

January 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				New Year's Day	1	2
				10:00 Color Time 11:00 137 th Rose Parade (NBC) 2:00 Daily Chronicle 3:00 Music and Movement 4:00 Rose Bowl Game (ESPN) 6:00 Wind Down with Andy	10:00 Shoulder Massages 11:00 Exercise Class with Meghan from TCT 1:00 Daily Chronicle 1:30 Door to Door Snack Cart 3:00 Social Hour - Music by Gregg 6:00 Wind Down with Andy	10:00 Color Time 10:30 Exercise Class 1:00 Daily Chronicle 2:00 Bingo with Wyeth 3:00 Munchies and Memories 6:00 Wind Down with Andy
4	5	6	7	Elvis's Birthday	8	9
9:00 Catholic Eucharist 11:00 Praying the Rosary w/ Dorothy 1:00 Daily Chronicle 2:00 Sundaes on Sunday 3:00 Hymns on Alexa 6:00 Wind Down with Andy	10:00 Church with Pastor Scott 10:30 Exercise Class 1:00 Daily Chronicle 2:00 Winter Hangman (B) 3:00 Sing Along 6:00 Wind Down with Andy	10:00 Name 5 10:30 Exercise Class 1:00 Daily Chronicle 2:00 Resident's Forum (B) 3:00 Reminisce 6:00 Wind Down with Andy	10:00 Easy Random Trivia 10:30 Exercise Class 1:00 Daily Chronicle 2:30 Columbus Library Visit (B) 3:00 Game Time 6:00 Wind Down with Andy	10:00 Tunes with Todd 1:00 New Albany Therapy Dogs with ARC (MC) 2:00 Daily Chronicle 3:00 Elvis Concert by Randy S (B) 6:00 Wind Down with Andy	10:00 Shoulder Massages 11:00 Exercise Class with Meghan from TCT 1:00 Daily Chronicle 1:30 Door to Door Snack Cart 3:00 Social Hour - Music on Alexa 6:00 Wind Down with Andy	10:00 Color Time 10:30 Exercise Class 10:30 Art Class with Cindy (B) 1:00 Daily Chronicle 2:00 Bingo with Wyeth (B) 3:00 Munchies and Memories 6:00 Wind Down with Andy
11	12	13	14		15	16
9:00 Catholic Eucharist 11:00 Praying the Rosary w/ Dorothy 1:00 Daily Chronicle 2:00 Sundaes on Sunday 3:00 Hymns on Alexa 6:00 Wind Down with Andy	10:00 Church with Pastor Scott 10:30 Tai Chi with Spencer (B) 1:00 Daily Chronicle 2:00 Hot Potato (B) 3:00 Sing Along 6:00 Wind Down with Andy	10:00 Color Time 10:30 Exercise Class 1:00 Daily Chronicle 2:00 Simon Says (B) 3:00 Reminisce 6:00 Wind Down with Andy	10:00 Easy Random Trivia 10:30 Exercise Class 1:00 Daily Chronicle 2:00 Ladies Club Spa Day Party (B) 3:00 Game Time 6:00 Wind Down with Andy	10:00 Tunes with Todd 1:00 New Albany Therapy Dogs with ARC (MC) 2:00 Daily Chronicle 3:00 Music and Movement 4:00 Trivia Time 6:00 Wind Down with Andy	10:00 Shoulder Massages 11:00 Exercise Class with Meghan from TCT 1:00 Daily Chronicle 1:30 Door to Door Snack Cart 3:00 Social Hour - Music by John 6:00 Wind Down with Andy	10:00 Color Time 10:30 Exercise Class 1:00 Daily Chronicle 2:00 Bingo with Wyeth (B) 3:00 Munchies and Memories 6:00 Wind Down with Andy
18	MLK Day	19	20	21	22	23
9:00 Catholic Eucharist 11:00 Praying the Rosary w/ Dorothy 1:00 Daily Chronicle 2:00 Sundaes on Sunday 3:00 Hymns on Alexa 6:00 Wind Down with Andy	10:00 Church with Pastor Scott 11:00 Lotts of Tales with Teri Lott (B) 1:00 Daily Chronicle 2:00 Popcorn Bar with Allison (B) 3:00 Sing Along 6:00 Wind Down with Andy	10:00 Nail Spa 10:30 Exercise Class 1:00 Daily Chronicle 2:00 Resident's Council (B) 3:00 Reminisce 6:00 Wind Down with Andy	10:00 Easy Random Trivia 10:30 Exercise Class 1:00 Daily Chronicle 2:00 Name That Tune (B) 3:00 Game Time 6:00 Wind Down with Andy	10:00 Tunes with Todd 1:00 New Albany Therapy Dogs with ARC (MC) 2:00 Daily Chronicle 3:00 Music and Movement 4:00 Trivia Time 6:00 Wind Down with Andy	10:00 Shoulder Massages 11:00 Exercise Class with Meghan from TCT 1:00 Daily Chronicle 1:30 Men's Club with Vince 2:00 Door to Door Snack Cart 3:00 Social Hour - Music on Alexa 6:00 Wind Down with Andy	10:00 Color Time 10:30 Exercise Class 1:00 Daily Chronicle 2:00 Bingo with Wyeth (B) 3:00 Munchies and Memories 6:00 Wind Down with Andy
25	26	27	28	29	30	31
9:00 Catholic Eucharist 11:00 Praying the Rosary w/ Dorothy 1:00 Daily Chronicle 2:00 Sundaes on Sunday 3:00 Hymns on Alexa 6:00 Wind Down with Andy	10:00 Church with Pastor Scott 10:30 Exercise Class 1:00 Daily Chronicle 2:00 Straw Drop (B) 3:00 Sing Along 6:00 Wind Down with Andy	10:00 Nail Spa 10:30 Exercise Class 1:00 Daily Chronicle 2:00 Bingo (B) 3:00 Reminisce 6:00 Wind Down with Andy	10:00 Easy Random Trivia 10:30 Exercise Class 1:00 Daily Chronicle 2:00 Name Five Game (B) 3:00 Music with Mike (MC) 6:00 Wind Down with Andy	10:00 Tunes with Todd 1:00 New Albany Therapy Dogs with ARC (MC) 2:00 Daily Chronicle 3:00 Music and Movement 4:00 Trivia Time 6:00 Wind Down with Andy	10:00 Shoulder Massages 11:00 Exercise Class with Meghan from TCT 1:00 Daily Chronicle 1:30 Door to Door Snack Cart 3:00 Social Hour - Music by Bruce 6:00 Wind Down with Andy	10:00 Color Time 10:30 Exercise Class 1:00 Daily Chronicle 2:00 Bingo with Wyeth (B) 3:00 Munchies and Memories 6:00 Wind Down with Andy

Calender Key:

B - Bistro

CT - Courtyard

IR - Induvial Room

FL - Front Lobby

OS - Off Site

200 - 200s Front Room

300 - 300s Front Room

MC Memory Care Activity

Area

Life Enrichment Assistants

Kathy Nelson

Suzanne Priore

Yolanda Henderson, CDP

Life Enrichment Director

614-418-9775 (office)

StoryPoint Gahanna Central

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STORYPOINT
Senior Living