StoryPoint-Urbandale

Residential Care Community

March 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10a Morning Refresh 10:30a News/Current Events 11a Church w. Spiritual Eldercare 2p Cards for our Maintenance Workers! 3:30p Celebrate Your Name Day! 6p Hymn Sing Along	**2** 10a Mindfulness and Stretching 11a Junk Drawer Detective 2p Kitchen Cadets-Banana Cream Pie Parfaits 3:30p Butterfly and Flower Suncatchers 6p Family Connection (OS) 6p Coloring Meditation	**Sunshine State Day! 3** 10a Seated Zumba 11a Ticketless Travel-Florida! 2p Church w. Jerry-AR 3:30p Make Our Own Orange Juice! 6p Puzzles and Word Games	**4** 10a Wellness Workout 11a Marching Band Day-Best Halftime Shows 2p Country Drive 2p Table Games 3:30p Name that Instrument! 6p Wednesday Westerns	**5** 10a ElderCare Seated Exercises 11a Rainbow Twirlers Decoration 2p Spintopia!-Music 3:30p Finish Rainbow Twirlers Decor 6p Book Club	**6** 10a Friday Fitness 11a Kitchen Cadets-AR 2p Adventures in Social Drumming-DR 3:30p Fancy Fingers 6p Feature Friday!	**7** 10a Morning Refresh 10:30a News/Current Events 11a Life Skills 2p St. Patrick's Day Garland 3:30p The Story of St. Patrick 6p Hand Massages
Daylight Savings 8 10a Morning Refresh-AR 10:30a News/Current Events-AR 11a Threading the Rainbow 2p Table Games 3p Foy School of Irish Dance Performance! (MD) 6p Hymn Sing Along	**International Women's Day! 9** 10a Mindfulness and Stretching 11a Who Am I- Women's History 2p Rosie the Riviter Photo Shoot and Coloring 3:30p Black and White and Cute All Over: Giant Pandas 6p Coloring Meditation	**Pack a Lunch Day 10** 10a Dave and Belle 11a Table Games 12p Picnic Lunch 2p Church w. Jerry-AR 3:30p Lucky Bag of Kisses 6p Puzzles and Word Games	**Happy Belated Dr. Seuss 11** 10a StoryPoint Story Time w. Kidz Corner Daycare 11a Fox in Socks Sock Sorting 2p Blank Park Zoo Visit (AR) 3:30p Cat in the Hat Stack 6p Wednesday Westerns	**12** 10a ElderCare Seated Exercises 11a Spintopia! St. Patrick's Day! 2p Travelouge- Ireland and the Blarney Stone 3p Performance w. Tom Hofer! (MD) 3:30p Spring Garland 6p Book Club	**13** 10a Friday Fitness 11a Kitchen Cadets 2p Sing Along w. Karin 3:30p Fancy Fingers 6p Feature Friday!	**14** 10a Morning Refresh-AR 10:30a News/Current Events 11a Pi Day Bracelet and Facts 2p Circle Up Ring Toss 3:30p The History of Pi(e) 6p Hand Massages
15 10a Morning Refresh-AR 10:30a News/Current Events-AR 11a Church w. Spiritual Eldercare 2p Grimm's Fairy Tales-Read Aloud 3:30p Where in the World-Google Earth 6p Hymn Sing Along	**16** 10a Mindfulness and Stretching 11a The History of the Icons of St. Patrick's Day 2p Shamrock Door Decor! 3:30p Truth or Blarney 6p Coloring Meditation	**St. Patrick's Day 17** 10a Leapin' Leprecaun Workout! 11a Lucky Charm Launch! 2p Church w. Jerry-AR 3:30p St. Patrick's Day Shennanigans! 6p Puzzles and Word Games	**18** 10a Wellness Workout 11a Remembering Handy Work, Honey Do Lists, and Garage Time 2p Country Drive 2p Table Games 3p Music w. David Watson! (MD) 4:30p Lenten Devotionals 6p Wednesday Westerns	**19** 10a ElderCare Seated Exercises 11a Spintopia!- Women's History 2p Musical Instrument Demo w. Band Director, Marcus Price! 3:30p Hymns w. Karin 4:30p Lenten Devotionals 6p Book Club	**Girl Scout Day! 20** 10a Parachute Ball 11a Kitchen Cadets 2:30p The History Of Girl Scouts and Girl Scout Cookie Tasting! 3:30p Fancy Fingers 4:30p Lenten Devotionals 6p Feature Friday!	**21** 10a Morning Refresh 10:30a News/Current Events 11a Crazy Paper Quilt Squares 2p Table Games 3:30p Movie Matinee 4:30p Lenten Devotionals 6p Hand Massages
22 10a Morning Refresh-AR 10:30a News/Current Events-AR 11a Church w. Spiritual Eldercare 2p Easter Door Hangers 3:30p History of Coca-Cola 4:30p Lenten Devotionals 6p Hymn Sing Along	**23** 10a Mindfulness and Stretching 11a Filling Easter Eggs 2p No Sew Easter Bunny Craft 3:30p Spintopia-Easter 4:30p Lenten Devotionals 6p Coloring Meditation	**24** 10a Seated Zumba 11a Who am I?- Women's History 12p Fellows and Food 2p Church w. Jerry-AR 3:30p Women's History w. Bob and Joyce! 4:30p Lenten Devotionals 6p Puzzles and Word Games	**25** 10a Wellness Workout 11a Dying Easter Eggs 2p StoryPoint Memorial Service w. Pastor Jerry 3:30p Gardening Club 4:30p Lenten Devotionals 6p Wednesday Westerns	**Outdoor Sports Day 26** 10a ElderCare Seated Exercises 11a Spintopia-Sports 12p Ladies Lunch Bunch 2p Finish the Sports Phrase 3:30p Games on the Patio 4:30p Lenten Devotionals 6p Book Club	**27** 10a Skipping Through Spring Workout 11a Kitchen Cadets 2p Country of the Day 3p March Birthday Party with Musical Guest Kim Willer! (MD) 3:30p Fancy Fingers 4:30p Lenten Devotionals 6p Feature Friday!	**EASTER EGG HUNT! 28** 10a StoryPoint Easter Egg Hunt! 11a News/ Current Events 2p Around the Quilting Table 3:30p Sing-Along w. Karin 4:30p Lenten Devotionals 6p Hand Massages
Palm Sunday 29 10a Morning Refresh-AR 10:30a News/Current Events-AR 11a Church w. Spiritual Eldercare 2p Easter Carrot Garland 3:30p Life Skills 4:30p Lenten Devotionals 6p Hymn Sing Along	**30** 10a Mindfulness and Stretching 11a DIY Bird Feeders 2p Table Games 3:30p Welcome Back Birds!-Bird Watching and Hanging Bird Feeders 4:30p Lenten Devotionals 6p Coloring Meditation	**31** 10a Seated Zumba 11a Blessing Bags for Local Women's Shelter 2p Church w. Jerry-AR 3:30p National Symphony Day- Virtual Symphony Concert 4:30p Lenten Devotionals 6p Puzzles and Word Games	**Daily Activities** 10:30a Morning Hydration 12p Lunch 3p Afternoon Refresh 5p Supper	**Resident Birthdays** 10th - Elaine L. 21st - Margie V.		

Calender Key:
AR– Activity Room
CY – Courtyard
FD – Front Dining Room
L – Library
FR – Fitness Room
H – Hallways
MD – Main Dining Room
O – Off Site

Outings are dependent on weather

Karin Price, Life Enrichment Director
karin.price@storypoint.com
515.823.0530

StoryPoint Senior Living