

January 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				New Years Day! 1 10:00 Daily Chronicles 10:30 January Gazette 11:00 Walk W/Kel & Tunes 11:30 Revify Prep 1:30 Individualized Engagement 3:00 Lady of Mt Carmel 5:30 Wind Down w/ Puzzles & Music	10:00 Daily Chronicles 2 10:30 January Gazette 11:00 Walk W/Kel & Tunes 11:30 Revify Prep 1:30 Individualized Engagement 3:00 Happy Hour- Recover from the Holidays! 5:30 Wind down- Movie of Choice	10:00 Daily Chronicles 3 10:30 Walk W/ Wellness 11:30 Short Stories 1:30 Adult Coloring & Meditation 5:30 Movie of Choice
4 10:00 Daily Chronicles 10:30 Walk with Wellness 11:00 Gospel Music 2:30 Snack & Chat 3:30 Hand Massage 5:30 Wind Down with Hymns	5 9:45 Music Therapy 11:00 Jeopardy /Janus 1:30 Individualized Engagement 2:30 Manicure Monday 4:00 Stretches to Classical Music 5:30 Wind down w/ puzzles & music	6 10:00 Daily Chronicles 10:30 Step and Stretch 11:00 Whiteboard Games 11:30 Sanitize in Action 1:30 Uncle Bills Pet Store 5:30 Wind down w/ adult coloring	7 10:00 Daily Chronicles & Hydration 10:30 Cardio Fitness 11:00 Wintertime Memories 11:30 Set Up Family Style Dining 1:30 Individualized Engagement 2:00 Smoothie & Chat 3:00 Sing-A-Long W/Bill 5:30 Wind down w/ 60's TV shows	8 Elvis's Birthday 10:00 Daily Chronicles & Morning Coffee W/Janus 11:00 Elvis Social 11:30 Fold & Chat 2:00 Townhall (CR2) 3:00 Denny Performance 3:00 Lady of Mt Carmel 5:30 Wind Down w/ Hymns	9 10:00 Daily Chronicle 10:30 Bingo 11:30 Revify Prep 1:30 Exercise w/ Keriann 3:00 Happy Hour - Winter Wonderland 5:30 Wind Down- Movie of Choice	10 10:00 Daily Chronicles 10:30 Walk W/Wellness 1:30 Board Games 2:30 Snack & Chat 5:30 Movie of Choice
11 10:00 Daily Chronicles 10:30 Walk with Wellness 11:00 Gospel Music 2:30 Snack & Chat 3:30 Hand massage 5:30 Wind Down with Hymns	12 9:45 Music Therapy 11:00 Bowling W/Janus 1:30 Individualized Engagement 2:30 Manicure Monday 4:00 Stretches to Classical Music 5:30 Wind down w/ puzzles & music	13 10:00 Daily Chronicles 10:30 Step and Stretch 11:00 True or False 11:30 Sanitize in Action 1:30 Individualized Engagement 5:30 Wind down w/ adult coloring	14 10:00 Daily Chronicles & Hydration 10:30 Cardio Fitness 11:00 Balloon Ball 11:30 Set Up Family Style Dining 1:30 Individualized Engagement 2:00 Smoothie & Chat 3:00 Sing-A-Long W/Bill 5:30 Wind down w/60's TV	15 Strawberry Milkshake Day 10:00 Daily Chronicles & Morning Coffee W/Janus 11:00 BINGO 1:30 Winter Cruise 3:00 Lady of Mt Carmel 3:00 Milk Shakes 5:30 Wind down w/ Hymns	16 10:00 Daily Chronicles 10:30 Walk W/Kel & Tunes 11:00 Conversation Cards 11:30 Revify Prep 1:30 Individual Engagement 3:00 Happy Hour- Crazy Hat Party with Jazz Elements 5:30 Wind down- Movie of Choice	17 10:00 Daily Chronicles 10:30 Walk W/ Wellness 11:00 Short Stories 3:00 Snack & Chat 5:30 Movie of Choice
18 10:00 Daily Chronicles 10:30 Walk with Wellness 11:00 Gospel Music 2:30 Snack & Chat 3:30 Hand Massage 5:30 Wind Down with Hymns	19 MLK Jr Day 9:45 Music Therapy 11:00 Balloon Ball W/ Janus 1:30 Individualized Engagement 2:30 Manicure Monday 3:15 Popcorn Bar 4:00 Stretches to Classical Music 4:30 MLK Jr Documentary 5:30 Wind down w/ puzzles & music	20 10:00 Daily Chronicles 10:30 Step and Stretch 11:00 Guess the Soda 11:30 Sanitize in Action 1:30 Bath and Body Works 3:00 Cheese Lover's Social 5:30 Wind down w/ adult coloring	21 10:00 Daily Chronicles & Hydration 10:30 Cardio Fitness 11:00 Floor Tic Tac Toe 11:30 Set Up Family Style Dining 2:00 Justin Monts performance 3:30 Smoothie & Chat 5:30 Wind down w/60's Tv Shows	22 10:00 Daily Chronicles & Morning Coffee W/Janus 11:00 BINGO 1:30 Individualized Engagement 3:00 Lady of Mt Carmel 5:30 Wind Down w/ Hymns	23 National Pie Day 10:00 Daily Chronicles 10:30 Bingo 11:30 Revify Prep 1:30 Exercise w/Keriann 3:00 Happy Hour -National Pie Day! 5:30 Wind down- Movie of Choice	24 10:00 Daily Chronicles 10:30 Walk W/ Wellness 11:00 Board Games 2:30 Snack & Chat 5:30 Movie of Choice
25 10:00 Daily Chronicles 10:30 Walk with Wellness 11:00 Gospel Music 2:30 Snack & Chat 3:00 Hand Massage 5:30 Wind Down with Hymns	26 9:45 Music Therapy 11:00 Wheel of Fortune W/Janus 1:30 Individualized Engagement 2:30 Manicure Monday 4:00 Stretches to Classical Music 5:30 Wind down w/ puzzles and music	27 10:00 Daily Chronicles 10:30 Step and Stretch 11:00 Chef Demo 11:30 Sanitize in Action 1:30 Winter Cruise 5:30 Wind down w/ Adult Coloring	28 10:00 Daily Chronicles & Hydration 10:30 Cardio Fitness 11:00 Indoor Kickball 11:30 Set Up Family Style Dining 2:00 Sam Piercy Performance 3:30 Smoothie & Chat 5:30 - Wind down w/Hymns	29 10:00 Daily Chronicles & Morning Coffee w/Janus 11:00 Chair Yoga 11:30 Fold & Chat 1:30 Individualized Engagement 3:00 Lady of Mt Carmel 5:30 Wind down	30 10:00 Daily Chronicles 10:30 Walk W/Kel & Tunes 11:00 Whiteboard Games 11:30 Revify Prep 1:30 Individualized Engagement 3:00 Happy Hour - Resident Birthdays! 5:30 Wind down- Movie of Choice	31 10:00 Daily Chronicles 10:30 Walk W/ Wellness 11:00 Short Stories 2:30 Snack & Chat 5:30 Movie of Choice

Calendar Key:
Most activities are held in our Connection Points Neighborhood

Life Enrichment Director:
Brittany Lehman
Life Enrichment Lead: Kellie Cox

Director of Connection Points: Stacy Tupps

CR2 - Community Room
second floor
CR3 - Community Room
third floor

ALD- Assisted Living Dining

Address: 13390 Illinois St,
Carmel, IN 46032

Phone: 317-818-0526

Independence Village SENIOR LIVING