

## February 2025

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 10:00am St. Gerald's Communion TV - Ch. 12 1:30pm Activity Table 6:30pm Music with Russ (LH)	<b>Groundhog Day 2</b> 11:00am Life-Size Whack-a-Groundhog (CR) 1:30pm Bingo (CR) 2:30pm Movie Matinee: Groundhog Day (CR)	<b>3</b> 11:00am Hand Exercise (CR) 11:30am Daily Reading & Science Experiment (CR) 2:30pm Love Song Karaoke (CR)	<b>4</b> 11:00am Board Games (CR) 11:30am Daily Reading (CR) 2:30pm Art Club: Yarn on Canvas (HD) 3:00pm Activity Forum (CR)	<b>5</b> 11:00am Balloon Toss (HD) 11:30am Daily Reading (HD) 1:30pm Bingo (CR) 3:00pm Interest Assessment Cart (RV*)	<b>Wear Red for Heart Health Awareness 6</b> 11:00am Weightlifting (CR) 11:30am Why We Wear Red (CR) 1:30pm Harp Music with Sarah (CR)	<b>7</b> 1:30pm Color & Calm at the Tables (CR/HD) 6:30pm Walk the Community
<b>8</b> 10:00am St. Gerald's Communion TV - Ch. 12 1:30pm Activity Table 6:00pm Soup-er Bowl Tailgate (CR)	<b>9</b> 11:00am Bingo (CR) 1:30pm Spin the Bottle (CR) 2:30pm Manicures (CR)	<b>10</b> 11:00am Hand Exercise (CR) 11:30am Daily Reading (CR) 1:30pm One-on-Ones (RV) 2:00pm Card Club: Led by Residents (CR)	<b>11</b> 11:00am Board Games (CR) 11:30am Daily Reading (CR) 2:30pm Art Club: Grandhaven Quilt (CR)	<b>12</b> 10:45am Chapel with Al & Nancy (CR) 1:30pm Bingo (CR) 3:00pm Interest Assessment Cart (RV*)	<b>13</b> 11:00am Weightlifting (CR) 11:30am Daily Reading (CR) 1:30pm Valentine's Eve Celebration with Heart Strings Studios (CR)	<b>14</b> 11:00am Bingo (CR) 1:30pm Post-Lunch Walk 4:45pm Trivia Sheets on the Table (CR/HD)
<b>15</b> 10:00am St. Gerald's Communion TV - Ch. 12 1:30pm Meet Your Neighbors to the Left	<b>16</b> 11:00am Bead Toss Bonanza (HD) 11:30am Daily Reading (HD) 1:30pm Bingo (CR) 2:30pm Movie Matinee: Hidden Figures (CR)	<b>17</b> 11:00am Hand Exercise (CR) 11:30am Daily Reading (CR) 2:00pm Mardi Gras Party (CR)	<b>18</b> 11:00am Board Games (CR) 11:30am Daily Reading (CR) 2:30pm Art Club: Thank You Cards for DNCA (CR)	<b>19</b> 11:00am Balloon Toss (HD) 11:30am Daily Reading (HD) 1:30pm Bingo (CR) 3:00pm Interest Assessment Cart (RV*)	<b>20</b> 11:00am Weightlifting (CR) 11:30am Daily Reading (CR) 2:00pm Margaritas with Marty Noss (CT) 2:00pm Activity With Disability Network Capital Area (CR)	<b>21</b> 11:00am Bingo (CR) 1:30pm Color & Calm at the Tables (CR) 6:30pm Walk the Community
<b>22</b> 10:00am St. Gerald's Communion TV - Ch. 12 1:30pm Activity Table 6:30pm Wind Down	<b>23</b> 11:00am Bingo (CR) 1:30pm Manicures (CR) 2:00pm Musical Memories with Alexa (HD)	<b>24</b> 11:00am Hand Exercise (CR) 11:30am Daily Reading (CR) 2:00pm Card Club: Led by Residents (CR) 2:30pm Hidden Figures Walk (LH)	<b>25</b> 11:00am Resident Council (CR) 2:00pm Antiques Show with Denise K. (CR) 3:00pm Art Club: Dream Catchers (HD)	<b>26</b> 10:45am Chapel with Al & Nancy (CR) 1:30pm Bingo (CR) 3:00pm Interest Assessment Cart (RV*)	<b>27</b> 11:00am Weightlifting (CR) 11:30am Daily Reading (CR) 2:00pm February Birthday Celerbration (CR)	<b>28</b> 11:00am Bingo (CR) 1:30pm Post-Lunch Walk 4:45pm Trivia Sheets on the Table (CR/HD)
<b>Happy Black History Month!</b>						

Calender Key:

BW - Boardwalk

CR - Community Room

CT - Cottage

HD - Harbor Dining

LH - Lighthouse Dining

PL - Pier Lobby

RV - Room Visits\*

\*Room visits may happen at an earlier OR later time than the calendar says depending on where LE starts

\*\* Sign-up w/ Life Enrichment Director in advance