

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30am- Flash Card Fitness 10:45am- Matching Activities 1:30pm- Crafter's Corner 3:00pm- This or That 6:30pm Wind Down Activities	2 9:30am- Senior Stretch 10:45am- Walking Club 2:00pm- Flower Arranging 3:00pm- Finish the Picture 6:30pm-Wind Down Activities	3 9:30am- Easy Tai Chi 10:30am- Pastor Beagle 11:15am- Bingo 1:30pm- Finish the Phrase 3:00pm- Magnetic Designs 6:30pm- Wind Down Activities	4 9:30am - Chair Exercise 10:30am - Snack Time 11:00am - Garden Club 1:15pm - Large Print Word Searches 2:00pm - Exercise with Kaleigh 3:30pm - Bead Bracelets 6:30pm Wind Down Activities	5 9:30am - Posture Exercise 10:15am- Rosary 10:45am- Susie Q Sing-along 1:30pm -Activity Cart FL1 3:00pm- Happy Hour FL 2 6:30pm Wind Down Activities	Natl Oreo Cookie Day 6 9:30am - Gentle Cardio 11:15am - Singalong with Janet & Beth 1:30pm -Activity Cart FL 2 3:00pm- Happy Hour FL 1 6:30pm Wind Down Activities	7 9:30am- Balance Exercise 10:45am- Name 5 11:00am- Therapy Dog Visit 1:30pm- Towel Folding 3:00pm- Small Puzzles 6:30pm-Wind Down Activities
8 9:30am- Senior Stretch 10:45am- Reminiscing: First Job 1:30pm- Crafter's Corner 3:00pm- Finish the Phrase 6:30pm Wind Down Activities	9 9:30am- Chair Yoga 10:45am- Walking Club 2:00pm- Susie Q Sing-along 3:00pm- Rock Painting for the Courtyard 6:30pm-Wind Down Activities	10 9:30am- Flash Card Fitness 10:30am- Pastor Beagle 11:15am- Bingo 1:30pm- Sorting Games 3:00pm- Small Puzzles 6:30pm- Wind Down Activities	11 9:30am - Easy Tai Chi 10:30am - Snack Time 11:00am - Garden Club 1:15pm - Sock Sorting 2:00pm - Exercise with Kaleigh 3:30pm - Magnetic Designs 6:30pm Wind Down Activities	12 9:30am - Gentle Cardio 10:30am - Shamrock Shake Trip 10:15am- Rosary 10:45am- Matching Activities 1:30pm -Activity Cart FL1 3:00pm- Bowling 2:00pm- Scenic Drive 6:30pm Wind Down Activities	13 9:30am - Posture Exercise 11:15am - Singalong with Janet & Beth 1:45pm - Music Therapy with Stacy 3:00pm- St. Patrick's Party 6:30pm Wind Down Activities	Pi Day 14 9:30am- Pie-lates 10:30am - Pass the "pie" 1:30pm - 3.14 Number challenge 3:00pm- Pie Bites 6:30pm-Wind Down Activities
15 9:30am- Gentle Cardio 10:45am- Flower Arranging 1:30pm- Crafter's Corner 3:00pm- Pass the Basketball/ Basketball shots 6:30pm Wind Down Activities	16 9:30am- Easy Tai Chi 10:45am- Walking Club 2:00pm- Matching Activities 3:00pm- Pot of Gold Coin Toss 6:30pm-Wind Down Activities	St Patrick's Day 17 9:30am- Blarney Stone Balance 10:30am- Pastor Beagle 11:15am- Gold Coin Scavenger Hunt 1:30pm- Irish Music Sing-along 3:00pm- Green River Floats 6:30pm- Wind Down Activities	18 9:30am - Chair Yoga 10:30am - Snack Time 11:00am - Garden Club 1:15pm - Towel Folding 2:00pm - Exercise with Kaleigh 3:30pm - Sorting Games 6:30pm Wind Down Activities	19 9:30am - Chair Exercise 10:15am- Rosary 10:30am - Shamrock Shake Trip 10:45am- Name 5 1:30pm -Activity Cart FL1 3:00pm- Happy Hour FL 2 2:00pm- Scenic Drive 6:30pm Wind Down Activities	1st Day of Spring 20 9:30am - Senior Stretch 11:15am - Singalong with Janet & Beth 1:30pm -Activity Cart FL 2 3:00pm- Happy Hour FL 1 6:30pm Wind Down Activities	21 9:30am- Flash Card Fitness 10:45am- Springtime A-Z 11:00am- Therapy Dog Visit 1:00pm- Frank Rossi Performs 3:00pm- Sorting Games 6:30pm-Wind Down Activities
22 9:30am- Chair Yoga 10:45am- Finish the Phrase 1:30pm- Crafter's Corner 3:00pm- Susie Q Sing-along 6:30pm Wind Down Activities	23 9:30am- Gentle Cardio 10:45am- Walking Club 2:00pm- This or That 3:00pm- Make a Pudding Pie 6:30pm-Wind Down Activities	24 9:30am- Chair Exercise 10:30am- Pastor Beagle 11:15am- Bingo 1:30pm- Courtyard Clean Up 3:00pm- Name 5 6:30pm- Wind Down Activities	25 9:30am - Senior Stretch 10:30am - Snack Time 11:00am - Garden Club 1:15pm - Finish the Picture 2:00pm - Exercise with Kaleigh 3:30pm - Courtyard Chat 6:30pm Wind Down Activities	26 9:30am - Flash Card Fitness 10:15am- Rosary 10:30am - Romeoville Library Outing 10:45am- Courtyard Hangout 1:30pm -Activity Cart FL1 3:00pm- Happy Hour FL 2 2:00pm- Scenic Drive 6:30pm Wind Down Activities	27 9:30am - Easy Tai Chi 11:15am - Singalong with Janet & Beth 1:30pm -Activity Cart FL 2 3:00pm- Happy Hour FL 1 6:30pm Wind Down Activities	28 9:30am- Seated Stretch 10:45am- Magnetic Designs 1:30pm- Sock Sorting 3:00pm- Finis the Phrase 6:30pm-Wind Down Activities
29 9:30am- Easy Tai Chi 10:45am- Finish the Picture 1:30pm- Crafter's Corner 3:00pm- Matching Activities 6:30pm Wind Down Activities	30 9:30am- Senior Stretch 10:45am- Walking Club 2:00pm- Sorting Games 3:00pm- Magnetic Designs 6:30pm-Wind Down Activities	31 9:30am- Flash Card Fitness 10:30am- Pastor Beagle 11:15am- Bingo 1:30pm- Reminiscing: Outdoor Fun 3:00pm- Flower Arranging 6:30pm- Wind Down Activities				

Calendar Key:
FIRST FLOOR
AR- Art Studio
C - Courtyard

DRI- Dining Room
HS- Horticulture Space
L- Lobby
MC- Man Cave

MRI- Media Room
MUI- Music Room

SECOND FLOOR
DR2- Dining Room
GR- Game Room
LIB- Library

MR2- Media Room
MU2- Music Room
WS- Women's Space

OTHER
OUT - Outing
MAN- Manor