

Glen Abbey Assisted Living and Memory Care

April 2026

Assisted Living

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 11:00 Cardio Drumming 2:00 April Fools Shenannigans 3:00 Manicures and Hand Massages 6:00 The Parent Trap Movie	2 11:00 Zumba 2:00 Spring Door Wreath Craft (CR) 4:00 Card Games 6:00 Music and Breathing Exercises	3 11:00 Chair Stretches 1:00 Tigers Opening Home Game 3:00 Bingo 6:00 Coloring and Evening Chat	4 11:00 Chair Stretches 2:00 Name That Tune 4:00 Yahtzee 6:00 Movie-Resident Choice
Easter 5 10:00 Church Service (L) 11:00 Chair Stretches 2:00 Easter Egg Hunt 6:00 Evening Reflection	Caroline's Birthday 6 11:00 Resistance Bands 2:00 Paint and Pour 4:00 Balloon Volleyball 6:00 Aromatherapy and Relaxation	7 11:00 Chair Exercise 2:00 Bingo 4:00 Book Club 6:00 Coloring and Evening Chat	8 11:00 Cardio Drumming 2:00 Bracelet Making 4:00 Floor Hockey 6:00 Relaxation Music	9 11:00 Zumba 2:00 Garden Club (O) 3:00 Garden Rock Painting 6:00 Breathing Exercises	10 11:00 Chair Stretches 2:00 Bingo 4:00 New Resident Welcome Party 6:00 Evening Tea and Conversation	11 11:00 Zumba 12:30 Josh Men's Group 2:00 Spring Craft 5:30 TV Show (L)
12 10:00 Church Service (L) 11:00 Chair Zumba 2:00 Board Games 6:00 Music and Breathing Exercises	13 11:00 Resistance Bands 2:00 Afternoon Tea Party 4:00 Bowling 6:00 Poetry Reading	14 11:00 Chair Exercise 2:00 Bingo 4:00 Book Club 6:00 Evening Tea and Conversation	15 11:00 Cardio Drumming 2:00 Christine Shrinker 4:00 Snacks with Sarah 6:00 Popcorn and Movie	16 11:00 Zumba 2:00 Bingo 4:00 Card Games 6:00 Aromatherapy and Relaxation	17 11:00 Chair Stretches 11:00 Casper Therapy Dog 2:00 Culinary Showcase 4:00 Axe Throwing 6:00 Relaxation Meditation	18 11:00 Resistance Bands 2:00 Kickball 4:00 Uno 6:00 Movie-Resident Choice
19 10:00 Church Service (L) 11:00 Chair Exercise 2:00 Manicures and Hand Massage 6:00 Evening Movie-Resident Choice	20 11:00 Resistance Bands 2:00 Bingo 4:00 Drinks with Netta and Alicia 6:00 Short Story Read-Along	21 11:00 Chair Exercise 2:00 Jeopardy 4:00 Book Club 6:00 Card Games	Joy's Birthday 22 11:00 Cardio Drumming 2:00 Earth Day Tree and Flower Planting 4:00 Chair Kickball 6:00 Movie-Resident Choice	23 11:00 Zumba 2:00 Garden Club (O) 4:00 Resident Council Meeting 6:00 Coloring and Evening Chat	24 11:00 Chair Stretches 2:00 Bingo 4:00 Resident Birthday Bash 6:00 Music and Breathing Exercises	25 11:00 Chair Stretches 2:00 Floor Hockey 4:00 Dice Games 6:00 Coloring and Evening Chat
26 10:00 Church Service (L) 11:00 Chair Zumba 2:00 Board Games 6:00 Aromatherapy and Breathing Exercises	Living Like Royalty 27 11:00 Resistance Bands 12:00 Royal Gathering Lunch 2:00 Crown or Sword Carft 4:00 Trivia 6:00 King Arthur	28 11:00 Chair Exercise 2:00 Pirate Bingo 4:00 Treasure Hunt 5:00 Pirate Dinner Party 6:00 Pirates of the Carribean Movie	29 11:00 Cardio Drumming 2:00 Carnival Games 4:00 Riddles and Jokes 6:00 The Princess Bride Movie	Audrey' Birthday 30 11:00 Pool Noodle Jousting 2:00 Shield Decorating 4:00 Fairytale Story Circle 6:00 A Knights Tale Movie		

Calender Key:

MD – Main Dining
MC – Memory Care
PD – Private Dining

CD – Cooking Room
L – Lobby
P - Patio
O - Outside

B- Beauty Salon

H- Hall
CR-Community Room

Breakfast:
8:00am

Lunch:
12:00pm

Dinner:
5:00pm