

February 2026 MC

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:00 AM Morning Journal 9:30 AM Coffee Time 3:00 PM Hymn Sing (AL DR) 6:30 PM Read A Story (Lounge)	2 9:00 AM Morning Journal 10:00 AM Men's Mug Club (FR) 10:00 AM Chair Exercise (ER) 1:00 PM Bingo (AL DR) 6:30 PM Read A Story (Lounge)	3 10:30 AM Cardio Drumming (Exercise Room) 11:00 AM Blink Card Game (Dining Room) 2:00 PM Movie (Lounge)
4 1:00 PM Rummikub (Dining) 2:30 PM Church Service and Communion with Chuck Metcalf (AL DR) 3:00 PM Coffee Time (C)	5 9:00 AM Morning Journal 9:30 Coffee Time 10:00 AM Chair Exercise (ER) 1:00 PM 3:00 PM Hymn Sing (AL DR) 6:30 PM Magazine (Lounge)	6 9:00 AM Morning Journal 9:30 AM Coffee Time 10:00 AM Walk the Halls 2:00 PM Blink Card Game (Dining Room) 6:30 PM Tea Time (Dining Room)	7 9:00 AM Morning Journal 9:30 AM Coffee Time 10:00 AM Chair Exercise (ER) 1:30 PM Bingo (AL DR) 2:30 PM Dog Therapy (Apt.)	8 9:00 AM Morning Journal 9:30 AM Coffee Time 1:00 PM Hot Tea & Cookies Cart 3:00 PM Hymn Sing (AL DR) 6:30 PM Read A Story (Lounge)	9 9:00 AM Morning Journal 10:00 AM Men's Mug Club; Coffee (FR) 6:30 PM Essential Oils (Lounge)	10 10:30 AM Cardio Drumming (Exercise Room) 11:00 AM Blink Card Game (Dining Room) 2:00 PM Movie (Lounge)
11 1:00 PM Rummikub (Dining Room) 2:30 PM Church Service; Bob Johnson (AL DR) 3:00 PM Coffee Time (C)	12 9:00 AM Morning Journal 9:30 AM Coffee Time 10:00 AM Chair Exercise (ER) 1:00 PM Make Chocolate Fudge 3:00 PM Hymn Sing (AL DR) 6:30 PM Magazine (Lounge)	13 9:00 AM Morning Journal 9:30 AM Coffee Time 10:00 AM Walk the Halls 2:00 Rummikube (Dining Room) 6:30 PM Tea Time (Dining Room)	14 9:00 AM Morning Journal 10:00 AM Chair Exercise (ER) 1:30 PM Bingo (AL DR) 2:30 PM Dog Therapy (Apt.)	15 9:00 AM Morning Journal 9:30 AM Coffee Time 3:00 PM Hymn Sing (AL DR) 6:30 PM Read A Story (Lounge)	16 9:00 AM Morning Journal 10:00 AM Men's Mug Club (FR) 10:00 AM Chair Exercise (ER) 2:00 PM Sock Snowman Craft 6:30 PM Essential Oils (Lounge)	17 10:30 AM Cardio Drumming (Exercise Room) 11:00 AM Blink Card Game (Dining Room) 2:00 PM Movie (Lounge)
18 1:00 PM Rummikub (Dining Room) 2:30 PM Church Service; Doug Harris (AL DR) 3:00 PM Coffee Time (C)	19 9:00 AM Morning Journal 9:30 AM Coffee Time 10:00 AM Chair Exercise (ER) 1:00 3:00 PM Hymn Sing (AL DR) 6:30 PM Magazine (Lounge)	20 9:00 AM Morning Journal 9:30 AM Coffee Time 10:00 2:00 PM Blink Card Game (Dining Room) 6:30 PM Tea Time (Dining Room)	21 9:00 AM Morning Journal 10:00 AM Chair Exercise (ER) 1:30 PM Bingo (AL DR) 2:30 PM Dog Therapy (Apt.)	22 9:00 AM Morning Journal 9:30 AM Coffee Time 3:00 PM Hymn Sing (AL DR) 6:30 PM Read A Story (Lounge)	23 9:00 AM Morning Journal 10:00 AM Men's Mug Club (FR) 10:00 AM Chair Exercise (ER) 2:00 PM 6:30 PM Essential Oils (Lounge)	24 10:30 AM Cardio Drumming (Exercise Room) 11:00 AM Blink Card Game (Dining Room) 2:00 PM Movie (Lounge)
25 1:00 PM Rummikub (Dining Room) 2:30 PM Church Service; (AL DR) 3:00 PM Coffee Time (C)	26 9:00 AM Morning Journal 9:30 AM Coffee Time 10:00 AM Chair Exercise (ER) 1:00 PM 3:00 PM Hymn Sing (AL DR)	27 9:00 AM Morning Journal 9:30 AM Coffee Time 10:00 AM Walk the Halls 2:00 PM Rummikube (Dining Room) 6:30 PM Tea Time (Dining Room)	28 9:00 AM Morning Journal 10:00 AM Chair Exercise (ER) 1:30 PM Bingo (AL DR) 2:30 PM Dog Therapy (Apt.)	29 9:00 AM Morning Journal 9:30 AM Coffee Time 3:00 PM Hymn Sing (AL DR) 6:30 PM Read A Story (Lounge)	30 9:00 AM Morning Journal 9:30 AM Coffee Time 10:30 AM Scenic Drive 1:00 PM 3:00 PM Hymn Sing (AL DR) 6:30 PM Read A Story (Lounge)	31 10:30 AM Cardio Drumming (Exercise Room) 11:00 AM Blink Card Game (Dining Room) 2:00 PM Movie (Lounge)

Calender Key:

AL DR - AL Dining Room

IL DR - IL Dining Room

C - Cafe

CA - Common Area

ER - Exercise Room

FR - Family Room

GR - Game Room

TH - Theater

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