

MARCH 2026

VALPARAISO SENIOR VILLAGE

Assisted Living - (Any changes to the calendar will be made on the Daily Sheets)

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Bday Bev R. 1 9:30 - Sit-N-Fit w/Sharon (4T) 10:00 - Daily Chronicles, Discussion & Devotional (4T) 1:00 - Word in a Word (CR) 2:00 - Ice Cream Social (B) 3:00 - Jigsaw Puzzle Hour (2L) 5:30 - Emmanuel Baptist Church Service (4S)	Nat' Banana Cream Pie 2 9:00-2:00 Resident Rummage Event- Trade, Take or Leave Anything (4S) 9:45 - Drum Circle Exercise (4T) 10:15 - How It's Made (4T) 10:30 - Daily Chronicles, Discussion & Devotional (4T) 11:00 - Rosary/ Communion (CR) 12:30 - Manicure Monday (BS) 2:00 - Pie & Punch (B) 5:45 - Piano w/Jack (L)	3 9:30 Living Lively (3FC) 10:00 - Daily Chronicles, Discussion & Devotional (3FC) 10:30 - Catholic Mass w/Father George (CR) 1:30 - Piano w/Doug Reba (L) 2:30 - Snack & Chat (B) 5:30 - Nickel Bingo w/Marsha (4S) 6:30 - Resident Choice Games (4S)	Happy Bday Pat D. 4 9:30 - <u>Outing to Walmart</u> 9:45 - Ax Tossing (L) 10:15 - Daily Chronicles (L) 2:00 - Ladies "HIGH TEA" (4S) 2:30 - Pet therapy w/Chanel the Dachshund (4S) 5:30 - Prize Bunco (4S) 6:30 - Resident Choice Games (4S)	5 9:45 - Stretch Exercise (4T) 10:15 - Daily Chronicles, Discussion & Devotional (4T) 1:00 - Candy Bingo (4S) 2:15 - Ice Cream Social (B) 5:30 - Dinner & Movie (Must sign up) (4T)	Nat'l Oreo Cookie Day 6 9:45 - Sit-n-Fit w/Karen (4T) 10:15 - Daily Chronicles, Discussion & Devotional (4T) 10:30 - Bible Study w/Karen 1:00 - <u>Ambassador Club mtg.</u> 2:00 - Hot Cocoa/Oreo cookie bar(B) 5:30 - Prize Bunco (4S)	7 10:15 - Fair Haven Baptist Church (4S) 1:00 - Prize Bingo w/Susan (MDR) 2:30 - Jigsaw Puzzle Hour (2L) 5:45 - Evening Spotlight Movie (4T)
DAYLIGHT SAVINGS 8 9:30 - Sit-N-Fit w/Sharon (4T) 10:00 - Daily Chronicles, Discussion & Devotional (4T) 1:00 - Word in a Word (CR) 2:00 - Coffee & Convo (B) 3:00 - Jigsaw Puzzle Hour (2L) 5:00 - Comedy Hour (4T)	NAT'L NAPPING DAY 9 9:00 - Nap Bingo (Wear your jammies) (MDR) 11:00 - Rosary/ Communion (CR) 1:00 - One on One visits 1:30 - <u>Entertainment w/James Satkowski (MDR)</u> 2:30 - Happy Hour Drinks (B) 5:45 - Piano w/Jack (L)	10 9:30 - Living Lively (3FC) 10:00 - Daily Chronicles, Discussion & Devotional (3FC) 10:30 - Poetry Reading w/Pat (3FC) 11:00 - Lunch & Movie (must sign up) (4T) 2:15 - (B) Cocktail Hour w/Fred Meyer and Karaoke (B) 5:30 - Nickel Bingo w/Marsha (4S) 6:30 - Resident Choice Games (4S)	11 9:30 <u>Outing to Marshall's/ lunch @Chinese Buffet</u> 9:45 - Exercise Bikes (3FC) 10:15 - Daily Chronicles (L) 2:00 - Monthly Martini's with Jaclyn (Bee's Knees) (B) 5:30 - Prize Bunco (4S) 6:30 - Resident Choice Games (4S)	12 9:45 - Parachute Pop (4T) 10:15 - Daily Chronicles, Discussion & Devotional (4T) 10:30 - What am I? (4T) 1:00 - <u>Entertainment w/Irish Band St. Patty's Sake (MDR)</u> 5:45 - Theater Thursday (4T)	13 9:00 - Fitness Center Exercise Bikes (3FC) 10:00 - Church Service & Music w/Kelly Fugate (MDR) 12:45 - <u>RESIDENT COUNCIL and Activity Calendar Planning Mtg (4T)</u> 2:00 - Snack & Chat (B) 5:30 - Prize Bunco (4S)	14 10:15 - Fair Haven Baptist Church (4S) 1:00 - Prize Bingo (MDR) 2:30 - Jigsaw Puzzle Hour (2L) 5:45 - Evening Spotlight Movie (4T)
Happy Bday Pat K. 15 9:30 - Sit-N-Fit w/Sharon (4T) 10:00 - Daily Chronicles, Discussion & Devotional (4T) 11:00 <u>FAMILY BRUNCH</u> 1:00 - Word in a Word (CR) 2:00 - Coffee & Convo (B) 3:00 - Jigsaw Puzzle Hour (2L) 5:45 - Comedy Hour (4T)	MIMOSA MONDAY 16 9:45 - Drum Circle Exercise (4T) 10:15 - How It's Made (4T) 10:30 - Daily Chronicles, Discussion & Devotional (4T) 11:00 - Rosary/ Communion (CR) 1:00 - PRICE IS RIGHT (4T) 2:30 - Cookies & Coffee w/our Veterans (B) 5:45 - Piano w/Jack (L)	ST. PATRICK'S DAY 17 9:30 - Living Lively (3FC) 10:00 - Daily Chronicles, Discussion & Devotional (3FC) 10:30 - Hygge (3FC) 1:30 - <u>Entertainment w/Bill Frudakis (MDR)</u> 2:45 - Beer/Wine Happy Hour (B) 5:30 - Nickel Bingo w/Marsha (4S) 6:30 - Resident Choice Games (4S)	18 9:45 - Balloon Tennis (4T) 10:15 - Daily Chronicles, Discussion & Devotional (4T) 10:30 - Darts (3FC) 12:30 - <u>Dollar Tree Outing</u> 2:30 - Snack & Chat (B) 5:30 - Prize Bunco (4S) 6:30 - Resident Choice Games (4S)	19 9:45 - Circle Ball (4T) 10:15 - Daily Chronicles, Discussion & Devotional (4T) 11:00 Resident Volunteer Luncheon (Private Dining Room) 1:00 - Craft Corner - Painting, (CR) 2:00 - Ice Cream Social (Shamrock Milkshakes (B) 5:45 - Theater Thursday (4T)	20 9:45 - Sit-n-fit w/Karen (4T) 6 10:15 - Daily Chronicles, Discussion & Devotional (4T) 10:30 - Bible Study w/Karen 4L 1:00 - <u>Quarter Bingo (4S)</u> 2:15 - Air Fryer Friday (B) 5:30 Prize Bunco (4S)	21 10:15 - Fair Haven Baptist Church (4S) 1:00 - Prize Bingo w/Susan (MDR) 2:30 - Jigsaw Puzzle Hour (2L) 5:45 - Evening Spotlight Movie (4T)
22 9:30 - Sit-N-Fit w/Sharon (4T) 10:00 - Daily Chronicles, Discussion & Devotional (4T) 1:00 - Word in a Word (CR) 2:00 - Coffee & Convo (B) 3:00 - Jigsaw Puzzle Hour (2L) 5:45 - Comedy Hour (4T)	Nat'l Chip & Dip Day 23 9:45 - Drum Circle Exercise (4T) 10:15 - How It's Made (4T) 10:30 - Daily Chronicles, Discussion & Devotional (4T) 11:00 - Rosary/ Communion (CR) 12:30 - Beauty Shop Social (BS) 1:30 - Technology w/Amazon Alexa (VL) 2:00 - Chips & Dip Bar (B) 5:45 - Piano w/Jack (L)	24 9:30 Living Lively (3FC) 10:00 - Daily Chronicles, Discussion & Devotional (3FC) 10:30 - Darts (3FC) 1:00 - <u>Culinary Showcase w/Chef Allen (B)</u> 2:00 - New Resident Welcome Social (B) 5:30 - Nickel Bingo w/Marsha (4S) 6:30 - Resident Choice Games (4S)	25 9:45 - Exercise w/Heart to Heart 10:15 - Daily Chronicles, Discussion & Devotional (4T) 10:30 - Jokes & Riddles (4T) 12:30 - <u>Scenic Bus Ride/Bus Bingo</u> 2:30 - Wine & Cheese Tasting (B) 5:30 - Prize Bunco (4S) 6:30 - Resident Choice Games (4S)	26 9:45 - Prize Twister Toss (4T) 10:15 - Daily Chronicles, Discussion & Devotional (4T) 1:00 - Parade of Apartments (2L) (WALKING EXERCISE) 2:00 - Ice Cream Social (B) 5:45 - Theater Thursday (4T)	27 9:30 - Retired Teachers/Educators Staff Meeting (4S) 1:30 - <u>BirthDay Bash/Entertainment (MDR)</u> 2:30 Coffee & Convo (B) 5:30 Prize Bunco (4S)	28 10:15 - Fair Haven Baptist Church (4S) 1:00 - Prize Bingo (MDR) 2:30 - Jigsaw Puzzle Hour (2L) 5:45 - Evening Spotlight Movie (4T)
29 9:30 - Sit-N-Fit w/Sharon (4T) 10:00 - Daily Chronicles, Discussion & Devotional (4T) 1:00 - Word in a Word (CR) 2:00 - Coffee & Convo (B) 3:00 - Jigsaw Puzzle Hour (2L) 5:45 - Comedy Hour (4T)	30 9:45 - Drum Circle Exercise (4T) 10:15 - How It's Made (4T) 10:30 - Daily Chronicles, Discussion & Devotional (4T) 11:00 - Rosary/ Communion (CR) 1:00 - Scrabble (VL) 2:00 - Magna Tiles & Drinks (B) 5:45 - Piano w/Jack (L)	31 9:30 Living Lively (3FC) 10:00 - Daily Chronicles, Discussion & Devotional (3FC) 10:30 - Where Am I? (3FC) 1:00 - Jewelry Beading (VL) 2:00 - Snack & Chat (B) 5:30 - Nickel Bingo w/Marsha (4S) 6:30 - Resident Choice Games (4S)				

Calendar Key:

- L - Lobby
- 4S - Four Seasons Room
- CR - Conference Room

MDR - Main Dining Room

- B - Bistro
- 2L - 2nd Floor Loft
- VL - Veteran's Library

BS - Beauty Shop

- 3FC - 3rd Floor Fitness
- 4T - 4th Floor Theater
- 4L - 4th Floor Lounge

