

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Streaming Church 10:00 Daily Chronicles 10:30 Manicures 1:30 Walking Club 2:00 Movie & Popcorn - “Respect” 5:30 1:1 Visits	2 Groundhog Day 9:30 Balloon Toss 10:00 Daily Chronicles 11:00 Choir Group 1:30 Word for Word 3:00 Tic Tac Toss 5:30 Music Meditation	3 9:30 Morning Stretch 10:00 Daily Chronicles 11:00 Hi or Low 1:30 Valentine Cards 3:00 Happy Hour 5:30 Hand Spa	4 9:30 Sit & Stretch 10:00 Daily Chronicles 11:00 Word Jumbo 1:30 Walking Club 3:00 Bingo 5:30 Stories w/ Veronica	5 9:30 Communion 10:15 Daily Chronicles 11:00 Yoga Dancing 1:30 Color Therapy 2:30 Denai’s Dancers - IL 5:30 1:1 Visits	6 9:30 Sit & Be Fit 10:00 Daily Chronicles 11:00 What’s in the box? 1:30 Karaoke & Soul Train 3:00 Massages 5:30 Chicken Soup Stories 7:00 Olympics Ceremonies	7 9:30 Move & Groove 10:00 Daily Chronicles 10:30 Blanket Making 2:00 Coloring w/ Care Staff 5:30 “Little House on the Prairie”
8 9:30 Streaming Church 10:00 Fox Therapy Exercise 10:30 Manicures 1:30 Walking Club 2:00 Movie & Popcorn - “Fiddler on the Roof” 5:30 1:1 Visits	9 9:30 Chair Volleyball 10:00 Daily Chronicles 11:00 Choir Group 1:30 “Go For The Money” 3:00 Pokeno 5:30 Music Meditation	10 9:30 Morning Stretch 10:00 Daily Chronicles 11:00 Valentine Craft 1:30 Carter Hunnicutt Music 3:00 Happy Hour 5:30 Hand Spa	11 9:30 Sit & Stretch 10:00 Daily Chronicles 10:30 Chapel Service w/ Derrick 1:30 Bowling 3:00 Bingo 5:30 Stories w/ Veronica	12 Mary’s Birthday 9:30 Communion 10:00 Daily Chronicles 11:00 Strength Training 1:30 OUTING: Scenic Drive 3:00 Italy Armchair Travel 4:30 Italian Dinner Event 5:30 1:1 Visits	13 9:30 Sit & Be Fit 10:00 Daily Chronicles 11:00 Valentine Trivia 1:30 Connect 4 3:00 Bingo 5:30 Chicken Soup Stories	14 Valentine’s Day 9:30 Move & Groove 10:00 Daily Chronicles 10:30 Blanket Making 2:00 Coloring w/ Care Staff 5:30 “Little House on the Prairie”
15 9:30 Streaming Church 10:00 Daily Chronicles 10:30 Manicures 1:30 Walking Club 2:00 Movies & Popcorn - “The Six Triple Eight” 5:30 1:1 Visits	16 9:30 Balloon Toss 10:00 Daily Chronicles 11:00 Choir Group 1:30 Tea Party 3:00 Pokeno 5:30 Music Meditation	17 Mardi Gras 9:30 Morning Stretch 10:00 Daily Chronicles 11:00 Hangman 1:30 Masquerade Party 3:00 21 5:30 Hand Spa	18 9:30 Sit & Stretch 10:00 Daily Chronicles 11:00 Sensory Station 1:30 Tie Dye 3:00 Bingo 5:30 Stories w/ Veronica	19 9:30 Communion 10:00 Daily Chronicles 11:00 Yoga Dancing 1:30 Pianist Carolyn Wehner 3:00 Happy Hour 5:30 1:1 Visits	20 9:30 Sit & Be Fit 10:00 Daily Chronicles 11:00 Jumbo Crossword 1:30 Black History Foods w/ Francine 3:00 Bingo 5:30 Chicken Soup Stories	21 9:30 Move & Groove 10:00 Daily Chronicles 10:30 Blanket Making 2:00 Baking w/ Care Staff 5:30 “Little House on the Prairie”
22 9:30 Streaming Church 10:00 Fox Therapy Exercise 10:30 Manicures 1:30 Walking Club 2:00 Movie & Popcorn - “West Side Story” 5:30 1:1 Visits	23 9:30 Kids Reading Time 10:00 Chair Volleyball 11:00 Choir Group 1:30 Knock Knock Who’s There 3:00 Pokeno 5:30 Music Meditation	24 9:30 Morning Stretch 10:00 Daily Chronicles 11:00 High or Low 1:30 “Musical Moments” Performs 3:00 Happy Hour 5:30 Hand Spa	25 9:30 Sit & Stretch 10:00 Daily Chronicles 11:00 ‘The Price Is Right’ 1:30 Black History Craft 3:00 Bingo 5:30 Stories w/ Veronica	26 9:30 Communion 10:00 Daily Chronicles 11:00 Sit & Be Fit 1:30 OUTING: Mitchell Park Domes 3:00 Happy Hour 5:30 1:1 visits	27 9:30 Sit & Be Fit 10:00 Daily Chronicles 11:00 Massages 1:30 Food w/ Francine 3:00 Bingo 5:30 Chicken Soup Stories	28 9:30 Move & Groove 10:00 Daily Chronicles 10:30 Blanket Making 2:00 Coloring w/ Care Staff 5:30 “Little House on the Prairie”

Calender Key:
Activities will take place in
the Memory Care
Neighborhood unless noted

Life Enrichment Director:
Emily Lehman
Life Enrichment Lead:
Francine Dixon

Life Enrichment Assistant:
Veronica Pedrero
Shuttle Driver:
Traci Montgomery

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