

Memory Care January 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	*= Resident Led Programs			New Years Day 10:15 am Morning Stretches 1:30 pm Jewelry Making 6:00 pm Adult Coloring and Aromatherapy		
4 9:30 am Televised Catholic Church Service 11:00 am Singing with George 1:30 pm Classic Card Games 4:00 pm Interactive Environment Exploration	5 9:30 am Parachute Exercises 10:00 am Singing with Susie Q (Youtube) 1:30 pm Aromatherapy & Hand Massages 2:00 pm Prize Bingo 3:00 pm Connection Pods Exploration	6 9:30 am Cardio Drumming 10:00 am Whiteboard Games 1:30 pm Crafting Collective: Vision Boards 2:00 pm SingFit 3:00 pm Magazine Scavenger Hunt 6:00 pm Jigsaw Puzzles	7 9:30 am Chair Exercises 10:00 am Baking Club 1:00 pm St Paul of Tarsus Catholic Service (IL-AR) 1:30 pm Prize Bingo 3:00 pm Elvis Top Hits 6:00 pm Classic Cinema	8 9:30 am Balloon Volleyball 10:00 am Spintopia Game 2:00 pm Hot Cocoa Drive Around Town (O) 6:00 pm Adult Coloring	9 9:30 am Dance Party 10:00 am Glam Hour 1:30 pm Corn Hole 2:00 pm SingFit 3:30 pm Hallmark Movie 6:00 pm Game Shows	10 9:30 am Morning Stretches 10:00 am Daily Devotional Streaming 1:00 pm Watercolor Painting 3:00 pm Jigsaw Puzzles
11 9:00am St Paul of Tarsus Catholic Church Outing (O) 11:00 am Singing with George 1:30 pm Classic Card Games 4:00 pm Interactive Environment Exploration	12 9:30 am Parachute Exercises 10:00 am Singing with Susie Q (Youtube) 1:30 pm Aromatherapy & Hand Massages 2:00 pm Prize Bingo 3:00 pm Connection Pods Exploration	13 9:30 am Cardio Drumming 10:00 am Whiteboard Games 1:30 pm Crafting Collective: Sock Snowman 2:00 pm SingFit 3:00 pm Magazine Scavenger Hunt 6:00 pm Jigsaw Puzzles	14 9:30 am Chair Exercises 10:00 am Baking Club 1:00 pm St Paul of Tarsus Catholic Service (IL-AR) 1:30 pm Prize Bingo 3:00 pm Elvis Top Hits 6:00 pm Classic Cinema	15 9:30 am Balloon Volleyball 10:00 am Spintopia Game 2:00 pm English Gardens (O) 6:00 pm Adult Coloring	16 9:30 am Dance Party 10:00 am Glam Hour 1:30 pm Corn Hole 2:00 pm SingFit 3:30 pm Hallmark Movie 6:00 pm Game Shows	17 9:30 am Morning Stretches 10:00 am Daily Devotional Streaming 1:00 pm Watercolor Painting 3:00 pm Jigsaw Puzzles
18 9:30 am Televised Catholic Church Service 11:00 am Singing with George 1:30 pm Classic Card Games 4:00 pm Interactive Environment Exploration	19 9:30 am Parachute Exercises 10:00 am Singing with Susie Q (Youtube) 1:30 pm Aromatherapy & Hand Massages 2:00 pm Prize Bingo 3:00 pm Connection Pods Exploration	20 9:30 am Cardio Drumming 10:00 am Whiteboard Games 1:30 pm Crafting Collective: Snowflake Craft 2:00 pm SingFit 3:00 pm Magazine Scavenger Hunt 6:00 pm Jigsaw Puzzles	Snowflake Ball 9:30 am Chair Exercises 10:00 am Baking Club 1:00 pm St Paul of Tarsus Catholic Service (IL-AR) 1:30 pm Prize Bingo 4-6 pm Snowflake Ball! 6:00 pm Classic Cinema	22 9:30 am Balloon Volleyball 10:00 am Spintopia Game 2:00 pm Lil Daddy's Cheesecakes (O) 6:00 pm Adult Coloring	23 9:30 am Dance Party 10:00 am Glam Hour 1:00 pm Music by Jim Duprey (MC) 2:00 pm SingFit 3:30 pm Hallmark Movie 6:00 pm Game Shows	24 9:30 am Morning Stretches 10:00 am Daily Devotional Streaming 1:00 pm Watercolor Painting 3:00 pm Jigsaw Puzzles
25 9:30 am Televised Catholic Church Service 11:00 am Singing with George 1:30 pm Classic Card Games 4:00 pm Interactive Environment Exploration	Nat'l Activity Week 9:30 am Parachute Exercises 10:00 am Singing with Susie Q (Youtube) 1:30 pm Aromatherapy & Hand Massages 2:00 pm Prize Bingo 3:00 pm Connection Pods Exploration	27 9:30 am Cardio Drumming 10:00 am Whiteboard Games 1:30 pm Crafting Collective: Valentines Wreath 2:00 pm SingFit 3:00 pm Magazine Scavenger Hunt 6:00 pm Jigsaw Puzzles	28 9:30 am Chair Exercises 10:00 am Baking Club 1:00 pm St Paul of Tarsus Catholic Service (IL-AR) 1:30 pm Prize Bingo 3:00 pm Elvis Top Hits 6:00 pm Classic Cinema	29 9:30 am Balloon Volleyball 10:00 am Spintopia Game 2:00 pm Dave & Busters (O) 6:00 pm Adult Coloring	30 9:30 am Dance Party 10:00 am Glam Hour 1:30 pm Corn Hole 2:00 pm Music by Scott Vernier (AL) 3:30 pm Hallmark Movie 6:00 pm Game Shows	31 9:30 am Morning Stretches 10:00 am Daily Devotional Streaming 1:00 pm Watercolor Painting 3:00 pm Jigsaw Puzzles

Calender Key:
AR - Assisted Living Activity Room
D - Dining Room

O - Outing
F - Fitness Room
CY - Courtyard
M - Media Room 2nd Floor

L-AR - Independent Living Activity Room
IL-B - Independent Living Bistro Pub

SL - South Lobby
MC - Memory Care
L - Main Lobby
C - Cafe