

Independence Village of Waukee

Memory Care

April 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:30 Daily Hope/Chronicles 10:00 Cardio Drumming 2:00 Happy Hour: Silly Sundae Bar 3:00 Shake, Rattle and Roll! 6:00 Evening Tea Time	2 9:30 Daily Hope/Chronicles 10:00 Walk for Wellness 1:30 Lets Get Crafty:The Masterpiece Makers 3:00 The Puzzle Architects 6:00 Coloring Creations with Katie	3 9:30 Daily Hope/Chronicles 10:00 Cardio Drumming 1:00 Polish Perfection 3:00 BINGO 6:00 Movie Night: Sister Act	4 9:30 Daily Chronicles 10.00 Sunshine and Stretch 10:30 Jumbo Bowling 6:00 Puzzles and Word Search
Easter 5 9:30 Daily Hope/Chronicles 10:00 Hope Online Service 10:30 Gentle Stretches 1:30 Folding and Sorting 6:00 Aromatherapy/Hand Massages HAPPY BIRTHDAY EVELYN!!	6 9:30 Daily Hope/Chronicles 10:00 Cardio Drumming 1:30 Readers Theatre: Love Blossoms 3:00 Balloon Toss 6:00 Connection Pods	7 9:30 Daily Hope/Chronicles 10:30 Live 2B Healthy 1:30 Cranium Crunches 3:00 Live Music: Been There, Done That! 6:00 Puzzles and Word Search with Katie	8 9:30 Daily Hope/Chronicles 10:00 Cardio Drumming 2:00 Happy Hour: Cherry Blossom Festival 3:00 Rhyme Time 6:00 Evening Tea Time	9 9:30 Daily Hope/Chronicles 10:00 Walk for Wellness 1:30 Lets Get Crafty: Crystal Clear Creations 3:00 Seated Ring Toss 6:00 Coloring Creations	10 9:30 Daily Hope/Chronicles 10:00 Cardio Drumming 1:00 Polish Perfection 3:00 BINGO 6:00 Movie Night: Babe	11 9:30 Daily Hope/Chronicles 10.00 Sunshine and Stretch 10:30 Hangman (Spring Edition) 6:00 Puzzles and Word Search
12 9:30 Daily Hope/Chronicles 10:00 Hope Online Service 10:30 Gentle Stretches 1:30 Dust n Shine 6:00 Aromatherapy/Hand Massages	13 9:30 Daily Hope/Chronicles 10:00 Cardio Drumming 1:30 Outing: IV Waukee Movie Theatre 3:00 Yahtzee! 6:00 Connection Pods	14 9:30 Daily Hope/Chronicles 10:30 Live 2B Healthy 1:30 Armchair Travels: Chile 3:00 Name that Landmark! 6:00 Puzzles and Word Search with Katie	15 9:30 Daily Hope/Chronicles 10:00 Cardio Drumming 2:00 Happy Hour: Blue Berry Hill 3:00 Sing-a-long 50s Edition 6:00 Evening Tea Time	16 9:30 Daily Hope/Chronicles 10:00 Walk for Wellness 1:30 Lets Get Crafty: The Tulip Woodworks 3:00 Documentary: My Garden of a Thousand Bees (PBS Nature) 6:00 Coloring Creations with Katie	17 9:30 Daily Hope/Chronicles 10:00 Cardio Drumming 1:00 Polish Perfection 3:00 BINGO 6:00 Movie Night: Field of Dreams	18 9:30 Daily Hope/Chronicles 10.00 Sunshine and Stretch 10:30 Velvro Catch 6:00 Puzzles and Word Search
19 9:30 Daily Hope/Chronicles 10:00 Hope Online Service 10:30 Gentle Stretches 1:30 Finish the Phrase 6:00 Aromatherapy/Hand Massages	20 9:30 Daily Hope/Chronicles 10:00 Cardio Drumming 1:30 Pet Therapy with Grady 3:00 Laughter is the Best Medicine 6:00 Connection Pods	21 9:30 Daily Hope/Chronicles 10:30 Live 2B Healthy 1:30 Tech Exploration: Smart Watches 3:00 The "Star Critique" Social 6:00 Puzzles and Word Search with Katie	Earth Day 22 9:30 Daily Hope/Chronicles 10:00 Music and Massages with Jean Blum 2:00 Happy Hour: Garden Party 3:00 Whats Your Flower Name? 6:00 Evening Tea Time	23 9:30 Daily Hope/Chronicles 10:00 Walk for Wellness 1:30 Lets Get Crafty: Foam & Flora 3:00 Blooming Brains Frenzy 6:00 Coloring Creations with Katie	24 9:30 Daily Hope/Chronicles 10:00 Cardio Drumming 1:00 Polish Perfection 3:00 BINGO 6:00 Movie Night: Mrs. Doubtfire	25 9:30 Daily Hope/Chronicles 10:00 Sunshine and Stretch 10.30 Balloon Bat 6:00 Puzzles and Word Search
26 9:30 Daily Hope/Chronicles 10:00 Hope Online Service 10:30 Gentle Stretches 1:30 Name 10 6:00 Aromatherapy/Hand Massages	27 9:30 Daily Hope/Chronicles 10:00 Cardio Drumming 1:30 Food for Thought: Universal Yums 3:00 Card Games (Resident Choice) 6:00 Connection Pods	28 9:30 Daily Hope/Chronicles 10:30 Live 2B Healthy 1:30 Live Music: David Ambroson 3:00 Color Sorting 6:00 Puzzles and Word Search with Katie	29 9:30 Daily Hope/Chronicles 10:00 Cardio Drumming 2:00 Happy Hour: April Showers 3:00 Shake, Rattle and Roll! 6:00 Evening Tea Time	30 9:30 Daily Hope/Chronicles 10:00 Walk for Wellness 1:30 3:00 Documentary: 6:00 Coloring Creations with Katie		

Calendar Key:

ALAR - Assisted Living Activity Room

ALLR - Assisted Living Living Room
ALDR - Assisted Living Dining Room

CR - Community Room
EX - Exercise Room
FR - Family Room
GR - Game Room

ILDR - Independent Living Dining Room
TC - Town Center
TH- Theater