

Cascade Trails Senior Living

Assisted Living

April 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			April Fool's 1 10:30a Bands & Weights (AF) 11a Bible Study: Daily Devotion (AF) 2p Daily W/ Hayley (ML) 2:30p Ceramic Egg Dying W/ Shaving Cream (CR) 3:15p "Peep" Show & "Thong" Toss (ML)	2 11:15a Cardio Drumming (GP) 11:35a Daily Chronicle (GP) 2:30p Easter Trivia W/ the Easter Bunny! (ML) 6p Short Stories W/ Hayley (ML)	3 10:15 Bunny Hikers (AF) 11a Easter Egg BINGO! (GP) 12:30p Chronicle Pick-Up (ML) 1:45p Holiday Movie: "Easter Parade" (AF)	4 10a Independent Chronicle Pick-Up (ML) 11a Independent Easter Word Searches (AF) 2:30p Finish the Classic Poem Game (ML) 3p Travelogue - Israel (ML)
Easter 5 10a Virtual Catholic Mass (AF) 10a LaGrave Livestream (ML) 11:30a Chronicle Pick-Up (ML) 1:30p Short Story (R2R) 3p Independent Easter Scavenger Hunt	6 10:40a Chair Yoga (AF) 11a Catholic Communion (AF) 12:30p Independent Chronicle (ML) 2p Performance By Saxaphonist, Steve Spees (ML)	7 11:15a Cardio Drumming (GP) 11:35a Chronicle Cool-Down (GP) 2p BINGO (GP) 3:15p Music W/ Melissa (MC) 5:45p Hot Towels & After-Dinner Social (DR)	8 10:30 Seated Dancing (AF) 11a Bible Study: Daily Devotion (AF) 11:15p Daily W/ Hayley (ML) 1p Kids "Par 3 Contest" Livestream (ML) 3:45p Golf Trivia! (ML)	9 11:15a Cardio Drumming (GP) 11:35a Daily Chronicle (GP) 2:30p Masters Kick-Off (ML) 6p Short Stories W/ Hayley (ML)	10 10:15a Hallway Hikers (AF) 11a BINGO (GP) 12p Chronicle Pick-Up (ML) 1:30p Julie Andrews Movie: "Victor, Victoria" **2p Woodland Mall (Meet In ML)	National Pet Day 11 10a Independent Chronicle Pick-Up (ML) 11a Independent Spring Word Puzzles (AF) 2:30p Pet Trivia (ML) 3p Travelogue - Paris (ML)
12 10a Virtual Catholic Mass (AF) 10a LaGrave Livestream (ML) 11:30a Chronicle Pick-Up (ML) 1:30p Short Story (R2R) 3p Game of Dominos (AF)	13 10a Seated Stretching (AF) 1:30p Chef Chat (CR) 2p Catholic Communion (AF) 2:15p Chronicle Chat (ML) 2:45p Performance By Michaelleen Kelly(ML)	14 11:15a Cardio Drumming (GP) 11:35a Chronicle Cool-Down (GP) 2p BINGO (GP) 3:15p "Pets for Poppy" 3 Year Birthday Party (GP) 5:45p Hot Towels & After-Dinner Social (DR)	National ASL Day 15 10:30a Bands & Weights (AF) 11a Bible Study: Daily Devotion (AF) 1:30p Daily W/ Hayley (AF) 2:30p Garden Scratch Art (CR) 3:15p ASL W/ Alyssa (ML)	16 11:15a Cardio Drumming (GP) 11:35a Daily Chronicle (GP) 2:30p "Kisses for Kiko" 1 Year Birthday Party! (GP) 6p Short Stories W/ Hayley (ML)	17 10:15a Hallway Hikers (AF) 11a BINGO (GP) 12:30p Chronicle Pick-Up (ML) 1:30p Royal Movie: "The Princess Diaries" (AF)	18 10:30a Game of Charades (ML) 11a Game of 7s (AF) 2:30p Independent Chronicle Pick-Up (Found in ML) 3p Independent Spring Coloring (Found in AF)
19 10a Virtual Catholic Mass (AF) 10a LaGrave Livestream (ML) 11:45a Chronicle Chat (ML) 1:30p Independent Short Story (Found in ML) 3p Independent Word Puzzles (AF)	20 10:30a Chair Yoga (AF) 11a Catholic Communion (AF) 2:15p Independent Chronicle (ML) 2:45p Performance By Randy Heidema (ML)	21 11:15a Cardio Drumming (GP) 11:35a Chronicle Cool-Down (GP) 2p BINGO (GP) 3:15p Music W/ Melissa (MC) 5:45p Hot Towels & After-Dinner Social (DR)	Earth Day 22 10:30a Seated Dancing (AF) 11a Bible Study: Daily Devotion (AF) 2:30p Earth Day Trivia 3:15p "Fahlo" - Introducing Our Adopted Elephant	23 11:15a Cardio Drumming (GP) 11:35a Daily Chronicle (GP) 1:15p Ice Cream Social (ML) 2p Spring Wheel of Fortune! (ML) 6p Short Stories W/ Hayley (ML)	24 **10a Van's Pastry Shoppe (Meet in ML) 10:30 Chronicle Pick-Up (ML) 1:15p Hallway Hikers (AF) 2p BINGO (GP) 3:15p Royal Movie Sequel: "The Princess Diaries 2" (AF)	25 10:30a Catchphrase (AF) 11a Game of Crazy 8's (AF) 2:30p Independent Chronicle Pick-Up (Found In ML) 3p Independent "Who Am I?" (Found In ML)
26 10a Virtual Catholic Mass (AF) 10a LaGrave Livestream (ML) 11:30a Chronicle Pick-Up (ML) 1:30p Independent Short Story (Found In ML) 3p Independent "What Am I?" (Found In ML)	27 10:30a Seated Stretching (AF) 11a Catholic Communion (AF) 2:15p Chronicle Chat (ML) 2:45p Performance By Jeff Schroeder (ML)	28 11:15a Cardio Drumming (GP) 11:35a Chronicle Cool-Down (GP) 2p BINGO (GP) 3:15p Men's Group: Table Hockey (CR) 5:45p Hot Towels & After-Dinner Social (DR)	29 10:30a Bands & Weights (AF) 11a Bible Study: Daily Devotion (AF) 2p Living Like Royalty: "Princess Diaries" Theme (GP) 3:15p Royal Chronicle (Found In ML)	30 11:15a Cardio Drumming (GP) 11:35a Daily Chronicle (GP) 2:30p Sing-Along (ML) 6p Short Stories W/ Hayley (ML)		

Calendar Key:
AF - Ada Forest Area
CR - Conference Room
CY - Courtyard
DR - Dining Room
EF - Event Field
GP - Gathering Place
IL - Independent Living
MC - Memory Care
ML - Main Lobby
PL - Parking Lot
R2R - Room-To-Room
TBD - To Be Determined
****Sign up for outings with Life Enrichment Staff**