

Independence Village of Ames

Assisted Living

April 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			April Fools Day Passover 10:30 Chair Yoga(CH/TV) 2:00 Live Entertainment with Neil Hewitt (IF-F) 3:00 Guess Who's Baby Picture: Staff Addition (CH/TV) 6:15 Bev's Movie (MC)	9:30 Walmart (CO) 2 10:30 Balloon Volleyball (CH/TV) 1:30 BINGO (DR) 3:00 Duck Pin Bowling at the 60 Foward Center (CO) 6:30 Thursday Night Bible Study (CYH)	Good Friday 3 10:30 Zumba (CH/TV) 2:00 Easter Egg Decorating (CH/TV) 3:00 Happy Hour: Spring Mule Social (CYH) 6:15 Resident Chosen Movie (CH/TV)	10:30 Sit & Be Fit (CH/TV) 4 1:00 Pack Lunches for the Homeless (CH/TV) 3:00 Popcorn and Conversation (CYH) 6:15 Movie: Field of Dreams (Netflix) (CH/TV)
Easter Sunday 5 10:15 Catholic Communion (CH/TV) 10:30 Sit & Be Fit (CYH) 1:00 Easter Discussion / Letters of Gratitude (CH/TV) 2:00 Church with Russ (CH/TV) 6:15 Resident Chosen Movie (CH/TV)	10:30 Exercise With Kessa 6 (CH/TV) 2:00 Let's Play: Cards Against Humanity (CYH) 3:00 Garden Club (PO) 6:15 Movie: Erin Brockovich (Netflix) (CH/TV)	10:30 Sit & Be Fit (CH/TV) 7 2:00 Music and Manicures (CH/TV) 3:00 Resident Council (LIB) 6:00 Dementia Support Group (AR)	10:30 Chair Yoga (CH/TV) 8 2:00 Men's Coffee Social 3:00 Resident & Staff Talent Show (CH/TV) 6:00 Easter Happy Hour / Easter Egg Hunt (IF-F) 6:15 Bev's Movie (MC)	9:30 Dollar General (CO) 9 10:30 Cardio Drumming (CH/TV) 1:30 BINGO (DR) 3:00 Live Entertainment with Paul Headly (IF-F) 6:30 Thursday Night Bible Study (CYH)	10:30 Zumba (CH/TV) 10 2:00 Write Letters to our Volunteer's for National Volunteer Month (CH/TV) 3:00 Pastels and Prosecco Happy Hour (CYH) 6:15 Resident Chosen Movie (CH/TV)	10:30 Sit & Be Fit (CH/TV) 11 1:00 Family Feud (CH/TV) 3:00 Spring Musical at Iowa State (CO) 6:15 Movie: Goldfinger 007 (Netflix) (CH/TV)
10:15 Catholic Communion (CH/TV) 12 10:30 Sit & Be Fit (CYH) 1:00 Lemonade Social (PO) 2:00 2nd Sunday Church (CH/TV) 6:30 Resident Chosen Movie (CH/TV)	8:30 Veterans Breakfast (CH/TV) 13 10:30 Exercise With Kessa (CH/TV) 2:00 Let's Play: Mexican Train (CYH) 3:00 Garden Club (PO) 6:15 Movie: Priscilla (Netflix) (CH/TV)	10:30 Sit & Be Fit (CH/TV) 14 2:00 Bookmark Making (CH/TV) 3:00 Resident Forum/ Staff Q&A (IF-F) 6:00 Music Night With Carol (MC)	Tax Day 15 10:30 Chair Yoga (CH/TV) 1:00-3:00 Foot Clinic (Sign Up Required*) (CYH) 2:00 Live Entertainment with Neil Hewitt (IF-F) 3:00 Intern Olympics (CH/TV) 6:15 Bev's Movie (MC)	9:30 Walmart (CO) 16 10:30 Balloon Volleyball (CH/TV) 1:30 BINGO (DR) 3:00 Live Entertainment with David Watson (IF-F) 6:30 Thursday Night Bible Study (CYH)	10:30 Zumba (CH/TV) 17 2:00 Comedy Special: Your Friend, Nate Bargatze (Netflix) (CH/TV) 3:00 Picnic and Punch Happy Hour (PO) 6:15 Resident Chosen Movie (CH/TV)	10:30 Sit & Be Fit (CH/TV) 18 1:00 Resident Spotlight (IF-F) 3:00 Puzzle Time with Friends (2F-F) 6:15 Movie: Dr. No (Netflix) (CH/TV)
10:15 Catholic Communion (CH/TV) 19 10:30 Sit & Be Fit (CYH) 1:00 Lets play Telephone (IF-F) 2:00 Church Worship with John (CH/TV) 6:15 Resident Chosen Movie	10:30 Exercise With Kessa 20 (CH/TV) 2:00 Lets Play: Crazy 8's 3:00 Garden Club (PO) 6:15 Movie: The Iron Claw (Netflix) (CH/TV)	10:30 Sit & Be Fit (CH/TV) 21 2:00 Paint Flower Pots (CH/TV) 3:00 Nurse Chat (CH/TV) 6:00 Music Night With Carol (MC)	Earth Day 22 10:30 Chair Yoga (CH/TV) 2:00 Corn Hole and Lemonade (PO) 3:00 Flower Bar (IF-F) 6:15 Bev's Movie (CH/TV)	9:30 Walmart (CO) 23 10:30 Balloon Volleyball (CH/TV) 1:30 BINGO (DR) 3:00 Live Entertainment with Tom Hoffer (IF-F) 6:30 Thursday Night Bible Study (CYH)	10:30 Zumba (CH/TV) 24 1:30 Reiman Gardens (CO) 3:00 New Resident Happy Hour (CYH) 6:15 Resident Chosen Movie (CH/TV)	10:30 Sit & Be Fit (CH/TV) 25 1:00 Ice Cream Sundae Bar (IF-F) 3:00 Popcorn and Conversation (CYH) 6:15 Movie: Mary Poppins (Disney Plus) (CH/TV)
10:15 Catholic Communion (CH/TV) 26 10:30 Sit & Be Fit (CYH) 1:00 Cookies & Lemonade (PO) 2:00 Church Worship with Pastor Dave (CH/TV) 6:15 Resident Chosen Movie (CH/TV)	10:30 Exercise With Kessa 27 (CH/TV) 2:00 Let's Play: Pictionary (IF-F) 3:00 Garden Club (PO) 6:15 Movie: Train Dreams (Netflix) (CH/TV)	Pajama Day 28 10:30 Sit & Be Fit (CH/TV) 2:00 PJ Picnic (PO) 3:00 Garden Magazine Collage (CH/TV) 6:00 Music Night With Carol (MC)	10:30 Chair Yoga (CH/TV) 29 2:00 Ladies Tea Party (PO) 3:00 Spring Soap Making (CH/TV) 6:15 Bev's Movie (CH/TV)	9:30 Target (CO) 30 10:30 Cardio Drumming (CH/TV) 1:30 BINGO (DR) 3:00 Duck Pin Bowling At The 60 Forward Center (CO) 6:30 Thursday Night Bible Study (CYH)		

Calendar Key:
 AR – Activities Room
 CYH – CyHawk Room
 CH/TV – Chapel/TV Room

CY – Courtyard
 IF-F – 1st Floor Fireplace
 2F-F – 2nd Floor Fireplace
 DR – Dining Room

PDR– Private Dining Room
 PO - Patio
 LIB – Library
 CO – Community Outing

2F - 2nd Floor Area
 TYD - To Your Door
 * - Sign Up for Activity!!

Please Note: Calendars are made far in advance and changes may be made throughout the course of the month. Check the daily notices posted & weekly calendars will also be distributed.