

March 2026

Memory Care

6300, East Lansing , MI, 48823I 517-275-9916

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:30 Sunday Christian Church (Streaming From Peoples Church) 9:45 What's Going On For The Day Social! 10:00 Music & Movement Walking 12:30 Exercise 1:30 Music & Reminiscing 3:30 Fun Facts 5:30 Movie Judy (Tubi)</p> <p>1</p>	<p>10:00 Music & Movement Walking 11:00 Communion 11:00 Let's Talk Fun Facts 12:30 Exercise W/Claire From Fox 2:00 Snack Activity Bingo 3:30 Share & Shine 5:30 Movie The String (Netflix) 6:15 Music & Manicures</p> <p>2</p>	<p>10:00 Music & Movement Walking 11:00 Riddle Riddle 12:30 Cardio Drumming 1:30 Music W/ Lotion & Hand Massages 2:00 Snack Activity Uno 3:30 Let's Color 5:30 Movie Oliver! (Tubi) 6:15 Music W/ Lotion & Hand Massages</p> <p>3</p>	<p>10:00 Music & Movement Walking 11:00 Let's Talk Fun Facts 12:30 Exercise W/ Claire From Fox 2:00 Arm Chair Travels W/Popcorn 3:30 Bean Bag Toss 5:30 Movie Three Stooges 2012 (HBO) 6:15 Music & Manicures</p> <p>4</p>	<p>10:00 Music & Movement Walking 11:00 Riddle Riddle 12:30 Music & Harmony Exercise 1:30 Putt Putt Golf 3:30 Coffee Hour W/Treat 5:30 Movie National Velvet (Tubi or HBO) 6:15 Music W/ Lotion & Hand Massages</p> <p>5</p>	<p>10:00 Music & Movement Walking 11:00 Let's Talk Fun Facts 12:30 Music & Pratchett Exercise 1:30 Word Games 2:30 Karaoke / Dance Party/Happy Hour 5:30 Movie Annie 2014 (Netflix) 6:15 Music & Manicures</p> <p>6</p>	<p>10:00 Music & Movement Walking 10:30 Comedy Hour 12:30 Exercise 1:00 Music Lotion & Hand Massages 2:30 Word Games 3:30 Bean Bag Toss 5:30 Movie Cast Away (Netflix)</p> <p>7</p>
<p>9:30 Sunday Christian Church (Streaming From Peoples Church) 9:45 What's Going On For The Day Social! 10:00 Music & Movement Walking 12:30 Exercise 3:30 Fun Facts 5:30 Movie: Blue Moon (Netflix)</p> <p>8</p>	<p>10:00 Music & Movement Walking 11:00 Communion 11:00 Let's Talk Fun Facts 12:30 Exercise 2:00 Snack Activity Bingo 3:00 Dot Painting A Rainbow Game 5:30 Movie The Founder (Netflix) 6:15 Music & Manicures</p> <p>9</p>	<p>10:00 Music & Movement Walking 11:00 Let's Talk Fun Facts 12:30 Exercise 1:30 Shop The Store 2:30 Tea Time 4:00 Dance Party Fun! 5:30 Movie South Pacific (Tubi) 6:15 Music W/ Lotion & Hand Massages</p> <p>10</p>	<p>10:00 Music & Movement Walking 11:00 Let's Talk Fun Facts 12:30 Exercise 2:00 Shamrock Shakes Cooking Detonation W/ Ashlea 3:00 Arm Chair Travels W /Popcorn 4:00 Lotion Hand & Massage 5:30 Movie Jack (Disney+) 6:15 Music & Manicures</p> <p>11</p>	<p>10:00 Music & Movement Walking 11:00 Let's Talk Fun Facts 12:30 Exercise 1:30 Rainbow Spray Color Art 3:30 Coffee Hour W/Treat 5:30 Movie Lillies Of The Field (Tubi) 6:15 Music W/ Lotion & Hand Massages</p> <p>12</p>	<p>10:00 Music & Movement Walking 11:00 Let's Talk Fun Facts 12:30 Exercise 1:00 Music W/ Lotion & Hand Massages 2:30 Karaoke / Dance Party/Happy Hour 5:30 Movie When Harry Met Sally (Hulu) 6:15 Music & Manicures</p> <p>13</p>	<p>10:00 Music & Movement Walking 10:30 How Its Made 12:30 Exercise 1:00 Music Lotion & Hand Massages 1:30 Share & Shine 3:30 Snack Activity Uno 5:30 Movie The Help (Hulu)</p> <p>14</p>
<p>9:30 Sunday Christian Church (Streaming From Peoples Church) 10:00 Music & Movement Walking 12:30 Exercise 3:30 Fun Facts 5:30 Movie Second Hand Loins (Tubi)</p> <p>15</p>	<p>AD Flower Power Wear Any Flower Shirt AD March Madness Begins 10:00 Music & Movement Walking 11:00 Communion 11:00 Let's Talk Fun Facts 12:30 Exercise 2:00 Snack Activity Bingo 3:30 Dance Party Fun! 5:30 Movie Dr. No (Netflix) 6:15 Music & Manicures</p> <p>16</p>	<p>AD Happy St. Patrick's Day! AD Wear Your Green For St. Patrick's Day! 10:00 Music & Movement Walking 11:00 Let's Talk Fun Facts 12:30 Exercise 1:30 Music W/ Lotion & Hand Massages 2:30 St. Patrick's Day/ Happy Hour 5:30 Movie: Irish Step dancing (YouTube) 6:15 Music W/ Lotion & Hand Massages</p> <p>17</p>	<p>AD Retro Rewind Wear Your 80's Fit 10:00 Music & Movement Walking 11:00 Let's Talk Fun Facts 11:30 Birthday Celebration For The Month Birthdays 12:30 Exercise 2:00 Arm Chair Travels W /Popcorn 2:30 Live Music For Birthday Celebration W/Marty 5:30 Movie The Wiz (1978) (Tubi) 6:15 Music & Manicures</p> <p>18</p>	<p>AD Hat Day! Wear Your Favorite Hat 10:00 Music & Movement Walking 11:00 Let's Talk Fun Facts 12:30 Exercise 1:30 Watercolor Painting 3:30 Coffee Hour W/Treat 5:30 Movie Big (Disney+) 6:15 Music W/ Lotion & Hand Massages</p> <p>19</p>	<p>AD Wear Your Favorite Sports Team Shirts & Blue Jeans 10:00 Music & Movement Walking 11:00 Let's Talk Fun Facts 12:30 Exercise 1:00 Music W/ Lotion & Hand Massages 2:30 Karaoke / Dance Party/Happy Hour 5:30 Movie Fried Green Tomatoes (Tubi) 6:15 Music & Manicures</p> <p>20</p>	<p>10:00 Music & Movement Walking 10:30 Comedy Hour 12:30 Exercise 1:00 Music Lotion & Hand Massages 1:30 Let's Talk Fun Facts 3:30 Cardio Drumming 5:30 Movie: Hard Days Night (HBO MAX)</p> <p>21</p>
<p>9:30 Sunday Christian Church (Streaming From Peoples Church) 10:00 Music & Movement Walking 12:30 Exercise 3:30 Fun Facts 5:30 Movie The Escape (Tubi)</p> <p>22</p>	<p>10:00 Music & Movement Walking 11:00 Communion 11:00 Let's Talk Fun Facts 12:30 Exercise 1:00 Community Council 2:00 Snack Activity Bingo 3:30 Match Game 5:30 Movie Bought A Zoo (Disney + or Hulu) 6:15 Music & Manicures</p> <p>23</p>	<p>10:00 Music & Movement Walking 11:00 Let's Talk Fun Facts 12:30 Exercise 1:30 Music W/ Lotion & Hand Massages 2:00 Chair Volleyball 3:30 Shop The Store 5:30 Movie Ghost Busters (Hulu) 6:15 Music W/ Lotion & Hand Massages</p> <p>24</p>	<p>10:00 Music & Movement Walking 11:00 Let's Talk Fun Facts 12:30 Exercise 2:00 Arm Chair Travels W/ Popcorn 3:30 Sticker Art 5:30 Movie Malcom X (HBO MAX) 6:15 Music & Manicures</p> <p>25</p>	<p>10:00 Music & Movement Walking 11:00 Let's Talk Fun Facts 12:30 Exercise 1:30 Riddle Riddle 3:30 Coffee Hour W/Treat 5:30 Movie Somewhere In Time (Tubi) 6:15 Music W/ Lotion & Hand Massages</p> <p>26</p>	<p>10:00 Music & Movement Walking 11:00 Let's Talk Fun Facts 12:30 Exercise 1:00 Music & Manicures 2:30 Karaoke / Dance Party/Happy Hour 5:30 Movie The Notebook (HBO) 6:15 Music & Manicures</p> <p>27</p>	<p>10:00 Music & Movement Walking 10:30 How Its Made 12:30 Exercise 1:00 Music Lotion & Hand Massages 1:30 Let's Talk Fun Facts 3:30 Beach Ball Fun 5:30 Movie Oppenheimer (Amazon Prime)</p> <p>28</p>
<p>9:30 Sunday Christian Church (Streaming From Peoples Church) 10:00 Music & Movement Walking 12:30 Exercise 3:30 Fun Facts 5:30 Movie Mr. Hollands Opus (Disney+)</p> <p>29</p>	<p>10:00 Music & Movement Walking 11:00 Communion 11:00 Let's Talk Fun Facts 12:30 Exercise 2:00 Snack Activity Bingo 5:30 Movie It's a Mad, Mad, Mad, Mad, World (Tubi) 6:15 Music & Manicures</p> <p>30</p>	<p>10:00 Music & Movement Walking 11:00 Let's Talk Fun Facts 12:30 Exercise 1:30 Music W/ Lotion & Hand Massages 3:00 Sticker Art / Coloring 5:30 Movie Greatest Showman (Disney+) 6:15 Music W/ Lotion & Hand Massages</p> <p>31</p>				

Activity Types Legend:

- Connection
- Education
- Laughter
- Movement

Programs subject to change without notice

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