

February 2026 AL

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 11:00 Music and Movement 2:00 Hot Chocolate Bar 3:00 Bead Art	Groundhog Day 2 10:00 Movie and Muffins 2:00 Great Minds Think Alike 3:30 Bingo	3 10:30 Fact of Fiction 1:30 Church in MC 2:00 Cardio Drumming 3:00 Begin With..(Word Game) 6:00 Alicia (Piano)	4 10:30 Alphabetically Around the World 1:30 Incredimusic Class 2:30 Bean Bag Toss 3:30 Bingo	5 10:30 Music and Movement 1:30 West Ward Elementary (1st Grade Valentine Activity) 2:30 Nerf Gun Target Shooting 4:00 Story Sharing	6 10:30 Music and Movement 11:00 The Trestle Stop Lunch Outing 2:00 Pressed Flower Art 3:30 Bingo	7 11:00 Self Care Saturday: Guided Meditation 2:00 Writing Letters to Loved Ones 3:00 Bingo
8 Superbowl Sunday! 11:00 Coffee and Chat 2:00 Touchdown Toss 3:00 Superbowl Pre-Game Party	Sports Day 9 10:30 Sports Appreciation Discussion 2:00 Fruit Pizza Making 3:30 Bingo	10 Crazy Hair Day 11:00 Taiji with Chris 1:30 Church in MC 1:30 Randy Heidema Piano 2:30 Art Hour 4:00 Scrabble	11 Decades Day 10:30 Sam and Pat Roach 2:00 Valentine's Day Canvas Creation 3:30 Bingo	12 Twin Day 10:30 Music and Movement 1:30 West Ward Elementary (4th Grade Valentine Activity) 3:00 Chocolate Candy Guessing Game 4:00pm Marv Luttrell	13 Red, Pink, or Hearts! 10:30 Music and Movement 2:00 Friendship and Game Time with The ARC (Valentines Day Party) 3:30 Bingo	14 Valentines Day 11:00 Music and Movement 2:00 Reminiscing Favorite Valentine's Days 3:00 Bingo
15 11:00 Show and Share 2:00 Cardio Drumming 3:00 Dominos	16 Presidents Day 10:30 Pictionary 2:00 Trivia (President's Themed) 3:30 Bingo	17 Mardi Gras Day 10:30 Coffee and Donuts 1:30 Church in MC 2:00 Dice Games 3:00 Bead Toss 6:00 Alicia (Piano)	18 10:30 Paul Christopher 2:00 Resident Council Meeting 3:30 Bingo	19 10:30 Music and Movement 2:00 Conversation Jenga 3:00 Board Games 4:00 Incredimusic Class	20 10:30 Music and Movement 1:30 Book Appreciation Club 2:30 Left Right Center 3:30 Bingo	21 11:00 Self Care Saturday: Nail Care/ Manicures 2:00 Cardio Drumming 3:00 Bingo
22 11:00 Coffee and Chat 2:00 Activity Books 3:00 Balloon Blast	23 10:30 Banana Bread with Buddies 2:00 Name That Tune 3:30 Bingo	24 10:30 Indoor Bowling 1:30 Church in MC 2:30 Cookie Decorating 4:00 Choose Your Own Adventure Books	25 10:30 Chair Zumba 2:00 Life Size Slot Machines 3:00 Bingo 4:00 Marv Luttrell	26 10:30 Music and Movement 1:30 Trivia 2:30 Art/Creation Hour 3:30 Great Minds Think Alike	27 10:30 Music and Movement 11:00 Taqueria San Francisco Lunch Outing 2:00 Social Hour 3:30 Bingo	28 11:00 Chair Zumba 2:00 Floral Designing 3:00 Bingo
					Resident Birthdays February 15 th - Barb M - Marilyn B February 16 th - Shirley R February 22 nd - William V	Staff Birthdays February 5 th - Mark M