

VALPARAISO SENIOR VILLGE

Memory Care

MARCH 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:30 - Daily Chronicles, Discussion & Devotional 1</p> <p>10:00 - Virtual Church Worship</p> <p>12:15 - Trivia</p> <p>2:00 Coffee, Cocoa & Creativity Club</p> <p>5:00 - Evening Relaxation & Refreshment</p>	<p>9:45 - Ball Drumming in Theater 2</p> <p>10:15 - Daily Chronicles, Discussion & Devotional</p> <p>10:30 - Communion</p> <p>12:30 - Manicure Monday</p> <p>2:00 - Pie & Punch</p> <p>5:00 - Evening Relaxation & Refreshment</p>	<p>9:30 - Stretch Exercise 3</p> <p>10:00 - Morning Sip & Chat</p> <p>10:15 - Daily Chronicles, Discussion & Devotional</p> <p><u>12:30 - BINGO</u></p> <p>2:00 - Craft Time!</p> <p>5:00 - Evening Relaxation & Refreshment</p>	<p>9:30 - Let's Get Physical 4</p> <p>10:00 - Morning Sip & Chat</p> <p>10:15 - Daily Chronicles, Discussion & Devotional</p> <p>1:00 - Yahtzee</p> <p>2:00 - Pet Therapy w/Chanel the Dachshund</p> <p>5:00 - Classic TV Shows</p>	<p>9:30 - Candy Twister Toss 5</p> <p>10:00 - Morning Sip & Chat</p> <p>10:15 - Daily Chronicles Discussion & Devotional</p> <p>12:30 - How it's Made and Discussion</p> <p>1:00 - Trivia</p> <p>2:00 Ice Cream Social</p> <p>5:00 - Evening Relaxation & Refreshment</p>	<p>Nat'l Oreo Cookie Day 6</p> <p>9:30 - Living Lively with Robert</p> <p>10:00 - Morning Sip & Chat</p> <p>10:15 - Daily Chronicles, Discussion & Devotional</p> <p><u>12:30 - CANDY BINGO</u></p> <p>1:30 - Entertainment (MDR)</p> <p>2:45 - Movie & Oreos/green Rm</p> <p>5:00 - Jigsaw Puzzles</p>	<p>7</p> <p>9:30 - Sit & Be Fit</p> <p>10:15 - Daily Chronicles, Discussion & Devotional</p> <p>12:00 - Color Pencil Art</p> <p>2:00 - Saturday Social</p> <p>3:00 - Music & Coloring</p> <p>6:00 - Saturday Night Movie</p>
<p>DAY LIGHT SAVINGS 8</p> <p>9:30 - Daily Chronicles, Discussion & Devotional</p> <p>10:00 - Virtual Church Worship</p> <p>12:15 - Trivia</p> <p>2:00 Coffee, Cocoa & Creativity Club</p> <p>5:00 - Evening Relaxation & Refreshment</p>	<p>9:30 - Monday Moves 9</p> <p>10:00 - Morning Sip & Chat</p> <p>10:30 - Communion</p> <p>12:30 - Movie Matinee & Popcorn in Movie Theater</p> <p>1:30 - Entertainment (MDR)</p> <p>2:00 - Snack & Chat</p> <p>5:00 - Evening Relaxation & Refreshment</p>	<p>9:30 - Stretch Exercise 10</p> <p>10:00 - Morning Sip & Chat</p> <p>10:15 - Daily Chronicles, Discussion & Devotional</p> <p>10:30 - Basketball Toss</p> <p><u>12:30 - BINGO</u></p> <p>2:00 - Small Group Activities</p> <p>5:00 - Evening Relaxation & Refreshment</p>	<p>9:30 - Let's Get Physical 11</p> <p>10:00 - Morning Sip & Chat</p> <p>10:15 - Daily Chronicles, Discussion & Devotional</p> <p>1:00 - Entertainment w/Gloria</p> <p>2:00 - Happy Hour-Snacks</p> <p>5:00 - Classic TV Shows</p>	<p>9:30 - Strength Exercise 12</p> <p>10:00 - Morning Sip & Chat</p> <p>10:15 - Daily Chronicles Discussion & Devotional</p> <p>12:30 - Magazine Wars</p> <p>1:00 - Irish Entertainment (MDR)</p> <p>2:00 - Ice Cream Social</p> <p>5:00 - Evening Relaxation & Refreshment</p>	<p>9:30 - Living Lively with Robert 13</p> <p>10:00 - Morning Sip & Chat</p> <p>10:15 - Daily Chronicles, Discussion & Devotional</p> <p>12:00 - Church w/ Kelly F.</p> <p>1:30 - Sensory Bins</p> <p>2:30 - Friday Movie/Snacks</p> <p>5:00 - Jigsaw Puzzles</p>	<p>14</p> <p>9:30 - Sit & Be Fit</p> <p>10:15 - Daily Chronicles, Discussion & Devotional</p> <p>12:00 - Color Pencil Art</p> <p>2:00 - Saturday Social</p> <p>3:00 - Music and Coloring</p> <p>6:00 - Saturday Night Movie</p>
<p>FAMILY BRUNCH 15</p> <p>9:30 - Daily Chronicles, Discussion & Devotional</p> <p>10:00 - Virtual Church Worship</p> <p>11:00 - FAMILY BRUNCH (MDR)</p> <p>12:15 - Trivia</p> <p>2:00 - Coffee, Cocoa & Creativity Club</p> <p>5:00 - Evening Relaxation & Refreshment</p>	<p>16</p> <p>9:45- Ball Drumming in Theater</p> <p>10:15 - Daily Chronicles, Discussion & Devotional</p> <p>10:30 - Communion</p> <p>12:30 - Yahtzee</p> <p>2:00 - Cookies & Coffee w/our Vets (everyone is invited)</p> <p>5:00 - Evening Relaxation & Refreshment</p>	<p>ST. PATRICK'S DAY 17</p> <p>9:30 - Stretch Exercise</p> <p>10:00 - Morning Sip & Chat</p> <p>10:15 - Daily Chronicles, Discussion & Devotional</p> <p>10:30 - Ax Toss</p> <p><u>12:30 - BINGO</u></p> <p>1:30 - Entertainment (MDR)</p> <p>2:30 - New Resident Welcome Social</p> <p>5:00 - Evening Relaxation & Refreshment</p>	<p>9:30 - Let's Get Physical 18</p> <p>10:00 - Morning Sip & Chat</p> <p>10:15 - Daily Chronicles, Discussion & Devotional</p> <p>12:30 - Piano w/Jack</p> <p>1:30 - Craft Time - Painting</p> <p>2:30 - Happy Hour</p> <p>5:00 - Classic TV Shows</p>	<p>9:30 - Strength Exercise 19</p> <p>10:00 - Morning Sip & Chat</p> <p>10:15 - Daily Chronicles Discussion & Devotional</p> <p>12:30 - <u>Salty Snack Bingo</u></p> <p>2:00 - Ice Cream Social (Shamrock Milkshakes)</p> <p>2:30 - Coloring pages</p> <p>5:00 - Evening Relaxation & Refreshment</p>	<p>9:30 - Living Lively with Robert 20</p> <p>10:00 - Morning Sip & Chat</p> <p>10:15 - Daily Chronicles, Discussion & Devotional</p> <p>12:30 - Resident Council</p> <p>1:00 - Air Fryer Friday</p> <p>2:30 - Word in a Word</p> <p>5:00 - Jigsaw Puzzles</p>	<p>21</p> <p>9:30 - Sit & Be Fit</p> <p>10:15 - Daily Chronicles, Discussion & Devotional</p> <p>12:00 - Color Pencil Art</p> <p>2:00 - Saturday Social</p> <p>3:00 - Music and Coloring</p> <p>6:00 - Saturday Night Movie</p>
<p>9:30 - Daily Chronicles, Discussion & Devotional 22</p> <p>10:00 - Virtual Church Worship</p> <p>12:15 - Trivia</p> <p>2:00 - Coffee, Cocoa & Creativity Club</p> <p>5:00 - Evening Relaxation & Refreshment</p>	<p>Nat'l Chip & Dip Day 23</p> <p>9:30 - Monday Moves</p> <p>10:00 - Morning Sip & Chat</p> <p>10:15 - Daily Chronicles, Discussion & Devotional</p> <p>10:30 - Communion</p> <p>12:30 - Beauty Shop Social</p> <p>2:00 Chips & Dip</p> <p>5:00 - Evening Relaxation & Refreshment</p>	<p>9:30 - Stretch Exercise 24</p> <p>10:00 - Morning Sip & Chat</p> <p>10:15 - Daily Chronicles, Discussion & Devotional</p> <p>10:30 - Twister Toss</p> <p>1:00 - Culinary Showcase w/Chef Allen (Bistro)</p> <p><u>2:00 - BINGO</u></p> <p>5:00 - Evening Relaxation & Refreshment</p>	<p>9:30 - Let's Get Physical 25</p> <p>10:00 - Morning Sip & Chat</p> <p>10:15 - Daily Chronicles Discussion & Devotional</p> <p>12:30 - Jewelry Beading</p> <p>2:00 - Snacks & Chat</p> <p>5:00 - Classic TV Shows</p>	<p>9:30 - Strength Exercise 26</p> <p>10:00 - Morning Sip & Chat</p> <p>10:15 - Daily Chronicles, Discussion & Devotional</p> <p>12:30 - How it's Made</p> <p>1:00 - Hang Man</p> <p>2:00 - Ice Cream Social</p> <p>5:00 - Evening Relaxation & Refreshment</p>	<p>9:30 - Living Lively with Robert 27</p> <p>10:00 - Morning Sip & Chat</p> <p>10:15 - Daily Chronicles Discussion & Devotional</p> <p>12:30 One on Ones</p> <p>1:30 - Entertainment (MDR)</p> <p>2:30 - Coloring Pages</p> <p>5:00 - Jigsaw Puzzles</p>	<p>28</p> <p>9:30 - Sit & Be Fit</p> <p>10:15 - Daily Chronicles, Discussion & Devotional</p> <p>12:00 - Color Pencil Art</p> <p>2:00 - Saturday Social</p> <p>3:00 - Music and Coloring</p> <p>6:00 - Saturday Night Movie</p>
<p>9:30 - Daily Chronicles, Discussion & Devotional 29</p> <p>10:00 - Virtual Church Worship</p> <p>12:15 - Trivia</p> <p>2:00 - Coffee, Cocoa & Creativity Club</p> <p>5:00 - Evening Relaxation & Refreshment</p>	<p>9:30 - Monday Moves 30</p> <p>10:00 - Morning Sip & Chat</p> <p>10:15 - Daily Chronicles, Discussion & Devotional</p> <p>10:30 - Communion</p> <p>12:30 - Beauty Shop Social</p> <p>2:30 - Mobile Cookie Cart w/Jaclyn</p> <p>5:00 - Evening Relaxation & Refreshment</p>	<p>9:30 - Stretch Exercise 31</p> <p>10:00 - Morning Sip & Chat</p> <p>10:15 - Daily Chronicles, Discussion & Devotional</p> <p><u>12:30 - BINGO</u></p> <p>2:00 - Craft Time!</p> <p>5:00 - Evening Relaxation & Refreshment</p>				