

January 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				New Years Day 10:15 Yoga Dancing 11:00 Daily Chronicle 1:30 Word Jumble 2:00 Hot Cocoa & Conversation 5:30 1:1 Visits	1 9:30 Communion 10:00 Daily Chronicles 11:00 Name the Sound 1:30 Fishing 3:00 Bingo 5:30 Chicken Soup Stories	2 9:30 Move & Groove 10:00 Daily Chronicles 10:30 Blanket Making 2:00 Coloring w/ Care Staff 5:30 Little House on the Prairie
9:30 Streaming Church 10:00 Daily Chronicles 10:30 Manicures 1:30 Walking Club 2:00 Movie & Popcorn - "Elvis"	4 9:30 Sit & Be Fit 10:00 Daily Chronicles 11:00 Karaoke 1:30 Word for Word 3:00 Pokeno 5:30 Music Meditation	5 9:30 Morning Stretch 10:00 Daily Chronicles 11:00 Christmas Cleanup 1:30 Name That Tune 3:00 Connect 4 5:30 Hand Spa	6 9:30 Daily Chronicles 10:15 Fox Therapy Exercise 11:00 Tic Tac Toss 1:30 Walking Club 3:00 Bingo 5:30 Stories w/ Veronica	7 9:30 Communion 10:00 Daily Chronicles 11:00 Yoga Dancing 1:30 OUTING: StoryPoint Library 3:00 Happy Hour 5:30 1:1 Visits	8 9:30 Sit & Be Fit 10:00 Daily Chronicles 11:00 Massages 1:30 Food w/ Francine 3:00 Bingo 5:30 Chicken Soup Stories	9 9:30 Move & Groove 10:00 Daily Chronicles 10:30 Blanket Making 2:00 Dan's Drumming 5:30 Little House on the Prairie
9:30 Streaming Church 10:00 Daily Chronicles 10:30 Manicures 1:30 Walking Club 2:00 Movies & Popcorn - "Nonnas"	11 9:30 Cardio Drums 10:00 Daily Chronicles 11:00 Choir Group 1:30 Art Memo Group 3:00 Bingo 5:30 Music Meditation	12 9:30 Morning Stretch 10:00 Daily Chronicles 11:00 Hangman 1:30 Carter Hunnicutt Music 3:00 Happy Hour 5:30 Hand Spa	13 9:30 Sit & Stretch 10:30 Chapel Service w/ Derrick 11:00 Go For the Money 1:30 Bowling 3:00 Bingo 5:30 Stories w/ Veronica	14 9:30 Communion 10:00 Daily Chronicles 11:00 Yoga Dancing 1:30 Wheel of Fortune 3:00 Happy Hour 5:30 1:1 Visits	15 9:30 Sit & Be Fit 10:00 Daily Chronicles 11:00 Jumbo Crossword 1:30 Food w/ Francine 3:00 Bingo 5:30 Chicken Soup Stories	16 9:30 Move & Groove 10:00 Daily Chronicles 10:30 Blanket Making 2:00 Coloring w/ Care Staff 5:30 Little House on the Prairie
9:30 Streaming Church 10:00 Daily Chronicles 10:30 Manicures 1:30 Walking Club 2:00 Movie & Popcorn - "Forrest Gump"	18 MLK Jr Day 9:30 Sit & Be Fit 10:00 Daily Chronicles 11:00 Choir Group 1:30 Knock Knock Who's There 3:00 Bingo 5:30 Music Meditation	19 9:30 Morning Stretch 10:00 Daily Chronicles 11:00 High or Low 1:30 Concentration Game 3:00 Happy Hour 5:30 Hand Spa	20 9:30 Daily Chronicles 10:15 Fox Therapy Exercise 11:00 Little House on the Prairie 1:30 Chair Volleyball 3:00 Bingo 5:30 Stories w/ Veronica	21 9:30 Communion 10:00 Daily Chronicles 11:00 Sit & Be Fit 1:30 OUTING: StoryPoint Library 3:00 Happy Hour 5:30 1:1 Visits	22 9:30 Sit & Be Fit 10:00 Daily Chronicles 11:00 Therapeutic Paint 1:30 Food w/ Francine 3:00 Bingo 5:30 Chicken Soup Stories	23 9:30 Move & Groove 10:00 Daily Chronicles 10:30 Blanket Making 2:00 Coloring w/ Care Staff 5:30 Little House on the Prairie
9:30 Streaming Church 10:00 Daily Chronicles 10:30 Manicures 1:30 Walking Club 2:00 Movie & Popcorn - "A League of Their Own"	25 9:30 Cardio Drums 10:00 Daily Chronicles 11:00 Choir Group 1:30 Hi & Low 3:00 Bingo 5:30 Music Meditation	26 9:30 Morning Stretch 10:00 Daily Chronicles 11:00 21 1:30 Trivia 3:00 Happy Hour 5:30 Hand Spa	27 9:30 Daily Chronicles 10:15 Fox Therapy Exercise 11:00 Go For the Money 1:30 Name That Tune w/ Francine & Neighbors 3:00 Bingo 5:30 Stories w/ Veronica	28 9:30 Communion 10:00 Daily Chronicles 11:00 Yoga Dancing 1:30 OUTING: Domes 3:00 Happy Hour 5:30 1:1 Visits	29 9:30 Balloon Toss 10:00 Daily Chronicles 11:00 Jumbo Crossword 1:30 Food w/ Francine 3:00 Bingo 5:30 Chicken Soup Stories	30 9:30 Move & Groove 10:00 Daily Chronicles 10:30 Blanket Making 2:00 Coloring w/ Care Staff 5:30 Little House on the Prairie

Calender Key:

Activities will take place in the Memory Care Neighborhood unless noted

Life Enrichment Director:

Emily Lehman

Life Enrichment Lead:

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Senior Living