

| Sunday   | Monday  | Tuesday  | Wednesday   | Thursday  | Friday   | Saturday  |
|--|---|--|---|---|--|---|
|  |   |  |   | <b>New Years Day 1</b><br>11:00am New Years Wishes<br>1:30pm First Bingo of 2026! (CR)                | <b>2</b><br>10:00am Daily Reading<br>10:30am Weightlifting<br>1:00pm Leave the Past Behind Workshop                    | <b>3</b><br>10:00am One-on-Ones<br>1:30pm Post-Lunch Walk<br>4:45pm Dinner Comedy Hour  |
| <b>4</b><br>10:00am St. Gerald's Communion TV - Ch. 12<br>1:30pm Activity Table<br>6:30pm Wind Down w/ Essential Oils  | <b>5</b><br>10:00am Daily Reading<br>10:30am Chair Exercise<br>11:00am Bingo (CR)<br>3:30pm Manicures & Hand Massages                             | <b>6</b><br>10:00am Daily Reading<br>10:30am Leg Stretches<br>1:30pm Cat Bingo<br>3:45pm One-on-Ones                 | <b>7</b><br>10:00am Daily Reading<br>10:30am Chair Yoga<br>1:30pm Cat Visits with Mo<br>LifeSkills: Help Set the Table      | <b>8</b><br>10:00am Daily Reading<br>10:30am Balloon Toss<br>1:30pm Bingo (CR)<br>3:00pm One-on-Ones  | <b>9</b><br>10:00am Daily Reading<br>10:30am Weightlifting<br>3:00pm Spintopia   | <b>10</b><br>10:00am One-on-Ones<br>1:30pm YouTube Trivia<br>6:30pm Walk the Community  |
| <b>11</b><br>10:00am St. Gerald's Communion TV - Ch. 12<br>1:30pm Meet Your Neighbors<br>6:30pm Wind Down              | <b>12</b><br>10:00am Daily Reading<br>10:30am Chair Exercise<br>1:30pm Bingo (CR)<br>3:30pm Manicures & Hand Massages                             | <b>13</b><br>10:00am Daily Reading<br>10:30am Leg Stretches<br>1:30pm Name That Tune<br>3:45pm One-on-Ones           | <b>14</b><br>10:00am Daily Reading<br>10:30am Chair Yoga<br>1:30pm Dog Visits with Chewie<br>LifeSkills: Help Set the Table | <b>15</b><br>10:00am Daily Reading<br>1:30pm Bingo (CR)<br>3:00pm One-on-Ones                         | <b>16</b><br>10:00am Daily Reading<br>10:30am Weightlifting<br>1:30pm Music 'n' Mocktails with Marty Noss (CR)         | <b>17</b><br>10:00am One-on-Ones<br>1:30pm Post-Lunch Walk<br>4:45pm Dinner Comedy Hour |
| <b>18</b><br>10:00am St. Gerald's Communion TV - Ch. 12<br>1:30pm Activity Table<br>6:30pm Wind Down w/ Essential Oils | <b>Martin Luther King Jr. Day 19</b><br>10:00am Daily Reading<br>10:30am Chair Exercise<br>11:00am Bingo (CR)<br>3:30pm Manicures & Hand Massages | <b>20</b><br>10:00am Daily Reading<br>10:30am Chair Yoga<br>1:30pm Make Your Own Kind of Music<br>3:45pm One-on-Ones | <b>21</b><br>10:00am Daily Reading<br>10:30am Chair Yoga<br>1:30pm Cat Visits with Mo<br>LifeSkills: Help Set the Table     | <b>22</b><br>10:00am Daily Reading<br>10:30am Balloon Toss<br>1:30pm Bingo (CR)<br>3:00pm One-on-Ones | <b>23</b><br>10:00am Daily Reading<br>10:30am Weightlifting<br>2:30pm Bug Bingo  | <b>24</b><br>10:00am One-on-Ones<br>1:30pm YouTube Trivia<br>6:30pm Walk the Community  |
| <b>25</b><br>10:00am St. Gerald's Communion TV - Ch. 12<br>1:30pm Meet Your Neighbors<br>6:30pm Wind Down              | <b>26</b><br>10:00am Daily Reading<br>10:30am Chair Exercise<br>1:30pm Bingo (CR)<br>3:30pm Manicures & Hand Massages                             | <b>27</b><br>10:00am Daily Reading<br>10:30am Chair Yoga<br>1:30pm Dog Bingo<br>3:45pm One-on-Ones                   | <b>28</b><br>10:00am Daily Reading<br>10:30am Chair Yoga<br>1:30pm Dog Visits with Chewie<br>LifeSkills: Help Set the Table | <b>29</b><br>10:00am Daily Reading<br>10:30am Balloon Toss<br>1:30pm Bingo (CR)<br>3:00pm One-on-Ones | <b>30</b><br>10:00am Daily Reading<br>10:30am Weightlifting<br>1:30pm Birthday Celebration with Dan the Piano Man (CR) | <b>31</b><br>10:00am One-on-Ones<br>1:30pm Post-Lunch Walk<br>4:45pm Dinner Comedy Hour |

Calendar Key:  
BW - Boardwalk  
CR - Community Room  
HD - Harbor Dining

\*\* Sign-up w/ Life  
Enrichment Director

