b>31</b>

Calender Key:  
All programs held in memory care unless otherwise specified.

DR -Dining Room  
CR- Community Room  
CY- Courtyard (MC)

DRL- Dining Room Lobby Area  
MP- Marc's Park  
BYG- Backyard Gazebo

\*Indicates the activity will be completed by care staff.