

Grace Haven Assisted Living and Memory Care

Assisted Living | Comfort Care

April 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			April Fool's Day 1 10:30 Sit and Stretch (MC) 12:00 Surprise Lunch 1:45 Manicures (PD) 3:15 Music with Wendy (MC) 6:00 Happy Hour: April Fool's Drinks (L)	2 10:30 Men's Group with Haden: Burrito's 1:15 Egg-celent Easter Bingo 2:00 Games (MD) 3:30 Exercise (MD) 5:45 Aromatherapy (MC)	3 10:30 Erica and Lacey Therapy 12:00 Family Easter Brunch 3:30 Tigers Opening Day Party (MC) 5:45 Punch, Popcorn, and Puzzles (MC)	Myra's 100th Birthday! 4 10:30 Golden Zumba Exercise (MC) 1:00 Two Truths and a Lie Game (MC) 2:30 Crosswords and Cocktails (L) 5:45 Chicken Soup Story
Happy Easter! 5 10:30 Church Service and Songs (MC) 1:00 One on One Chats 2:30 Church Group Singing and Chat (MD) 5:30 Indoor Walking Club (H)	Dorothy's Birthday 6 10:30 Caramel Popcorn Mobile Cart 1:15 Bingo (MD) 2:00 Games (MD) 3:30 Exercise (MD) 5:45 New Beer's Eve Mini Rootbeer Floats (MC)	Nicole's Birthday 7 10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean 12:00 Beer Lunch 3:00 Briggs Library (PD) 5:30 Meditation Exercise and Calm Sounds (MC)	8 10:30 Haden's Safety Seminar (L) 11:15 Simple Stretches(MC) 1:00 Manicures (B) 2:00 Walter Thelen and His Muscial Group (MD) 6:00 Happy Hour: Mix Up(L)	9 10:30 Jen and Frankie Therapy 1:00 Resident Activity Meeting (PD) 2:00 Games (MD) 3:30 Exercise (MD) 5:45 Royal Talk (MC)	Tammy's Birthday 10 10:00 Myra's 100 th Birthday Dream Big! 1:15 100th Birthday Bingo Bash (MD) 3:15 Music with Marty (MD) 5:45 Resistance Band Exercise (MC)	DJ's Birthday 11 10:30 April Humor and Comedy (MC) 1:30 National Pet My Pet Day (L) 3:30 Balloon Badminton (MC) 5:45 Euchre Games (CD)
12 10:30 Church Service and Songs (MC) 1:00 Mara and Friends Flowers 2:00 Meditation Exercise (MC) 5:45 Royal Movie (MC)	13 10:30 Cheesey Lines (MC) 12:00 Grilled Cheese Lunch 1:15 Bingo (MD) 2:00 Games (MD) 3:30 Exercise (MD) 5:45 Oil and Massage Allergy Relief (MC)	14 10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean (CD) 3:00 Zumba with Margie (MD) 5:30 Affirmations (MC)	15 10:00 Denise and Ruby Therapy 11:00 Music with Tess (MD) 1:00 Circuit Training Exercises (MC) 1:30 Manicures (MC) 6:00 Happy Hour: Wine (L)	16 10:30 Librarian Cards and Cookies (MC) 11:15 Elephant Tracks (MC) 2:00 Games (MD) 3:30 Exercise (MD) 5:45 Stress Awareness Management (MC)	17 10:30 Erica and Lacey Therapy 1:15 Bingo (MD) 3:00 Groovin' Grace Haven Zumba (PD) 5:45 Warming Words and Warm Drinks (MC)	18 10:30 Exercise From the 50's and 60's (MC) 1:00 Becky's Baby Shower Bingo (MD) 2:00 One on One Chats 5:45 Relaxing Drinks and Hand Massages (MC)
19 10:30 Church Service and Songs (MC) 1:15 Chair Synchronized Swimming (MC) 3:30 Marching Exercise (MC) 5:45 Resident Lead Card Games (CD)	20 10:30 Volunteers Thank You Social (L) 1:15 Bingo (MD) 2:00 Games (MD) 3:30 Exercise (MD) 5:45 Look Alike Day, Twin and Win (MC)	21 10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean (CD) 3:30 Pool Noodle Volley Ball 5:30 Queen Elizabeth's Birthday Surprise (MC)	Earth Day 22 10:30 Rise and Shine Exercise Group (MC) 12:00 Earth Day Lunch, Build Your Own Salad 2:30 Manicures (B) 6:00 Happy Hour: Life Enrichment (L)	23 10:30 Culinary Showcase with Chef Jenelle (MC) 1:15 Bingo (MD) 2:00 Games (MD) 3:30 Exercise (MD) 5:45 Stress Less Ball Exercise (MC)	24 10:00 Royalty Dress and Glamour 12:30- 3:00 Living Like Royalty: Royal Ball 5:45 After Dinner Meditation (MC)	Nikki's Birthday 25 10:30 Don't Burst My Bubble Game (MD) 1:30 Suzanne Dog Therapy 2:15 Tik Toking Time 5:45 Essential Oils, Relaxation Exercise, and Hydration (MC)
26 10:30 Church Service and Songs (MC) 1:15 Cardio Drumming (MC) 2:15 Knot Your Average Mobile Cart 5:45 Piano and Peaceful Melody (MC)	27 10:30 Outing to Big Boy 1:15 Babe Ruth Bingo Bonanza (MD) 2:00 Games (MD) 3:30 Exercise (MD) 5:45 Babe Ruth Trivia and Snacking (MC)	28 10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean (CD) 3:00 Zumba with Margie (MD) 5:30 Sleepy Time Tea (MC)	29 10:30 Morning Dance Moves (MC) 12:00 Dance Til We Dine Birthday Party (MD) 1:00 Oakview Friends (MD) 3:00 Resident Council (PD) 6:00 Happy Hour: Tang-O (L)	Sandra's Birthday 30 10:00 Food Committee (L) 11:00 Hairstyle Honey's Beauty Doo's (B) 2:00 Games (MD) 3:30 Exercise (MD) 5:45 Stress Less Ball Exercise (MC)	May 1 10:30 Craft: Hawaiian Lei Day 12:00 Aloha Lunch 1:15 Bingo (MD) 3:00 Siblings Sweet Treat Social (L) 5:45 Slow Hula (MC)	2 10:30 Kentucky Derby Crafting (PD) 1:00 Kentucky Derby Racing Exercise (H) 2:00 Herb Your Enthusiasm 5:45 Resident Games and Hydration (CD)

Calendar Key:
MD – Main Dining
MC – Memory Care
PD – Private Dining

CD – Cooking Room
L – Lobby
P - Patio
O - Outside

B- Beauty Salon
H- Hall

Breakfast:
8:00am

Lunch:
12:00pm

Dinner:
5:00pm