

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 1:30 Church Service in Assisted Living	2 10:00 Coffee & Chat with Snacks 10:30 Morning Fitness 2:30 Bingo	3 10:00 Coffee & Chat 10:30 Yoga with Jillian	4 10:00 Coffee & Chat 2:00 "File Of Life" Discussion with Lori and Lexi 3:30 Social Hour - Trivia	5 10:00 Coffee & Chat 10:30 Yoga with Jillian 3:00 Faith Fellowship	6 10:00 Coffee & Chat 10:30 Morning Fitness	7 3:00 Bingo in Assisted Living
8 Daylight Savings 1:30 LifeBridge Church Service	9 Manhattan Doll's Concert 10:00 Coffee & Chat 10:30 Morning Fitness 1:30 Tea Party in AL 3:30 Manhattan Dolls in AL Concert	10 10:00 Coffee & Chat 10:30 Yoga with Jillian	11 10:00 Coffee & Chat 10:30 Morning Fitness 3:30 Community Forum with Ron and Audie	12 10:00 Coffee & Chat 10:30 Yoga with Jillian 3:00 Faith Fellowship	13 10:00 Coffee & Chat 10:30 Morning Fitness	14 1:30 Bingo in Assisted Living
15 1:30 Worship and Hymns in Assisted Living	16 10:00 Coffee & Chat with Snacks 10:30 Morning Fitness 2:30 Bingo 5:00 Lunch Outing to "What Not"	17 St Patrick's Day 10:00 Coffee & Chat 10:30 Yoga with Jillian	18 10:00 Coffee & Chat 10:30 Morning Fitness 3:30 Social Hour - Luck of the Irish	19 10:00 Coffee & Chat 10:30 Yoga with Jillian 2:30 Meet with the Chef	20 Spring Equinox 10:00 Coffee & Chat with Snacks 10:30 Morning Fitness	21 1:30 Bingo in Assisted Living
22 1:30 LifeBridge Church Service in Assisted Living	23 10:00 Coffee & Chat with Snacks 10:30 Morning Fitness 2:30 Bingo	24 10:00 Coffee & Chat 10:30 Yoga with Jillian	25 10:00 Coffee & Chat 10:30 Morning Fitness 3:30 Social Hour - Canvas Art	26 10:00 Coffee & Chat 10:30 Yoga with Jillian 3:00 Faith Fellowship	27 10:00 Coffee & Chat 10:30 Morning Fitness	28 1:30 Bingo in Assisted Living
29 1:30 Church Service in Assisted Living	30 10:00 Coffee & Chat with Snacks 10:30 Morning Fitness 12:30 Performance with Hans and Luther 2:30 Bingo	31 10:00 Coffee & Chat 10:30 Yoga with Jillian	Outings are contingent upon weathere conditions and subject to cancellation for safety reasons.	Birthdays in March Tarris Partee 3/8 Lindsey Lloyd 3/18		

Additional Activities can be seen on the Assisted Living Calendar

Watch our communication board & Digital Sign for updates and reminders.

Calendars, Newsletters, Fliers and Sign-up sheets are on the communication Table

Lunch is served at 12:30 pm