

February 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 PETER PERFORMANCE 10:30 Walk with Wellness 11:00 Gospel Music 2:30 Snack & Chat 5:30 Wind Down with Hymns	2 Groundhog Day 8:30 Morning Hydration Rounds 9:45 Music Therapy 11:00 Bean Bag TicTacToe/Janus 1:30 Individualized Engagement 2:30 Spring or Snow Groundhog 3:30 Groundhog Trivia 4:00 Daily Chronicle Chat 5:30 Wind down w/ puzzles	3 8:30 Morning Hydration Rounds 10:00 Daily Chronicles 10:30 Step and Stretch 11:00 BINGO 11:30 Sanitize in Action 1:30 Uncle Bills Pet Store 3:00 Funny Baby TikToks 5:30 Wind down w/ adult coloring	4 8:30 Morning Hydration Rounds 10:00 Daily Chronicles 10:30 Basketball Hoops & Rock & Roll 11:30 Set Up Family Style Dining 1:30 Individualized Engagement 2:00 Smoothie & Guess that Tune 3:00 Sing-A-Long W/Bill 5:30 Wind down w/ 60's TV shows	5 10:00 Daily Chronicles & morning coffee w/Janus 11:00 BINGO 1:30 Indoor Kickball 2:30 Hydration Cart 3:00 Snowman Craft w/Troops 3:00 Lady of Mt Carmel 5:30 Wind Down w/ Puzzles & Music	6 8:30 Morning Hydration Rounds 10:00 Daily Chronicles 10:30 February Gazette 11:00 Walk W/Kel & Tunes 1:30 Exercise w/ Keriann 3:00 Happy Hour- Winter Olympics 5:30 Wind down- Movie of Choice	7 10:00 Daily Chronicles 10:30 Walk W/ Wellness 11:00 Fold & Chat 1:30 Adult Coloring & Meditation 5:30 Movie of Choice
8 Superbowl 10:00 Daily Chronicles 10:30 Walk with Wellness 11:00 Gospel Music 12:00 Superbowl Party (CR, IL/AL) 2:30 BINGO 5:30 Wind Down with Hymns	9 8:30 Morning Hydration Rounds 9:45 Music Therapy 11:00 Balloon Ball /Janus 1:30 Individualized Engagement 2:00 Manicure Monday Social 4:00 Daily Chronicle Chat 5:30 Wind down w/ puzzles & music	10 8:30 Morning Hydration Rounds 10:00 Daily Chronicles 10:30 Step and Stretch 11:00 Hit-That-Target 11:30 Sanitize in Action 2:00 Petland Puppies Carmel 3:30 Funny Baby Videos 5:30 Wind down w/ adult coloring	11 8:30 Morning Hydration Rounds 10:00 Daily Chronicles 10:30 Cardio Fitness 11:00 Valentines Cards 1:30 Individualized Engagement 2:00 Smoothie & Guess that Tune 3:00 Friend Roulette 5:30 Wind down w/ 60's TV shows	12 10:00 Daily Chronicles & Morning Coffee W/Janus 11:00 BINGO 1:30 Fold & Chat 2:00 Townhall (CR2) 3:00 Lady of Mt Carmel 3:30 Hydration Cart 5:30 Wind Down w/ Hymns	13 Galantines Day 8:30 Morning Hydration Rounds 10:00 Daily Chronicle 10:30 Love Sing-A-Long 11:00 Spin A Kiss Game 1:30 Individualized Engagement 3:00 Happy Hour - Valentines 5:30 Wind Down- Movie of Choice	14 14 th - 21 st is Alzheimer's & Dementia care Education week! Valentines Day! 10:00 Daily Chronicles 1:30 Board Games 2:30 Snack & Chat
15 10:00 PETER PERFORMANCE 10:30 Walk with Wellness 11:00 Gospel Music 2:30 Snack & Chat 5:30 Wind Down with Hymns	16 Presidents Day 8:30 Morning Hydration Rounds 9:45 Music Therapy 11:00 Bowling W/Janus 1:30 Individualized Engagement 2:30 Presidents Day engagement 3:30 Hydration Cart 4:00 Daily Chronicle Chat 5:30 Wind down w/ puzzles & music	17 8:30 Morning Hydration Rounds 10:00 Daily Chronicles 10:30 Step and Stretch 11:00 BINGO 11:30 Sanitize in Action 1:30 Individualized Engagement 3:00 Mardi Gras Social 5:30 Wind down w/ adult coloring	18 8:30 Morning Hydration Rounds 10:00 Daily Chronicles 10:30 Cardio Fitness 11:00 Towel Rollers 11:30 Set Up Family Style Dining 1:30 Individualized Engagement 2:00 Justin Monts Performance 3:00 Smoothie & Chat 5:30 Wind down w/60's TV	19 10:00 Daily Chronicles & Morning Coffee W/Janus 11:00 BINGO 1:30 Winter Cruise 3:00 Lady of Mt Carmel 3:00 Chocolate Mint Social 5:30 Wind Down w/ Hymns	20 8:30 Morning Hydration Rounds 10:00 Daily Chronicles 10:30 Walk W/Kel & Tunes 11:00 Conversation Cards 1:30 Exercise w/Keriann 3:00 Happy Hour- Margaritaville Madness 5:30 Wind down- Movie of Choice	21 10:00 Daily Chronicles 10:30 Walk W/Wellness 11:00 Short Stories 3:00 Snack & Chat 5:30 Movie of Choice
22 10:00 Daily Chronicles 10:30 Walk with Wellness 11:00 Gospel Music 2:30 BINGO 5:30 Wind Down with Hymns	23 8:30 Morning Hydration Rounds 9:45 Music Therapy 11:00 Jeopardy W/ Janus 1:30 Individualized Engagement 2:00 Manicure Monday Social 4:00 Daily Chronicle Chat 5:30 Wind down w/ puzzles & music	24 8:30 Morning Hydration Rounds 10:00 Daily Chronicles 10:30 Step and Stretch 11:00 Chef Demo 1:30 Bath and Body Works 3:00 Funny Baby TikTok's 5:30 Wind down w/ adult coloring	25 8:30 Morning Hydration Rounds 10:00 Daily Chronicles 10:30 Cardio Fitness 11:00 Floor Tic Tac Toe 11:30 Set Up Family Style Dining 2:00 Sam Piercy performance 3:30 Smoothie & Chat 5:30 Wind down w/60's Tv Shows	26 10:00 Daily Chronicles & Morning Coffee W/Janus 11:00 BINGO 1:30 Individualized Engagement 2:00 Hydration Cart 3:00 Lady of Mt Carmel 5:30 Wind Down w/ Hymns	27 8:30 Morning Hydration Rounds 10:00 Daily Chronicles 11:00 Walk W/Kel & Tunes 1:30 Individual Engagement 3:00 Happy Hour - Residents Birthdays 5:30 Wind down- Movie of Choice	28 10:00 Daily Chronicles 10:30 Walk W/ Wellness 11:00 Board Games 2:30 Snack & Chat 5:30 Movie of Choice
	music					

Calendar Key:
Most activities are held in our Connection Points Neighborhood

Life Enrichment Director:
Brittany Lehman
Life Enrichment Lead: Kellie Cox

Director of Connection Points: Stacy Tupps

CR2 - Community Room
second floor
CR3 - Community Room
third floor

ALD- Assisted Living Dining

Address: 13390 Illinois St,
Carmel, IN 46032

Phone: 317-818-0526

Independence
Village SENIOR LIVING