

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:00am:MCA Daily Chronicles Music Appreciation 11:20am MCB Daily Chronicles Music Appreciation 12:30pm Lunch 2:00pm - SingFit Music Program 3:00pm - one-on-ones 5:00pm - Symphony and Settle	2 10:30am - Cardio Drumming 11:10am - I-Is 2:00pm - Manicures 5:00pm - Soothing Music Hour and Aroma Therapy	3 10:30am - Chronicles and Knowledge Journey Playlist 2pm Saturday Cinema 2:30pm Mobile Cart 5:00pm Relaxation Hour and Aroma Therapy
4 Grab and Go Morning Chronicles 2:00pm - Word Puzzles 5:00pm Relaxation Hour and Aroma Therapy	5 10:00am:MCA Daily Chronicles Knowledge Journey 11:20am MCB Daily Chronicles Knowledge Journey 12:30pm Lunch 2:00pm - Spa Day 5:00pm - Soothing Music Hour and Aroma Therapy	6 10:15am Tea Time 11:30 Post Tea Time Chronicles 2:00pm - Outing! 5:00pm - Soothing Music Hour and Aroma Therapy	7 10:00am:MCA Daily Chronicles Learn About: Pop Culture 11:20am MCB Daily Chronicles Learn About: Pop Culture 12:30pm Lunch 2:00pm -  Happy Hour 5:00pm - Soothing Music Hour and Aroma Therapy	8 10:00am:MCA Daily Chronicles Guess the Song 11:20am MCB Daily Chronicles Guess the Song 12:30pm Lunch 2:00pm - SingFit Music Program 3:00pm - one-on-ones 5:00pm - Wine and Wind Down	9 10:30am - Cardio Drumming 11:10am - I-Is 2:00pm - Friday Film 5:00pm - Soothing Music Hour and Aroma Therapy	10 10:30am - Chronicles and Knowledge Journey Playlist 2:00 - Saturday Cinema 2:30 - Mobile Cart 5:00pm Relaxation Hour and Aroma Therapy
11 Grab and Go Morning Chronicles 2:00pm - Word Puzzles 5:00pm Relaxation Hour and Aroma Therapy	12 10:00am:MCA Daily Chronicles Balloon Ball 11:20am MCB Daily Chronicles Balloon Ball 12:30pm Lunch 2:00pm - Manicures 5:00pm - Soothing Music Hour and Aroma Therapy	13 10:00am:MCA Daily Chronicles Word Games 11:20am MCB Daily Chronicles Word Games 12:30pm Lunch 2:00pm - Outing 5:00pm - Book Club	14 10:00am:MCA Daily Chronicles Learn About: History 11:20am MCB Daily Chronicles Learn About: History 12:30pm Lunch 2:00pm -  Happy Hour 5:00pm - Soothing Music Hour and Aroma Therapy	15 10:00am:MCA Daily Chronicles Sing-a-Long 11:20am MCB Daily Chronicles Sing-a-Long 12:30pm Lunch 2:00pm - SingFit Music Program 3:00pm - one-on-ones 5:00pm - Hand Massages	16 10:30am - Cardio Drumming 11:10am - I-Is 2:00pm - Cook with Arden 5:00pm - Soothing Music Hour and Aroma Therapy	17 10:30am - Chronicles and Knowledge Journey Playlist 2pm Saturday Cinema 2:30pm Mobile Cart 5:00pm Relaxation Hour and Aroma Therapy
18 10:30am - Grab and Go Chronicles 11:00 Online Church Service 2pm - Coloring Pages 5:00pm Relaxation Hour and Aroma Therapy	19 10:00am MCA Daily Chronicles Knowledge Journey 11:20am MCB Daily Chronicles Knowledge Journey 12:30pm Lunch 2:00pm - Paws and Hooves 5:00pm - Soothing Music Hour and Aroma Therapy	20 10:00am:MCA Daily Chronicles Name That Object 11:20am MCB Daily Chronicles Name That Object 12:30pm Lunch 2:00pm - Outing 5:00pm - Classical and Coco	21 10:00am:MCA Daily Chronicles Learn About: Science 11:20am MCB Daily Chronicles Learn About: Science 12:30pm Lunch 2:00pm -  Happy Hour 5:00pm - Soothing Music Hour and Aroma Therapy	22 10:00am:MCA Daily Chronicles Who is that singing? 11:20am MCB Daily Chronicles Who is that singing? 12:30pm Lunch 2:00pm - SingFit Music Program 3:00pm - one-on-ones 5:00pm - Wine and Wind Down	23 10:30am - Cardio Drumming 11:10am - I-Is 2:00pm - Foodie Friday 5:00pm - Soothing Music Hour and Aroma Therapy	24 10:30am - Chronicles and Knowledge Journey Playlist 2pm Saturday Cinema 2:30pm Mobile Cart 5:00pm Relaxation Hour and Aroma Therapy
25 10:30am - Grab and Go Chronicles 11:00 Online Church Service 2pm - Word Puzzles 5:00pm Relaxation Hour and Aroma Therapy	26 10:00am MCA Daily Chronicles Balloon Ball 11:20am MCB Daily Chronicles Balloon Ball 12:30pm Lunch 2:00pm - Manicures 5:00pm - Soothing Music Hour and Aroma Therapy	27 10:00am:MCA Daily Chronicles Board Game 11:20am MCB Daily Chronicles Board Game 12:30pm Lunch 2:00pm - Outing 5:00pm - Hand Massages	28 10:00am:MCA Daily Chronicles Learn About: Art 11:20am MCB Daily Chronicles Learn About: Art 12:30pm Lunch 2:00pm -  Happy Hour 5:00pm - Soothing Music Hour and Aroma Therapy			

Calender Key:

CY- Courtyard

B- Bistro

C- Cafe

MC- Memory Care

L - Library

MR - Media Room

AL - Assisted Living

AR - Activity Room in AL

HS - Hair Salon

Power Up w/ Power Back

FP - Front Porch Portico

EL - Enhanced Living

IL - Independend Living

BP - Back Porch