

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:15 Catholic Communion (CH/TV) 10:30 Sit & Be Fit (CYH) 1:00 Crafting (AR) 2:00 Church with Russ (CH/TV) 6:15 Resident Chosen Movie (CH/TV) 1	Groundhog Day Deane’s Birthday 10:30 Exercise With Kessa (CH/TV) 2:00 Did Phil See His Shadow? (IF-F) 3:00 Popcorn & Games (CYH) 6:15 Movie: Groundhog Day 2	10:30 Sit & Be Fit (CH/TV) 1:30 Music and Manicures (AR) 3:00 Valentines Day Cards to Families Craft (AR) 6:00 Music Night With Carol (MC) 3	10:30 Sit & Be Fit (CH/TV) 1:00 Sip and Paint (AR) 2:00 Live Entertainment With Neil Hewitt (IF-F) 6:15 Bev’s Movie (CH/TV) 4	9:30 Walmart (CO) 10:30 Balloon Volleyball (CH/TV) 1:30 BINGO (DR) 3:00 Thrifting at Overflow (CO) 6:30 Thursday Night Bible Study (CYH) 5	Marilyne’s Birthday 10:30 Chair Yoga (CYH) 1:30 Gentlemen’s Coffee Social (CYH) 3:00 Super Bowl Happy Hour: Spiked Lemonade (CYH) 6:15 Resident Chosen Movie (CH/TV) 6	10:30 Sit & Be Fit (CH/TV) 1:00 Popcorn and Conversation (CYH) 3:00 Puzzle Time With Friends (2F) 6:15 Movie: The Sound Of Music (CH/TV) 6:45 Iowa State Dance Show (CO) 7
10:15 Catholic Communion (CH/TV) 10:30 Sit & Be Fit (CYH) 1:00 Book Club (CYH) 2:00 2nd Sunday Church (CH/TV) 6:30 Super Bowl Sunday (CH/TV) 8	10:30 Exercise With Kessa (CH/TV) 2:00 Lets Play Pictionary (IF-F) 3:00 Puzzle Time With Friends (2F) 6:15 Movie: Romeo & Juliet 9	10:30 Sit & Be Fit (CH/TV) 2:00 Chocolate Tasting (IF-F) 3:00 Valentines Day Wreaths Craft (AR) 6:00 Dementia Support Group (AR) 10	10:30 Sit & Be Fit (CH/TV) 1:30 Cupid’s Mobile Cart (TYD) 3:00 Valentine Treasure Hunt (IF-F) 6:15 Bev’s Movie (CH/TV) 11	Charlene’s Birthday Marilyn’s Birthday 9:30 Hobby Lobby (CO) 10:30 Cardio Drumming (CH/TV) 11:45 Lunch Bunch With Ankeny Residents: Cornbread (CO) 1:30 BINGO (DR) 3:00 Live Entertainment With Paul Headly (IF-F) 6:30 Thursday Night Bible Study (CYH) 12	10:30 Chair Yoga (CH/TV) 2:00 Ladies Galentines Tea Social (CYH) 3:00 Valentines Day Happy Hour: Cupid Punch (CYH) 6:15 Resident Chosen Movie (CH/TV) 13	Valentines Day 10:30 Sit & Be Fit (CH/TV) 1:00 Bouquet Bar (IF-F) 3:00 Resident Led Card Games(CYH) 6:15 Movie: Rooster Cogburn 14
10:15 Catholic Communion (CH/TV) 10:30 Sit & Be Fit (CYH) 1:00 Food Making (AR) 2:00 Church Worship with John (CH/TV) 6:15 Resident Chosen Movie (CH/TV) 15	Presidents Day Leona’s Birthday 10:30 Exercise With Kessa (CH/TV) 2:00 Which President Are You? (IF-F) 3:00 Popcorn & Games (CYH) 6:15 Movie: The First American 16	Mardi Gras 10:30 Sit & Be Fit (CH/TV) 1:30 Mardi Gras Mask Craft (AR) 3:00 Mardi Gras Happy Hour: Hand Grenades(IF-F) 6:00 Music Night With Carol (MC) 17	Ash Wednesday 10:30 Sit & Be Fit (CH/TV) Ash Wednesday Service?? 1:00-3:00 Foot Clinic (Sign Up Required*) (CYH) 2:00 Live Entertainment With Neil Hewitt (IF-F) 6:15 Bev’s Movie (CYH) 18	9:30 Walmart (CO) 10:30 Balloon Volleyball (CH/TV) 1:30 BINGO (DR) 3:00 Live Entertainment With David Watson (IF-F) 6:30 Thursday Night Bible Study (CYH) 19	10:30 Chair Yoga (CH/TV) 1:30 Foodie Friday: Lets Make Cinnamon Sugar Biscuit Bites (AR) 3:00 Happy Hour: Strawberry Daiquiris (CYH) 6:15 Resident Chosen Movie (CH/TV) 20	10:30 Sit & Be Fit (CH/TV) 1:00 Lets Play Telephone (IF-F) 3:00 Puzzle Time With Friends (2F) 6:15 Movie: I Can Only Imagine (CH/TV) 21
10:15 Catholic Communion (CH/TV) 10:30 Sit & Be Fit (CYH) 1:00 Gaming (CYH) 2:00 Church Worship with Pastor Dave (CH/TV) 6:15 Resident Chosen Movie (CH/TV) 22	Virginia’s Birthday 10:30 Exercise With Kessa (CH/TV) 2:00 Lets Play Headbandz (IF-F) 3:00 Puzzle Time With Friends (2F) 6:15 Movie: Titanic 23	10:30 Sit & Be Fit (CH/TV) 1:00 Movies: I Can Only Imagine 2 (CO) 3:00 Coaster Making Craft (AR) 6:00 Music Night With Carol (MC) 24	10:30 Sit & Be Fit (CH/TV) 2:00 Lets Play Charades (IF-F) 3:00 National Chocolate Covered Nuts Day (IF-F) 6:15 Bev’s Movie (CH/TV) 25	9:30 Target (CO) 10:30 Cardio Drumming (CH/TV) 1:30 BINGO (DR) 3:00 Duck Pin Bowling At The 60 Forward Center (CO) 6:30 Thursday Night Bible Study (CYH) 26	10:30 Chair Yoga (CH/TV) 1:30 Foodie Friday: Lets Make Energy Bites (AR) 3:00 Happy Birthday / New Resident Happy Hour (CYH) 6:15 Resident Chosen Movie (CH/TV) 27	Helen’s Birthday 10:30 Sit & Be Fit (CH/TV) 1:00 Popcorn and Conversation (CYH) 3:00 Resident Led Card Games (CYH) 6:15 Movie: The Great Escape 28