

| Sunday  | Monday   | Tuesday   | Wednesday  | Thursday   | Friday   | Saturday  |   |
|---|--|---|--|--|--|---|---|
|   |  |   |  | <b>New Year's Day</b>  | <b>1</b>   | <b>2</b>  |   |
|   |  |   |  | 9:00 Morning Stroll (RL)<br>9:15 Morning News Packet<br>11:00 137th Rose Parade on NBC<br>11:00 The Rosary (RL) 100s<br>2:00 Afternoon Movie<br>4:00 Rose Bowl on ESPN<br>6:00 Relax and Refresh (RL)                        | 9:00 Morning Stroll (RL)<br>9:15 Morning News Packet<br>10:30 Exercise Class with Meghan from TCT (B)<br>1:00 Door to Door Snack Cart<br>3:00 Social Hour-Music Alexa (B)<br>6:00 Relax and Refresh (RL) | 9:00 Morning Stroll (RL)<br>9:15 Morning News Packet<br>11:00 Morning Stretch (B)<br>2:00 Bingo with Wyeth(B)<br>3:00 What's In the Bag (B)<br>6:00 Relax and Refresh (RL)  |   |
| <b>4</b><br>9:00 Catholic Eucharist (IR)<br>9:00 Morning Stroll (RL)<br>9:15 Morning News Packet<br>10:00 Church with Pastor Scott (B)<br>11:00 Sit and Be Fit (B)<br>2:00 Music and Trivia(B)<br>3:00 Wintery Hangman<br>6:00 Relax and Refresh (RL)   | <b>5</b><br>9:00 Morning Stroll (RL)<br>9:15 Morning News Packet<br>10:00 Church with Pastor Scott (B)<br>11:00 Sit and Be Fit (B)<br>2:00 Music and Trivia(B)<br>3:00 Wintery Hangman<br>6:00 Relax and Refresh (RL)  | <b>6</b><br>9:00 Morning Stroll (RL)<br>9:15 Morning News Packet<br>11:00 Range of Motion Exercise (B)<br>11:30 Mind Stretches (B)<br>2:00 Resident's Forum (B)<br>3:00 Hot Tea & Trivia Tuesday (B)<br>6:00 Relax and Refresh (RL) | <b>7</b><br>9:00 Morning Stroll (RL)<br>9:15 Morning News Packet<br>11:00 Sit and Be Fit (B)<br>11:30 Poetry and Pastries<br>2:30 Columbus Library Visit (B)<br>3:30 Activity Planning Meeting (B)<br>6:00 Relax and Refresh (RL)            | <b>8</b><br><b>Elvis's Birthday</b>  | <b>9</b>   | <b>10</b>   |   |
|   |  |   |  | 9:00 Morning Stroll (RL)<br>9:15 Morning News Packet<br>10:30 Games with Summit Health (B)<br>11:00 The Rosary (RL) 100s<br>1:00 New Albany Therapy Dogs<br>3:00 Elvis Concert by Randy Smith<br>6:00 Relax and Refresh (RL) | 9:00 Morning Stroll (RL)<br>9:15 Morning News Packet<br>10:30 Exercise Class with Meghan from TCT (B)<br>1:00 Door to Door Snack Cart<br>3:00 Social Hour-Music Scott (B)<br>6:00 Relax and Refresh (RL) | 9:00 Morning Stroll (RL)<br>9:15 Morning News Packet<br>10:30 Art Class with Cindy(B)<br>2:00 Bingo with Wyeth (B)<br>3:00 Do You Smell What I Smell B<br>6:00 Relax and Refresh (RL)   |   |
| <b>11</b><br>9:00 Catholic Eucharist (IR)<br>9:00 Morning Stroll (RL)<br>9:15 Morning News Packet<br>10:00 Church with Pastor Scott (B)<br>11:00 Sit and Be Fit (B)<br>2:00 Music and Trivia (B)<br>3:00 Hot Potato (B)<br>6:00 Relax and Refresh (RL)  | <b>12</b><br>9:00 Morning Stroll (RL)<br>9:15 Morning News Packet<br>10:00 Church with Pastor Scott (B)<br>11:00 Sit and Be Fit (B)<br>2:00 Music and Trivia (B)<br>3:00 Hot Potato (B)<br>6:00 Relax and Refresh (RL) | <b>13</b><br>9:00 Morning Stroll (RL)<br>9:15 Morning News Packet<br>11:00 Range of Motion Exercise (B)<br>11:30 Mind Stretches(B)<br>2:00 Simon Says(B)<br>3:00 Hot Tea & Trivia Tuesday(B)<br>6:00 Relax and Refresh (RL)         | <b>14</b><br>9:00 Morning Stroll (RL)<br>9:15 Morning News Packet<br>11:00 Sit and Be Fit<br>11:30 Anything for a Laugh<br>2:00 Ladies Club - Spa Day Party with Massages, Mocktails, Meditation and Music(B)<br>6:00 Relax and Refresh (RL) | <b>15</b>  | <b>16</b>  | <b>Snowflake Day</b>  |   |
|   |  |   |  | 9:00 Morning Stroll (RL)<br>9:15 Morning News Packet<br>10:30 Sit and Be Fit (B)<br>11:00 The Rosary (RL) 100s<br>1:00 New Albany Therapy Dogs<br>3:00 Card Games (B)<br>6:00 Relax and Refresh (RL)                         | 9:00 Morning Stroll (RL)<br>9:15 Morning News Packet<br>10:30 Exercise Class with Meghan from TCT (B)<br>1:00 Door to Door Snack Cart<br>3:00 Social Hour Music Alexa (B)<br>6:00 Relax and Refresh (RL) | 9:00 Morning Stroll (RL)<br>9:15 Morning News Packet<br>11:00 Morning Stretch (B)<br>2:00 Bingo with Wyeth (B)<br>3:00 Snowball "Fight" (B)<br>6:00 Relax and Refresh (RL)  |   |
| <b>18</b><br>9:00 Catholic Eucharist (IR)<br>9:00 Morning Stroll (RL)<br>9:15 Morning News Packet<br>10:00 Church with Pastor Scott (B)<br>11:00 Lotts of Tales with Teri Lott and The Alternative Center (B)<br>2:00 Popcorn Bar with Allison from Summit Home Health (B)<br>3:00 The Birth of A Dream (B) | <b>MLK Day</b>   | <b>19</b>   | <b>20</b>  | <b>21</b>  | <b>22</b>  | <b>23</b>   |   |
|   |  |   |  | 9:00 Morning Stroll (RL)<br>9:15 Morning News Packet<br>11:00 Range of Motion Exercise (B)<br>11:30 Mind Stretches(B)<br>2:00 Resident's Council(B)<br>3:00 Hot Tea & Trivia Tuesday(B)<br>6:00 Relax and Refresh (RL)       | 9:00 Morning Stroll (RL)<br>9:15 Morning News Packet<br>10:30 Sit and Be Fit (B)<br>11:00 The Rosary (RL) 100s<br>1:00 New Albany Therapy Dogs<br>3:00 Board Games(B)<br>6:00 Relax and Refresh (RL)     | 9:00 Morning Stroll (RL)<br>9:15 Morning News Packet<br>10:30 Exercise Class with Meghan from TCT<br>1:00 Door to Door Snack Cart<br>1:30 Men's Club with Vince<br>3:00 Social Hour - Music John (B)<br>6:00 Relax and Refresh (RL) |   |
| <b>25</b><br>9:00 Catholic Eucharist (IR)<br>9:00 Morning Stroll (RL)<br>9:15 Morning News Packet<br>10:00 Church with Pastor Scott (B)<br>10:30 Tai Chi with Spencer and The Alternative Center(B)<br>2:00 Music and Trivia(B)<br>3:00 Straw Drop (B)<br>6:00 Relax and Refresh (RL)                       | <b>26</b>  | <b>27</b>   | <b>28</b>  | <b>29</b>  | <b>30</b>  | <b>31</b>   |   |
|   |  |   |  | 9:00 Morning Stroll (RL)<br>9:15 Morning News Packet<br>11:00 Range of Motion Exercise (B)<br>11:30 Mind Stretches (B)<br>2:00 Bingo with TCT (B)<br>3:00 Hot Tea & Trivia Tuesday (B)<br>6:00 Relax and Refresh (RL)        | 9:00 Morning Stroll (RL)<br>9:15 Morning News Packet<br>10:30 Sit and Be Fit (B)<br>11:00 The Rosary (RL) 100s<br>1:00 New Albany Therapy Dogs<br>3:00 Jingo B)<br>6:00 Relax and Refresh (RL)           | 9:00 Morning Stroll (RL)<br>9:15 Morning News Packet<br>10:30 Exercise Class with Meghan from TCT<br>1:00 Door to Door Snack Cart<br>3:00 Social Hour Music Alexa (B)<br>6:00 Relax and Refresh (RL)                                | 9:00 Morning Stroll (RL)<br>9:15 Morning News Packet<br>11:00 Morning Stretch (B)<br>2:00 Bingo with Wyeth (B)<br>3:00 Yahtzee (B)<br>6:00 Relax and Refresh (RL) |

## Calender Key:

B- Bistro

CT- Courtyard

FL- Front Lobby

IR – Individual Room

OS – Off Site

100 – 100's Front Room

400 – 400's Front Room

MC - Memory Care

RL – Resident Lead

LEA – Lead by LEA

Yolanda Henderson, CDP

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STORYPOINT  
Senior Living