

Woodlawn Meadows

Assisted Living

March 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 Cranium Crunches & Word Puzzles (SL) 2:00 Card Games (D) 3:00 Puzzles (A) 6:00 Read & Relax (SL)	Maintenance Worker Appreciation Week 2 10:30 Chair Exercise (D) 12:45 Wii Bowling (A) 1:30 Movie Mondays: (D) 3:00 Denim Craft (D) 3:30 April Calendar Review (D)	3 9:00 Men's Group (A) 10:30 Movement with Morgan (D) 11:00 Tuesday with Tom (D) 2:30 Candy Bingo (D) 3:30 Cards (D)	4 10:30 Chair Exercise (D) 12:30 Wii Bowling (A) 1:30 Church Service with United Methodist (D) 3:30 TED Talk: Talk Back (A)	5 9:45 Prayer Service (D) 10:45 Stand & Stretch (D) 2:30 Candy Bingo (D) 3:30 Resident Council (D)	Denim for Dementia 6 10:30 Chair Exercise (D) 11:00 Culinary Conversations (D) 12:45 Wii Bowling (A) 1:30 Penny Bingo (D) 3:00 New Resident Welcome Party (D)	7 11:00 Coffee & Conversation (D) 2:00 Card Games (D) 3:30 Uno (D) 6:00 Jigsaw Puzzles (A)
Daylight Savings Time 8 10:30 Cranium Crunches & Word Puzzles (SL) 2:00 Card Games (D) 2:30 Daylight Savings Cart (M/C) 3:00 Puzzles (A) 6:00 Read & Relax (SL)	9 10:30 Chair Exercise (D) 12:45 Wii Bowling (A) 1:45 Nail Painting (D) 3:00 Tabletop Games (D)	10 10:30 Movement with Morgan (D) 11:30 Dynasty Buffet (O) 2:30 Candy Bingo (D) 3:30 St. Patrick's Day Trivia (A)	11 9:30 Gordon's Group (D) 10:30 Chair Exercise (D) 12:30 Wii Bowling (A) 1:30 Church Service with United Methodist (D) 3:00	Plant a Flower Day 12 9:45 Prayer Service (D) 10:45 Stand & Stretch (D) 2:30 Candy Bingo (D) 3:00 Planting Flowers (D)	Quincy's Birthday 13 10:30 Chair Exercise (D) 11:00 Root beer float Social (D) 12:45 Wii Bowling (A) 1:30 Penny Bingo (D) 3:00 Tabletop Games (D)	Pie Day 14 11:00 Coffee, Pie & Conversation (D) 2:00 Card Games (D) 3:30 Uno (D) 6:00 Jigsaw Puzzles (A)
15 10:30 Cranium Crunches & Word Puzzles (SL) 2:00 Card Games (D) 3:00 Puzzles (A) 6:00 Read & Relax (SL)	Meryl's Birthday 16 10:30 Chair Exercise (D) 12:30 Wii Bowling (A) 1:30 Movie Mondays: The Sting (D) 2:00 Ladies Group (A) 2:30 Jami's Journey (D) 3:30 Tabletop Games (D)	St. Patrick's Day 17 9:00 Veteran's Group with Dan (A) 10:30 Movement with Morgan the Leprechan (D) 11:00 Culinary Showcase (D) 2:00 Candy Bingo (D) 3:00 St. Patrick's Social (D)	18 10:30 Chair Exercise (D) 12:30 Wii Bowling (A) 1:30 Church Service with United Methodist (D) 2:00 Arnold Audiology Visit (S) 3:00 Music with Chris (D)	19 9:45 Prayer Service (D) 10:45 Phase 10 Lesson (D) 1:45 Stand and Stretch (D) 2:30 Candy Bingo (D) 3:30 Yahtzee (D)	Spring Equinox 20 10:30 Chair Exercise (D) 12:45 Wii Bowling (A) 1:30 Penny Bingo (D) 3:00 Spring Equinox Social (D)	21 11:00 Coffee & Conversation (D) 2:00 Card Games (D) 3:30 Uno (D) 6:00 Jigsaw Puzzles (A)
Wacky Sock Day JoAnn's Birthday 22 10:30 Cranium Crunches & Word Puzzles (SL) 2:00 Card Games (D) 3:00 Puzzles (A) 6:00 Read & Relax (SL)	Floral Day 23 10:30 Chair Exercise (D) 11:30 Pizza Hut (O) 1:45 Nail Painting (D) 3:00 Table top Games (D)	Tacky Tourist Day 24 10:30 Movement with Morgan (D) 11:00 Trivia (A) 2:30 Candy Bingo (D) 3:30 Crazy Dice (D)	Woodlawn Blue Day Val's Birthday 25 10:30 Chair Exercise (D) 12:30 Wii Bowling (A) 1:30 Church Service with United Methodist (D) 3:00 TED Talk: Talk Back (A)	Twin Day Gloria & MacKenzie's Birthday 26 9:45 Prayer Service (D) 10:45 Stand & Stretch (D) 1:15 Story Sojourn with Jan (A) 2:30 Candy Bingo (D) 3:30 Royal Trivia (A)	Pajama Day 27 10:30 Chair Exercise (D) 12:45 Wii Bowling (A) 1:30 Penny Auction (D) 3:00 Resident Birthday Party (D)	Decades Day 28 11:00 Coffee & Conversation (D) 2:00 Card Games (D) 3:30 Crafting Chaos (D) 6:00 Jigsaw Puzzles (A)
29 10:30 Cranium Crunches & Word Puzzles (SL) 2:00 Card Games (D) 3:00 Puzzles (A) 6:00 Read & Relax (SL)	30 10:30 Chair Exercise (D) 12:30 Wii Bowling (A) 1:30 Movie Mondays: Downton Abbey (D) 3:30 Conversation Card Social (D)	Live Like Royalty 31 9:30 A Royal Crowning (M/C) 10:30 Movement with Morgan (D) 11:00 Make Your Own British Tea (D) 1:30 Candy Bingo (D) 2:00 Royal Dressing (M/C) 2:30 Royal Photos (D) 3:00 The Buckingham Ball (D)				

Calendar Key:
GNG- Grab & Go Wall File by Activity Roo,
SL- Self Lead

RL – Resident Lead
D – Dining Room
A – Activity Room
O – Off-site

M/C – Apartments or Mobile Cart that goes to each apartment or around common areas

S – Hair Salon
P – Front Porch/Outside

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Memory Care

March 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 11:00 Morning Movement 11:45 Morning Meeting 2:30 Snacks and Socialize 3:30 Mindful Music	2 Maintenance Worker Appreciation Week 9:30 Sunrise Meditation 10:30 Chair Exercise 11:30 Morning Meeting 2:00 Prize Bingo 3:30 Word Puzzles	3 9:30 Sunrise Meditation 10:30 Music with George 11:30 Chair exercise 1:30 Reminiscing Group 3:30 Nail Painting	4 9:30 Sunrise Meditation 10:00 Chair Exercise 11:00 Morning Meeting 1:30 Baker's Batch 3:30 Treats with Friends	5 9:30 Sunrise Meditation 10:00 Music with Ruthie 11:15 Morning Meeting 1:45 Movement with Morgan 3:30 Nail Painting	6 Denim for Dementia 9:30 Sunrise Meditation 10:00 Morning Movement 11:00 Morning Meeting 2:15 Culinary Conversations 4:00 New Resident Welcome Party	7 10:30 Bible Study with Alan 11:15 Morning Movement 2:30 Afternoon Meeting 3:30 Mindful Music
8 Daylight Savings Time 11:00 Morning Movement 11:45 Morning Meeting 1:30 Daylight Savings Cart 2:30 Snacks and Socialize 3:30 Mindful Music	9 9:30 Sunrise Meditation 10:30 Chair Exercise 11:30 Morning Meeting 2:00 Prize Bingo 3:00 Table Top Games	10 9:30 Sunrise Meditation 10:30 Music with George 11:30 Chair exercise 1:30 Morning Meeting 3:30 Balloon Volleyball	11 9:30 Sunrise Meditation 10:00 Chair Exercise 10:30 Gordon's Group 11:30 Morning Meeting 1:30 Baker's Batch 3:00 Treats with Friends	12 Plant a Flower Day 9:30 Sunrise Meditation 10:00 Chair Exercise 11:00 Morning Meeting 1:45 Movement with Morgan 3:30 Planting Flowers	13 Quincy's Birthday 9:30 Sunrise Meditation 10:00 Morning Movement 11:00 Morning Meeting 3:30 Root beer float Social	14 Pie Day 10:30 Bible Study with Alan 11:15 Morning Movement 2:30 Afternoon Meeting 3:30 Mindful Music
15 11:00 Morning Movement 11:45 Morning Meeting 2:30 Snacks and Socialize 3:30 Mindful Music	16 9:30 Sunrise Meditation 10:30 Chair Exercise 11:30 Morning Meeting 2:00 Prize Bingo 3:30 Jami's Journey	17 St. Patrick's Day 9:30 A Lucky Mediation in the Morning 10:30 Music with George 11:30 Chair exercise with Leperchan Chelsea 3:30 Culinary Showcase 4:00 St. Patrick's Day Social	18 9:30 Sunrise Meditation 10:00 Chair Exercise 11:00 Morning Meeting 1:30 Baker's Batch 3:30 Treats with Friends	19 9:30 Sunrise Meditation 10:00 Movement with Morgan 11:15 Morning Meeting 1:45 Chair Exercise 3:30 Spring Craft	20 Spring Equinox 9:30 Sunrise Meditation 10:30 Morning Movement 11:00 Morning Meeting 3:30 Spring Equinox Social	21 10:30 Bible Study with Alan 11:15 Morning Movement 2:30 Afternoon Meeting 3:30 Mindful Music
22 Wacky Sock Day 11:00 Morning Movement 11:45 Morning Meeting 2:30 Snacks and Socialize 3:30 Mindful Music	23 Floral Day 9:30 Sunrise Meditation 10:30 Chair Exercise 11:00 Morning Meeting 2:00 Prize Bingo 3:30 Word Puzzles	24 Tacky Tourist Day 9:30 Sunrise Meditation 10:30 Music with George 11:30 Morning Meeting 1:30 Reminiscing Group 3:30 Nail Painting	25 Woodlawn Blue Day Val's Birthday 9:30 Sunrise Meditation 10:00 Chair Exercise 11:00 Morning Meeting 1:30 Baker's Batch 3:00 Treats with Friends	26 Twin Day MacKenzie's Birthday 9:30 Sunrise Meditation 10:00 Chair Exercise 11:00 Daily Chronicles 1:45 Movement with Morgan 3:30 Allison's Academy	27 Pajama Day 9:30 Sunrise Meditation 10:00 Morning Movement 11:00 PJ Party 3:30 Resident Birthday Party	28 Decades Day 10:30 Bible Study with Alan 11:15 Morning Movement 2:30 Afternoon Meeting 3:30 Mindful Music
29 11:00 Morning Movement 11:45 Morning Meeting 2:30 Snacks and Socialize 3:30 Mindful Music	30 9:30 Sunrise Meditation 10:30 Chair Exercise 11:00 Morning Meeting 2:00 Prize Bingo 3:00 Table Top Games	31 Live Like Royalty 9:30 Royal Meditation 10:30 Music with George 11:30 Spill the British Tea 1:30 Our Knights in Shinning Armour 2:30 Royal Dressing 3:00 Royal Photos 3:30 The Buckingham Ball				

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