

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				New Year's Day 1 9:45 The Perk 10:00 BINGO w/ Friends 3:30 Gentle Stretching 6:00 Evening Wind Down w/ Wellness	9:45 Perk Puzzle Grab 2 10:00 Seated Dodgeball 1:30 Movie Matinee - Call of the Wild 3:15 Hand Massages 6:00 Evening Wind Down w/ Wellness	10:00 The Perk 3 10:30 Morning Movement 1:00 Short Stories 2:00 Puzzles & Music 6:00 Evening Wind Down w/ Wellness
9:15 Bellevue Church Stream 4 11:00Connection Pods with Wellness 1:00 Hand in Motion 3:30 Aroma Therapy 6:00 Evening Wind Down w/ Wellness	9:45 The Perk 5 10:00 YouTube Yoga 10:30 Short Stories 1:30 Manicures 3:30 The Johnstons Performance 6:00 Puzzle Hour	9:45 The Perk 6 10:00 Morning Movement 10:30 National Take Down Christmas Tree Day 1:30 Bracelet Craft 3:30 Music w/Julie 6:00 Evening Wind Down w/ Wellness	8:30 Breakfast outing to Perkins 7 9:45 The Perk 1:30 Resident Council Meeting 2:30 Snack & Chat 3:30 Gentle Stetching 6:00 Evening Wind Down w/ Wellness	9:45 The Perk 8 10:00 BINGO w/ Friends 10:30 Hymns w/Lillan 1:30 Movie Matinee -Blue Hawaii 3:00 Elvis Snack time 6:00 Evening Wind Down w/ Wellness	9:45 The Perk 9 9:30 Take Donuts to Police Station Outing 10:30 Morning Movement 3:30 Music w/ Tim 6:00 Evening Wind Down w/ Wellness	10:00 The Perk 10 10:30 Morning Movement 1:00 Short Stories 2:00 Bald Eagle Documentary 6:00 Evening Wind Down w/ Wellness
9:15 Bellevue Church Stream 11 11:00 Connection Pods with Wellness 1:00 Hand in Motion 3:30 Aroma Therapy 6:00 Evening Wind Down w/ Wellness	9:45 The Perk 12 10:00 Morning Movement 10:30 Visit w/Job 1:30 Let's Have a Tea Party 3:00 Afternoon Tea Snacks 6:00 Evening Wind Down w/ Wellness	9:45 The Perk 13 10:00 Morning Movement 10:30 Blow up Bowling 1:30 Lets Listen to vintage Radio 3:00 Spintopia 6:00 Evening Wind Down w/ Wellness	10:00 The Perk 14 10:30 Morning Movement 1:30 Crafting Hats w/Jalisa 3:00 Hand Jive Exercise 6:00 Evening Wind Down w/ Wellness	10:00 BINGO w/ Friends 15 11:00 Morning Movement 1:30 Hat Photo shoot 3:30 Movie: Selma 6:00 Evening Wind Down w/ Wellness	10:00 Perk Pick Up 16 10:30 Morning Movement 1:30 Spintopia 2:00 Popcorn snack 3:30 Aroma therapy 6:00 Evening Wind Down w/ Wellness	10:00 The Perk 17 10:30 Morning Movement 1:00 Conversation Cards 3:30 Cleaning Placemats 6:00 Evening Wind Down w/ Wellness
9:15 Bellevue Church Stream 18 11:00 Connection Pods with Wellness 1:00 Silver Shoes Walking 3:30 Aroma Therapy 6:00 Evening Wind Down w/ Wellness	9:45 The Perk 19 10:00 Morning Movement 10:30 Manicure Monday 1:30 Gentle Stetching 3:00 Puzzle Hour 6:00 Evening Wind Down w/ Wellness	9:45 The Perk 20 10:00 Morning Movement w/weights 10:30 BINGO 1:00 Tan Grams (NEW) 6:00 Evening Wind Down w/ Wellness	10:00 The Perk 21 10:30 Morning Movement 1:30 Lite Trivia 3:00 Music w/Roy Fisher 6:00 Evening Wind Down w/ Wellness	10:00 Morning Perk 22 11:00 Gentle Stretching 1:30 Jig Jaw Puzzle 3:00 Spintopia 6:00 Evening Wind Down w/ Wellness	10:00 The Perk 23 10:30 Balloon Volleyball 12:00 January Birthday party 1:30 Charades 2:30 Bucket Ball 6:00 Evening Wind Down w/ Wellness	10:00 The Perk 24 10:30 Morning Movement 1:00 Short Stories 2:00 Puzzles & Music 6:00 Evening Wind Down w/ Wellness
9:15 Bellevue Church Stream 25 11:00Connection Pods with Wellness 1:00 Cleaning Place Mats 3:30 Aroma Therapy 6:00 Evening Wind Down w/ Wellness	9:45 The Perk 26 10:00 Morning Movement 10:30 Manicure Monday 1:00 Memory Lane Discussion: Spouses Edition 3:00 Spintopia 6:00 Evening Wind Down w/ Wellness	9:45 The Perk 27 10:00 Morning Movement 10:30 BINGO 1:00 Water Painting 3:30 Tim the Pianist 6:00 Evening Wind Down w/ Wellness	10:00 House Tour Outing 28 10:30 Morning Movement 1:30 Jig Jaw Puzzle 3:30 Music w/ Joe Boogie 6:00 Evening Wind Down w/Wellness	9:45 The Perk 29 10:00 BINGO w/ Friends 1:30 Let's Bake Croissants 3:30Gentle Stretching 5:30 Family Support Group 6:00 Evening Wind Down w/ Wellness	9:45 Perk Puzzle Grab 30 10:00 Seated Dodgeball 1:30 Movie Matinee -Snow Buddies 3:00 Hot Chocolate Station 6:00 Evening Wind Down w/Wellness	10:00 The Perk 31 10:30 Morning Movement 1:00 Short Stories 2:00 Puzzles & Music 6:00 Evening Wind Down w/ Wellness