

January

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
				NEW YEARS DAY! 9:30- Morning Chronical 10:30- New Years Blessings & Toast 11:00- I-Is 1:00- Happy Hour! 2:30- Seated Yoga 3:30- Expressions Game 5:30- Soothing Music Hour	1 9:30- Morning Chronical 10:30- Seated Dancing 1:00- Movie Matinee 3:00- Craft Corner 5:30- Soothing Music Hour	2 9:30- Morning Chronical 11:00- Brain Games 1:00- Pretty Nails 2:30- Sing Fit 5:30- Soothing Music Hour	3 10:00- Morning Chronical 11:00- Brain Games 1:00- Pretty Nails 2:30- Sing Fit 5:30- Soothing Music Hour
4 10:00- Morning Chronical 11:00- Hymn Sing Along 1:00- Virtual Church Service 3:00- Calming Coloring 5:00- Soothing Music Hour	5 9:30- Morning Chronical 10:30- Balloon Volleyball 1:30- Bingo 3:00- Taste Testing 5:00- Soothing Music Hour	6 RESIDENT COUNCIL 10:00- Morning Chronical 10:30- Resident Council 1:30- Sing Fit 2:30- Snack Cart Pass 3:30- Pictionary 5:30- Soothing Music Hour	7 9:30- Morning Chronical 10:30- Pet Visits with Lady & Bill 1:00- Movie Theater & Popcorn 3:00- Walking Club 5:30- Soothing Music Hour	8 9:30- Morning Chronical 10:30- I-Is 1:00- Happy Hour! 2:30- Seated Yoga 3:30- Expressions Game 5:30- Soothing music Hour	9 9:30- Morning Chronical 10:30- Seated Dancing 1:00- Movie Matinee 3:00- Craft Corner 5:30- Soothing Music Hour	10 10:00- Morning Chronical 11:00- Brain Games 1:00- Pretty Nails 2:30- Sing Fit 5:30- Soothing Music Hour	
11 10:00- Morning Chronical 11:00- Hymn Sing Along 1:00- Virtual Church Service 3:00- Calming Coloring 5:00- Soothing Music Hour	12 9:30- Morning Chronical 10:30- Balloon Volleyball 1:30- Bingo 3:00- Taste Testing 5:00- Soothing Music Hour	13 10:00- Morning Chronical 10:30- I-Is 1:30- Sing Fit 2:30- Snack Cart Pass 3:30- Pictionary 5:30- Soothing Music Hour	14 9:30- Morning Chronical 10:30- Pet Visits with Lady & Bill 1:00- Movie Theater & Popcorn 3:00- Walking Club 5:30- Soothing Music Hour	15 9:30- Morning Chronical 10:30- I-Is 1:00- Happy Hour! 1:30- Music with Caitlin Parke 2:30- Seated Yoga 3:30- Expressions Game 5:30- Soothing music Hour	16 9:30- Morning Chronical 10:30- Seated Dancing 1:00- Movie Matinee 3:00- Craft Corner 5:30- Soothing Music Hour	17 10:00- Morning Chronical 11:00- Brain Games 1:00- Pretty Nails 2:30- Sing Fit 5:30- Soothing Music Hour	
18 10:00- Morning Chronical 11:00- Hymn Sing Along 1:00- Virtual Church Service 3:00- Calming Coloring 5:00- Soothing Music Hour	19 MARTIN LUTHER KING JR. DAY 9:30- Morning Chronical 10:30- Balloon Volleyball 1:00- Bingo 2:15 - "I Have a Dream" Speech 3:00- Taste Testing 5:00- Soothing Music Hour	20 10:00- Morning Chronical 10:30- I-Is 1:30- Sing Fit 2:30- Snack Cart Pass 3:30- Pictionary 5:30- Soothing Music Hour	21 9:30- Morning Chronical 10:30- Pet Visits with Lady & Bill 1:00- Movie Theater & Popcorn 3:00- Walking Club 5:00- Family Night!	22 9:30- Morning Chronical 10:00- Alan "The Music Man" 1:00- Happy Hour! 2:30- Seated Yoga 3:30- Expressions Game 5:30- Soothing music Hour	23 9:30- Morning Chronical 10:30- Seated Dancing 1:00- Movie Matinee 3:00- Craft Corner 5:30- Soothing Music Hour	24 10:00- Morning Chronical 11:00- Brain Games 1:00- Pretty Nails 2:30- Sing Fit 5:30- Soothing Music Hour	
25 10:00- Morning Chronical 11:00- Hymn Sing Along 1:00- Virtual Church Service 3:00- Calming Coloring 5:00- Soothing Music Hour	26 9:30- Morning Chronical 10:30- Balloon Volleyball 1:30- Bingo 3:00- Taste Testing 5:00- Soothing Music Hour	27 10:00- Morning Chronical 10:30- I-Is 1:30- Sing Fit 2:00- Music with Tim Holt 3:30- Pictionary 5:30- Soothing Music Hour	28 9:30- Morning Chronical 10:30- Pet Visits with Lady & Bill 1:00- Movie Theater & Popcorn 3:00- Walking Club 5:30- Soothing Music Hour	29 9:30- Morning Chronical 10:30- I-Is 1:00- Happy Hour! 2:30- Seated Yoga 3:30- Expressions Game 5:30- Soothing music Hour	30 9:30- Morning Chronical 10:30- Seated Dancing 1:00- Movie Matinee 3:00- Craft Corner 5:30- Soothing Music Hour	31 10:00- Morning Chronical 11:00- Brain Games 1:00- Pretty Nails 2:30- Sing Fit 5:30- Soothing Music Hour	