

FEBRUARY 2026

Riley's Grove Assisted Living & Memory Care

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Live Stream Church 11:00 Morning Walk 2:00 Worship with John	2 Groundhog Day Hair Salon 10:00 Arts and Crafts 11:00 Upper Body Exercise 1:30 Resident Council 3:00 Bingo	3 10:00 Bible Study & Hymns with Gary and Sue 11:00 Lower Body Exercise 1:30 Music Performance by David Molinari	4 Jerry's Birthday! 10:30 Coffee & Donuts 11:00 Core Exercise 1:30 One on One Visits 3:00 Bingo	5 10:00 Balloon Volleyball 11:00 Upper Body Exercise 1:30 Reminiscing about the Past - Wintertime 3:00 Manicures	6 2026 Winter Olympics Begin - Milan, Italy 11:00 Lower Body Exercise 2:00 Olympic Ring Toss and Watch Opening Ceremony (channel 8) 4:00 Super Bowl Picks	7 10:00 Coffee and Chat 11:00 Morning Walk 1:30 Bingo 3:30 Music Hour
8 Super Bowl LX 9:30 Live Stream Church 11:00 Morning Walk 2:00 Worship with Darrell 6:30 Seahawks @ Patriots (channel 8)	9 Hair Salon 10:00 Conversations and Reminiscing 11:00 Upper Body Exercise 1:30 Finish the Word or Phrase 3:00 Bingo	10 10:00 Bible Study & Hymns with Gary and Sue 11:00 Lower Body Exercise 2:30 What Do You Know About The Olympics?	11 10:30 Coffee & Donuts 11:00 Core Exercise 1:30 One on One Visits 3:00 Bingo 3:30 Music Hour	12 10:00 Fill in the Blank 11:00 Upper Body Exercise 1:30 Valentine's Day Party 3:00 Music Performance by Lowell and Fred	13 10:00 Short Stories 11:00 Lower Body Exercise 1:30 Making Valentines 4:00 Birds of West Michigan Great Backyard Bird Count Begins	14 Valentine's Day 10:00 Holiday Mobile Cart 11:00 Morning Exercise 1:30 Bingo 3:30 Music Hour
15 9:30 Live Stream Church 11:00 Morning Walk 2:00 Worship with Josh Spencer	16 Presidents' Day Dean's Birthday! Hair Salon 10:00 Arts and Crafts 11:00 Upper Body Exercise 1:30 President Facts & Trivia 3:00 Bingo Backyard Bird Count Ends	17 Mardi Gras 10:00 Bible Study & Hymns with Gary and Sue 11:00 Lower Body Exercise 2:30 Mardi Gras King Cake and Celebrations	18 Ash Wednesday 10:30 Coffee & Donuts 11:00 Core Exercise 1:30 One on One Visits 3:00 Bingo	19 Arlene's Birthday! 10:00 Random Trivia 11:00 Upper Body Exercise 1:30 Curling 3:00 Music Performance by the Spoon Man	20 9:30 Devotions with Karen 11:00 Lower Body Exercise 2:00 Music Performance by the Jammin' Juniors 3:00 Manicures MLB Spring Training Begins	21 10:00 Coffee and Chat 11:00 Morning Walk 1:30 Bingo 3:30 Music Hour
22 Olympics Final Day 9:30 Live Stream Church 11:00 Morning Walk 2:00 Watch Closing Ceremony (channel 8) 4:00 Worship with Grace Fellowship Church	23 Hair Salon 10:00 Conversations and Reminiscing 11:00 Upper Body Exercise 1:30 Word Mining 3:00 Bingo	24 10:00 Bible Study & Hymns with Gary and Sue 11:00 Lower Body Exercise 3:30 Music Performance by Bob DeYoung	25 10:30 Coffee & Donuts 11:00 Core Exercise 1:30 One on One Visits 3:00 Bingo 3:30 Music Hour	26 10:00 Finish the Phrase 11:00 Upper Body Exercise 1:30 Baking Chocolate Dipped Shortbread Heart Cookies 3:00 One on One Visits	27 Jim's Birthday! 10:00 11:00 Lower Body Exercise 1:30 Round the Clock Giant Dice 3:30 Hydration Station and Conversations	28 10:00 Card Games 11:00 Morning Exercise 1:30 Bingo 3:30 Music Hour