

February 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Church Program (LR) 11:00 Music Hour (LR) 2:00 Balloon Toss (LR) 6:00 Movie Netflix Heaven is Real (LR)	2 Groundhog Day 10:30 St. John's Communion (T) 11:00 Silver Sneakers (FR) 1:00 Reading Group Groundhog Day (BP) 2:30 Corn Hole (3FR) 5:30 Meditation and Music	3 10:00 A Day in History (LR) 11:00 Dancing to the 70's (FR) 1:00 Baking Group: Banana Wafer Parfaits (BP) 2:30 Corn Hole (FR) 4:00 Finish the Proverb (BP) 6:00 Classical Music Hour (LR)	4 10:00 A Day in History (LR) 11:00 Dancing to the 70's (FR) 1:00 Valentine Cards (BP) 2:30 Corn Hole (FR) 4:00 Finish the Proverb (BP) 6:00 Classical Music Hour (LR)	5 10:00 A Day in History (LR) 11:00 Drumming (FR) 1:00 Famous Couples (BP) 2:30 Corn Hole (FR) 4:00 Hand Massages (BP) 6:00 Classical Music Hour (LR)	6 10:00 Exercise with TCT (FR) 11:00 Sing Along 1:00 Day in History 2:30 Happy Hour Mocktails and Music (BP) 6:00 Movie Hour	7 10:00 Silver Sneakers (FR) 1:00 Sing Along (LR) 4:00 Baby Animals Documentary (LR) 6:00 Wind Down with Music
8 10:00 Church Program (LR) 11:00 Sing Along (LR) 2:00 Day in History (LR) 6:00 Documentary Netflix Living with the Leopard (LR)	9 10:00 Outing -Krispy Kreme 11:00 Silver Sneakers (LR) 1:00 Bingo (BP) 2:30 Bean Bag Toss (LR) 4:00 Love Songs (LR) 6:00 Wind down with Caregivers (LR)	10 10:00 A Day in History (LR) 11:00 Dancing to the 70's (FR) 1:00 Baking Group: Banana Wafer Parfaits (BP) 2:30 Corn Hole (FR) 4:00 Finish the Proverb (BP) 6:00 Classical Music Hour (LR)	11 10:00 A Day in History (LR) 11:00 Dancing to the 70's (FR) 1:00 Balloon Tic Tac Toe (FR) 2:30 Name that Tune (BP) 4:00 Finish the Proverb (BP) 6:00 Classical Music Hour (LR)	12 10:00 Sing Along (LR) 10:30 Line Dancing w/ Erica (LR) 11:00 A Day in History (LR) 2:00 Bingo Hosted by Queen City Hospice (BP) 6:00 Wind Down with Caregivers (LR)	13 10:00 Exercise with TCT (FR) 11:00 Sing Along 1:00 Day in History 2:30 Happy Hour Mocktails and Music (BP) 6:00 Movie Hour	14 10:00 Silver Sneakers (FR) 12:00 Valentine Brunch 4:00 Love Song (LR) Sing Along (LR) 6:00 Hand Massages
15 10:00 Church Program (LR) 11:00 Sensory and Smell (LR) 2:00 Reading Circle (LR) 6:00 Hand Massages	16 10:00 Noodle ball (FR) 1:00 Sing Along (LR) 2:00 Baby Goats Visit (LR) 4:00 Dancing with the Birds Netflix (LR) 6:00 Meditation and Music	17 10:00 Balloon Games (FR) 11:00 Day in History (LR) 1:00 What is in the Box (BP) 2:30 Dance to the Oldies (LR) 4:00 Short Story Circle (LR) 6:00 Meditation Hour (LR)	18 10:00 Balloon Games (FR) 11:00 Day in History (LR) 1:00 What is in the Box (BP) 2:30 Dance to the Oldies (LR) 4:00 Short Story Circle (LR) 5:00 Family Night -(LR) Karaoke Night & hors d'oeuvres (LR)	19 10:00 Day in History (LR) 11:00 Silver Sneakers (FR) 1:00 Baking Group -Cookie and Cream Parfaits (BP) 2:30 Noodleball (LR) 4:00 Sing Along (LR) 6:00 Shark Whisperer (LR) Netflix	20 10:00 Exercise with TCT (FR) 11:00 A Day in History (LR) 1:00 Proverbs (LR) 3:00 February Birthday Bash & Live Entertainment (B) 5:30 Movie Hour	21 10:00 Silver Sneakers (FR) 1:00 Balloon Games (LR) 4:00 Sing Along to Oldies (LR) 6:00 Wind Down with Music
22 10:00 Church Program (LR) 11:00 Corn Hole (LR) 2:00 Sing Along Susie Q (LR) 6:00 Documentary Netflix My Heroes Were Cowboys (LR)	23 10:00 Outing -Tropical Smoothie Cafe 10:30 St John Communion (T) 11:00 Sing Along 1:00 Day in History (LR) 3:30 Balloon Volleyball (LR) 6:00 Wind Down Music (LR)	24 10:00 Drumming (FR) 11:00 Day in History (LR) 1:00 What is in the Box (BP) 2:30 Dance to the Oldies (LR) 4:00 Short Story Circle (LR) 6:00 Meditation Hour (LR)	25 10:00 Silver Sneakers (FR) 11:00 Day in History (BP) 1:00 Bingo (LR) 2:30 Sing Along Rat Pack (LR) 4:00 Dean Martin Show (LR) 6:00 Hand Massages (LR)	26 10:00 Day in History (LR) 10:30 Line Dancing w/ Erica (LR) 11:00 Corn Hole (LR) 2:00 Bingo (BP) 6:00 Wind Down with Caregivers (LR)	27 10:00 Exercise with TCT (FR) 11:00 Sing Along 1:00 Day in History 2:30 Happy Hour Mocktails and Music (BP) 6:00 Movie Hour	28 10:00 Silver Sneakers (FR) 1:00 Sing Along (LR) 4:00 Baby Animals Documentary (LR) 6:00 Wind Down with Music

Calender Key:

B – Bistro (AL)
BP – Back Porch (MC)
FR - Fitness Room (MC)

LR – Living Room (MC)
P – Patio (AL)
SF – Second Floor (AL)

T – Theater (AL)
3B – 3rd Floor Bistro (AL)
3FR – Fitness Room (AL)

February Birthdays

2/14 William H
2/19 Lori C

2/28 Timothy H

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