

February 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:15 Bellevue Church Stream 11:00 Connection Pods with Wellness 1:00 Cleaning Place Mats 3:30 Aroma Therapy 6:00 Evening Wind Down w/ Wellness	9:45 The Perk 10:00 YouTube Yoga 10:30 Short Stories 1:30 Manicures 3:30 The Johnstons Performance 6:00 Puzzle Hour	2 9:45 The Perk 10:00 Morning Movement 10:30 Tuesday Bingo 1:30 Buddy Holly Movie 3:30 Music w/Julie 6:00 Evening Wind Down w/ Wellness	3 9:45 The Perk 10:30 Instrument Music Circle 1:30 Give Gift to Mail Carrier 3:30 Performance by Kenny Jackson 6:00 Evening Wind Down w/ Wellness	4 9:45 The Perk 10:00 BINGO w/ Friends 11:00 Live Weather Forecast 3:30 Gentle Stretching 6:00 Evening Wind Down w/ Wellness	5 9:45 The Perk 10:00 Water Coloring Painting 1:30 Black History Trivia 3:15 Aroma Therapy 6:00 Evening Wind Down w/ Wellness	6 10:00 The Perk 10:30 Morning Movement 1:00 Short Stories 2:00 Puzzles & Music 6:00 Evening Wind Down w/ Wellness
9:15 Bellevue Church Stream 11:00 Connection Pods with Wellness 1:30 Super Bowl Tailgating Party 3:30 Aroma therapy 6:00 Evening Wind Down w/ Wellness	9:45 The Perk 10:00 Morning Movement 10:30 Manicure Monday 1:30 Make Personal Pizzas 3:00 Hand Massages 6:00 Evening Wind Down w/ Wellness	9 9:45 The Perk 10:00 Morning Movement 10:30 Tuesday Bingo 1:30 Valentine Day Door Hanger Craft 3:00 Puzzles and Music 6:00 Evening Wind Down w/ Wellness	10 9:45 The Perk 10:30 Music w/ Joseph B. 1:00 Staxx Museum Outing 3:30 I love Lucy Marathon 6:00 Evening Wind Down w/ Wellness	11 9:45 The Perk 10:00 Valentine BINGO w/ Friends 11:00 King and Queen of Hearts Superlative Ceremony 1:30 Roy Fisher Performance 3:30 Darwin Documentary 6:00 Evening Wind Down w/ Wellness	12 9:45 The Perk 10:30 Morning Movement 11:00 Valentine Mobile Cart 3:30 Music w/ Tim 6:00 Evening Wind Down w/ Wellness	13 Happy Valentines Day 10:00 The Perk 10:30 Morning Movement 1:00 Short Stories 2:00 Pajama Game Movie showing 6:00 Evening Wind Down w/ Wellness
9:15 Bellevue Church Stream 11:00 Connection Pods with Wellness 1:00 Hand in Motion 3:30 Aroma Therapy 6:00 Evening Wind Down w/ Wellness	9:45 The Perk 10:00 Morning Movement 10:30 Short Stories 1:30 Balloon Volleyball 3:00 Almond Joy Snack 6:00 Evening Wind Down w/ Wellness	15 9:45 The Perk 10:00 Morning Movement 10:30 Short Stories 1:30 Balloon Volleyball 3:00 Almond Joy Snack 6:00 Evening Wind Down w/ Wellness	16 9:45 The Perk 10:00 Morning Movement w/weights 10:30 Fat Tuesday BINGO 1:30 Chinese New Year Party 6:00 Evening Wind Down w/ Wellness	17 10:00 The Perk 10:30 Morning Movement 1:30 Mardi Gras Parade 3:00 Hand Jive Exercise 6:00 Evening Wind Down w/ Wellness	18 10:00 BINGO w/ Friends 10:30 Morning Movement 1:30 Mardi Gras Parade 3:00 Hand Jive Exercise 6:00 Evening Wind Down w/ Wellness	19 10:00 Perk Pick Up 10:30 Morning Movement 1:30 Movie: An Affair to Remember 3:30 Afternoon Stretching 5:00 Family Night
9:15 Bellevue Church Stream 11:00 Connection Pods with Wellness 1:00 Short Stories 3:30 Aroma Therapy 6:00 Evening Wind Down w/ Wellness	9:45 The Perk 10:00 Morning Movement 10:30 Manicure Monday 1:30 Gentle Stretching 3:00 Puzzle Hour 6:00 Evening Wind Down w/ Wellness	22 9:45 The Perk 10:00 Morning Movement 10:30 Manicure Monday 1:30 Gentle Stretching 3:00 Puzzle Hour 6:00 Evening Wind Down w/ Wellness	23 9:45 The Perk 10:00 Morning Movement 10:30 BINGO 1:00 Zinnia Quiz 3:30 Tim the Pianist 6:00 Evening Wind Down w/ Wellness	24 10:00 The Perk 10:30 Golden Corral Outing 10:30 Music with Joseph B. 1:30 Lite Trivia 3:00 Sensory Board 6:00 Evening Wind Down w/ Wellness	25 10:00 The Perk 11:00 Gentle Stretching 1:30 Jig Jaw Puzzle 3:00 Tan Gram puzzles 6:00 Evening Wind Down w/ Wellness	26 10:00 The Perk 10:30 Seated Dodgeball 12:00 February Birthday party 2:30 Bucket Ball 6:00 Evening Wind Down w/ Wellness

Connection Points
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