

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				New Years Day 10:30 Sit & Be Fit-(C) 3:30 Pre Dinner Social Hour-(L)	10:00 Outing to Walmart 10:00 Fitness Group-(FC) 10:30 Sit & Be Fit-(C) 1:30 Wacky Wordles-(C) 3:30 Happy Hour w/Music w/ Julie-(L)	9:45 Daily Perk Pickup-(L) 10:30 Sit & Fit-(C) 10:30 Knitting Club-(AR) 1:30 Matinee Movie-(C) 3:30 Yale Society Acapella Group-(C)
9:00 Worship Livestream-(C) 9:45 Daily Perk Pickup-(L) 10:30 Sit & Fit-(C) 1:30 Bridge Club-(L) 3:30 Puzzle Group-(AR)	10:00 Fitness Group-(FC) 10:30 Movement w/Janet-(C) 1:30 Paper bag Snowflake Craft-(AR) 3:30 Pre dinner social hour w/Music w/The Johnston's-(L)	10:30 Movement w/Janet-(C) 11:00 5 Second Rule game 1:30 Chat with the Executive Director-(C) 2:30 BINGO-(L) 3:30 Pre Dinner Social hour w/Spintopia -(L) 6:00 Cards-(GR)	10:00 Fitness Group-(FC) 10:30 Speaker Joseph Biache on Newness at any Age-(C) 1:30 Rummikub-(AR) 2:00 Music w/ Johnson & Johnson-(C) 3:30 Happy Hour w/Trivia-(L) 6:00 Puzzles-(AR)	10:00 Sit & Be Fit-(C) 10:30 Hymns w/ Lillian-(C) 1:30 Activity Chat-(C) 3:30 Pre dinner Social Hour w/Elvis Trivia-(L) 6:00 Movie-Hidden Figures-(C)	9:30 Doughnuts to the Police station 10:00 Fitness Group-(FC) 10:30 Sit & Be Fit-(C) 1:30 Culinary Showcase-(ILD) 3:30 Happy Hour Piano w/ Tim-(L) 6:00 Table Games-(GR)	9:45 Daily Perk Pickup-(L) 10:30 Knitting Club-(AR) 10:30 Workout w/ Jalisa-(C)
9:00 Worship Livestream-(C) 9:45 Daily Perk Pickup-(L) 10:30 Sit & Fit-(C) 1:30 Bridge Club-(L) 3:30 Puzzle Group-(AR)	10:00 Fitness Group-(FC) 10:30 Movement w/Janet-(C) 1:30 Bracelet Craft 2:30 Trivia 3:30 Pre dinner social hour-(L) 6:00 Cards & Table Games-(GR)	10:30 Sit & Be Fit-(C) 11:00 Rummikub 1:30 Chat w/ the Executive Director-(C) 2:30 BINGO-(L) 3:30 Pre dinner social hour-(L) 6:00 Crossword Puzzles-(L)	10:00 Fitness Group-(FC) 10:30 Sit & Be Fit-(C) 11:00 Winter Wonderland Brunch-(DR) 1:30 Resident Forum-(C) 3:30 Happy Hour w/Music from Rob Haynes-(L)	10:30 Sit & Be Fit-(C) 11:00 Mr. Rogers-Won't you be my neighbor docum.-(C) 1:30 Culinary Chat-(C) 3:30 Social Hour w/Music w/Wyndie OH-(L) 6:00 Movie- A Beautiful Day in the Neighborhood	10:00 Fitness Group-(FC) 10:30 Sit & Be Fit-(C) 10:30 Outing to My Favorite Place Mexican Restaurant 1:30 Spintopia 3:30 Happy Hour-(L) 6:00 Cards & Table Games-(GR)	9:45 Daily Perk Pickup-(L) 10:00 Morning Workout-(C) 10:30 Knitting Club-(AR) 1:30 Matinee Movie(C) 3:30 Music w/ Julie-(L)
9:00 Worship Livestream-(C) 9:45 Daily Perk Pickup-(L) 10:30 Sit & Fit-(C) 1:30 Bridge Club-(L) 3:30 Puzzle Group-(AR)	MLK day 10:00 Fitness Group-(FC) 10:30 Speaker Joseph Biache on Martin Luther King Jr.-(C) 1:30 Book Club-(LB) 3:30 Pre dinner social hour-(L) 6:00 Cards & Table Games-(GR)	10:00 Sit & Be Fit-(C) 10:30 Lattes w/Ladies-(L) 1:30 Chat w/Executive Director-(C) 2:30 BINGO-(L) 3:30 Pre dinner social w/Music w/ Joe Boogie-(L) 6:00 Cards-(GR)	10:00 Outing to Marshalls 10:30 Sit & Be Fit-(C) 1:30 Spintopia-(C) 3:30 January Birthday's Happy Hour music w/Gary Abbott-(L) 6:00 Cards & Table Games-(GR)	10:00 Fitness Group-(FC) 10:30 Movement w/Janet-(C) 1:30 Words are Hard game-(C) 3:30 Pre dinner social hour Music w/ Driving Sideways-(L) 6:00 Movie: The Great Alaskan Race-(C)	10:00 Fitness Group-(FC) 10:30 Sit & Be Fit-(C) 10:30 ROMEO club (Men's club) Lunch @ Corky's 1:30 Tapple word game-(C) 3:30 Happy Hour w/Strings w/ Donna-(L) 6:00 Table Games-(GR)	9:45 Daily Perk Pickup-(L) 10:00 Workout w/ Jalisa-(C) 10:30 Knitting Club-(AR) 2:30 Coloring Sheets-(AR) 3:30 Crosswords-(L)
9:00 Worship Livestream-(C) 10:30 Sit & Fit-(C) 1:30 Bridge Club-(L) 3:30 Puzzle Group-(AR)	10:00 Fitness Group-(FC) 10:30 Sit & Fit-(C) 2:00 Painting w/Rori-(AR) 3:30 Pre dinner social hour w/Spintopia-(L) 6:00 Cards & Table Games-(GR)	10:30 Sit & Fit-(C) 1:30 Chat w/Executive Director-(C) 2:30 BINGO-(L) 3:30 Pre dinner social hour BYOB-(L) 6:00 Cards & Table Games-(GR)	10:00 Outing to Goodwill 10:00 Fitness Group-(FC) 10:30 Sit & Be Fit-(C) 1:30 Hand and Foot game-(AR) 3:30 Happy Hour w/ Heart Memphis Duo-(L) 6:00 Cards & Table Games-(GR)	10:30 Movement and Motivation w/Joseph Biache-(C) 1:30 The Sound Game-(C) 2:30 Creating art w/Trash video-(C) 3:30 Pre dinner social hour-(L) 6:00 Cards & Table Games-(GR)	10:00 Fitness Group-(FC) 10:30 Sit & Be Fit-(C) 11:00 Trivia-(L) 1:30 Wacky Wordles-(C) 3:30 Happy Hour-(L)	9:45 Daily Perk Pickup-(L) 10:00 Workout w/ Jalisa-(C) 10:30 Knitting Club-(AR) 1:30 Matinee Movie 3:30 Crosswords-(L)