

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 10:00am St. Gerald's Communion TV - Ch. 12 1:30pm Activity Table 6:30pm Wind Down w/ Essential Oils	<b>Groundhog Day 2</b> 10:00am Life-Size Whack-a-Groundhog 1:30pm Bingo (CR) 3:30pm Manicures & Hand Massages	<b>3</b> 10:00am Daily Reading & Carnation Science Experiment 10:30am Leg Stretches 1:30pm Love Song Karaoke	<b>4</b> 10:00am Daily Reading 10:30am Chair Yoga 1:30pm Yarn on Canvas LifeSkills: Help Set the Table	<b>5</b> 10:00am Daily Reading 10:30am Balloon Toss 1:30pm Bingo (CR) 3:00pm Interest Assessment Cart	<b>Wear Red Day! 6</b> 10:00am Daily Reading 10:30am Why We Wear Red 1:30pm Harp Music with Sarah (CR)	<b>7</b> 10:00am One-on-Ones 1:30pm Post-Lunch Walk 4:45pm Dinner Comedy Hour
<b>8</b> 10:00am St. Gerald's Communion TV - Ch. 12 1:30pm Activity Table 6:00pm Soup-er Bowl Tailgate (CR)	<b>9</b> 10:00am Daily Reading 10:30am Chair Exercise 11:00am Bingo (CR) 3:30pm Manicures & Hand Massages	<b>10</b> 10:00am Daily Reading 10:30am Ladybug Craft 1:30pm One-on-Ones	<b>11</b> 10:00am Daily Reading 10:30am Chair Yoga 1:30pm Spin the Bottle LifeSkills: Help Set the Table	<b>12</b> 10:00am Chapel with Al & Nancy 1:30pm Bingo (CR) 3:00pm Interest Assessment Cart	<b>13</b> 10:00am Daily Reading 10:30am Weightlifting 2:00pm Valentine's Day Party with Heart Strings Studios (BW)	<b>Valentine's Day 14</b> 10:00am One-on-Ones 1:30pm YouTube Trivia 6:30pm Walk the Community
<b>15</b> 10:00am St. Gerald's Communion TV - Ch. 12 1:30pm Meet Your Neighbors 6:30pm Wind Down	<b>Presidents' Day 16</b> 10:00am Daily Reading 10:30am Bead Toss Bonanza 1:30pm Bingo (CR) 3:30pm Manicures & Hand Massages	<b>Fat Tuesday 17</b> 10:00am Daily Reading 10:30am Leg Stretches 2:15pm Mardi Gras Party (CR) 3:45pm One-on-Ones	<b>Ash Wednesday 18</b> 10:00am Daily Reading 10:30am Chair Yoga 1:30pm Cards for DNCA LifeSkills: Help Set the Table	<b>19</b> 10:00am Daily Reading 10:30am Balloon Toss 1:30pm Bingo (CR) 3:00pm Interest Assessment Cart	<b>20</b> 10:00am Daily Reading 10:30am Weightlifting 1:30pm Music 'n' Margaritas with Marty Noss	<b>21</b> 10:00am One-on-Ones 1:30pm Post-Lunch Walk 4:45pm Dinner Comedy Hour
<b>22</b> 10:00am St. Gerald's Communion TV - Ch. 12 1:30pm Activity Table 6:30pm Wind Down w/ Essential Oils	<b>23</b> 10:00am Daily Reading 10:30am Chair Exercise 11:00am Bingo (CR) 3:30pm Manicures & Hand Massages	<b>24</b> 10:00am Daily Reading 10:30am Chair Yoga 1:30pm Quilt Project 3:45pm Hidden Figures Slideshow	<b>25</b> 10:00am Craft a Fairy Tale 10:30am Chair Yoga 2:00pm Antiques Show with Denise K. (CR)	<b>26</b> 10:00am Chapel with Al & Nancy 1:30pm Bingo (CR) 3:00pm Interest Assessment Cart	<b>27</b> 10:00am Daily Reading 10:30am Weightlifting 2:00pm February Birthday Celebration (CR)	<b>28</b> 10:00am One-on-Ones 1:30pm YouTube Trivia 6:30pm Walk the Community
<b>Happy Black History Month!</b>						