

February 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Weekend Fitness 11:00 Hydration 1:00 Afternoon Movie/ Caregivers 3:00 Puzzles w/ Caregivers 7-9 Evening Snack	2 10:00 Fitness w/ Caregivers 11:00 Hydration 1:00 Drawing w/ Caregivers 3:00 Puzzles w/ Caregivers 3:00 Balloon Swat	3 10:00 Chair Exercise 11:00 Scenic Drive 1:00 Wii Bowling 2:00 Yum Yum Ice Cream 3:00 Bulls Eye Putt Putt	4 10:00 Weather Check 11:00 Fitness Fun 1:00 Bible Study 2:00 Resident Council 3:00 Knock the Cup	5 10:00 Morning Coloring 11:00 Stay in Shape Exercise 1:00 Putt Putt Bullseye 2:00 Ladder Ball 3:00 Animal Snap	6 10:00 Daily Chronicles 11:00 Friday Fitness 1:00 Indoor Croquet 2:00 Wii Bowling 3:00 Uno	7 10:00 Fitness w/ Friends 11:00 Hydration Station 1:00 Putt Putt 2:00 Bingo 3:00 Walking Club
8 10:00 Weekend Fitness 11:00 Hydration 1:00 Afternoon Movie/ Caregivers 3:00 Puzzles w/ Caregivers 7-9 Evening Snack	9 10:00 Fitness w/ Caregivers 11:00 Hydration 1:00 Coloring w/ Caregivers 3:00 Chit Chat w/ Caregivers	10 10:00 Chair Exercise 11:00 Scenic Drive 1:00 Wii Bowling 2:00 Yum Yum Ice Cream 3:00 Puzzle Hour	11 10:00 Weather Check 11:00 Fitness Fun 1:00 Bible Study 2:00 Grocery Shop Game 3:00 High Roller Giant Dice	12 10:00 Morning Coloring 11:00 Stay in Shape Exercise 1:00 Balloon Volleyball 2:00 Figure of Speech Game 3:00 Finger Paint	13 10:00 Daily Chronicles 11:00 Friday Fitness 1:00 Wii Bowling 2:00 Valentine Gathering 3:30 Bingo	14 Valentine's Day 10:00 Fitness w/ Friends 11:00 Hydration Station 1:00 Valentine Cornhole 2:00 Valentine Craft 3:00 Walking Club
15 10:00 Weekend Fitness 11:00 Hydration 1:00 Afternoon Movie/ Caregivers 3:00 Coloring w/ Caregivers 7-9 Evening Snack	16 Fat Tuesday 10:00 Fitness w/ Caregivers 11:00 Hydration 1:00 Winter Coloring 3:00 Balloon Swat	17 10:00 Chair Exercise 11:00 Scenic Drive 1:00 Wii Bowling 2:00 Yum Yum Ice Cream and Paczki's 3:00 Darts	18 10:00 Weather Check 11:00 Fitness Fun 1:00 Bible Study 2:00 Cornhole 3:00 Water Painting	19 10:00 Morning Coloring 11:00 Stay in Shape Exercise 1:00 Parachute Games 2:00 Ringlet Game 3:00 Crafting Hour	20 10:00 Daily Chronicles 11:00 Friday Fitness 1:00 Bingo 2:30 February Birthday Celebration	21 10:00 Fitness w/ Friends 11:00 Hydration Station 1:00 Toss the Ball 2:00 Match Game 3:00 Walking Club
22 10:00 Weekend Fitness 11:00 Hydration 1:00 Afternoon Movie/ Caregivers 3:00 Puzzles w/ Caregivers 7-9 Evening Snack	23 10:00 Fitness w/ Caregivers 11:00 Hydration 1:00 Coloring w/ Caregivers 3:00 Chit Chat w/ Caregivers	24 10:00 Chair Exercise 11:00 Trip 1:00 Wii Bowling 2:00 Yum Yum Ice Cream 3:00 Uno	25 10:00 Weather Check 11:00 Fitness Fun 1:00 Bible Study 2:00 Poker Chip Sorting 3:00 Laundry Basketball	26 10:00 Morning Coloring 11:00 Stay in Shape Exercise 1:00 Hula Hoop Sticky Ball 2:00 Living Lights Flutes 3:00 Trap the Ball	27 10:00 Daily Chronicles 11:00 Friday Fitness 1:00 Wii Bowling 2:00 Sort the Poker Chips 3:00 Fishing for Cups	28 10:00 Fitness w/ Friends 11:00 Hydration Station 1:00 Table Cup Challenge 2:00 Create a Snack 3:00 Walking Club