

Springvale

Memory Care

March 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 - Story Telling 2:30 - Walking Club 6:00 - Cornhole	2 10:00 - Morning Chats 3:00 - Banana Cream Pie 4:00 - Read a Dr Seuss Book 6:00 - Card Games	3 10:00 - Church Service 2:00 - National Anthem Fun Facts 4:00 - Chair Kickball 6:00 - Expressions	4 10:00 - Morning Chats 2:00 - Snack & Yap 3:30 - Chair Zumba Class 6:00 - Painting	5 11:00 - Entertainment 2:00 - Sing Along 4:00 - Sensory Games 6:00 - Calm Coloring	6 10:00 - Morning Chats 2:00 - National Oreo Cookie Day 4:00 - Painting 6:00 - Chair Kickball	7 10:30 - Balloon Bop 2:00 - Shoe Shining 6:00 - Sing a Long
8 10:30 - Calm Coloring 2:30 - Trivia 6:00 - Conversation Cards	9 10:00 - Morning Chats 2:00 - Mint Ice Cream Cart 3:00 - Boozy Bingo 6:00 - Puzzles	10 11:00 - Entertainment 2:30 - Soda Bread Making 4:00 - Table Topics 6:00 - Balloon Bop	11 10:00 - Morning Chats 2:00 - Painting 4:00 - Making Friendship Bracelets 6:00 - Sing Along	12 10:00 - Morning Stretch 2:00 - Movie & Popcorn 6:00 - Table Topics	13 10:00 - Morning Chats 2:00 - Water Color Painting 4:00 - Balloon Bop 6:00 - Cornhole	14 10:30 - Dance Party 2:30 - Story Telling 6:00 - Basketball Pig!
15 10:30 - Comedy Show 2:30 - Super Market Sweep Show 6:00 - Calm Coloring	16 10:00 - Morning Chats 2:00 - Sing Along 3:00 - Shamrock Shake Cart 6:00 - Trivia	17 10:00 - Church Service 2:00 - Balloon Bop 4:00 - Table Topics 6:00 - Puzzles	18 10:00 - Morning Stretch 2:00 - Cornhole 3:30 - Chair Zumba Class 6:00 - Story Telling	19 10:00 - Morning Chats 2:00 - Chair Kickball 3:00 - Flower Arrangements 6:00 - Balloon Bop	20 10:00 - Morning Stretch 2:00 - Movie & Popcorn 6:00 - Calm Coloring	21 10:30 - Morning Walk 2:30 - Sorting Beads 6:00 - Shoe Shining
22 10:30 - Sit & Stretch 2:30 - Picture Hunt 6:00 - You be The Judge	23 10:00 - Morning Chats 2:00 - Painting 3:30 - Mimosa Happy Hour 6:00 - Card Games	24 10:00 - Morning Stretch 2:00 - Balloon Bop 4:00 - Trivia 6:00 - Calm Coloring	25 10:00 - Morning Chats 2:30 - Culinary Showcase 4:00 - Sensory Games 6:00 - Balloon Bop	26 Living Like Royalty 10:00 - Morning Stretch 2:00 - BIENNIAL EVENT!	27 10:00 - Morning Chats 2:00 - Movie & Popcorn 4:00 - Puzzles 6:00 - Table Topics	28 10:30 - Mad Libs 2:30 - Sit & Stretch 6:00 - Shoe Shining
29 10:30 - Balloon Bop 2:30 - Walking Club 6:00 - Trivia	30 10:00 - Morning Chats 2:30 - Ice Cream Social 4:00 - Expressions 6:00 - Shoe Shining	31 10:00 - Morning Stretch 2:00 - Nail Painting 4:00 - Calm Coloring 6:00 - Chair Kickball		Resident Birthdays! Barb M. - March 4 th Marlene E. March 27 th Judy R. March 31 st		

Calendar Key: