

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Grab and Go Morning Chronicles 2:00pm - Word Puzzles 5:00pm Relaxation Hour and Aroma Therapy	2 10:00am:MCA Daily Chronicles Knowledge Journey 11:20am MCB Daily Chronicles Knowledge Journey 12:30pm Lunch 2:00pm - Crafting Corner 5:00pm - Soothing Music Hour and Aroma Therapy	3 10:15am Tea Time 11:30 Post Tea Time Chronicles 12:30 Lunch 2:00pm - Outing! 5:00pm - Soothing Music Hour and Aroma Therapy	4 10:00am:MCA Daily Chronicles Learn About: Art 11:20am MCB Daily Chronicles Learn About: Art 12:30pm Lunch 2:00pm - 🎵Happy Hour 🎵 5:00pm - Soothing Music Hour and Aroma Therapy	5 10:00am:MCA Daily Chronicles Music Appreciation 11:20am MCB Daily Chronicles Music Appreciation 12:30pm Lunch 2:00pm - SingFit Music Program 3:00pm - one-on-ones 5:00pm - Symphony and Settle	6 10:30am - Cardio Drumming 11:10am - I-Is 2:00pm - Spa Day 5:00pm - Soothing Music Hour and Aroma Therapy	7 10:30am - Chronicles and Knowledge Journey Playlist 2pm Saturday Cinema 2:30pm Mobile Cart 5:00pm Relaxation Hour and Aroma Therapy
8 Grab and Go Morning Chronicles 2:00pm - Word Puzzles 5:00pm Relaxation Hour and Aroma Therapy	9 10:00am: MCA Ben Rosales performance 11:00am Post performance Chronicles 12:30pm Lunch 2:00pm - Manicures 5:00pm - Soothing Music Hour and Aroma Therapy	10 10:00am:MCA/B Daily Chronicles 11:20am Seated stretches 12:30pm Lunch 2:00pm - Outing 5:00pm - Wine and Wind down	11 10:00am:MCA Daily Chronicles Learn About: Pop Culture 11:20am MCB Daily Chronicles Learn About: Pop Culture 12:30pm Lunch 2:00pm - 🎵Happy Hour 🎵 5:00pm - Soothing Music Hour and Aroma Therapy	12 10:00am:MCA Daily Chronicles Guess the Song 11:20am MCB Daily Chronicles Guess the Song 12:30pm Lunch 2:00pm - SingFit Music Program 3:00pm - one-on-ones 5:00pm - Puzzle Time	13 10:30am - Cardio Drumming 11:10am - I-Is 2:00pm - Friday Film 5:00pm - Soothing Music Hour and Aroma Therapy	14 10:30am - Chronicles and Knowledge Journey Playlist 2:00 - Saturday Cinema 2:30 - Mobile Cart 5:00pm Relaxation Hour and Aroma Therapy
15 Grab and Go Morning Chronicles 2:00pm - Word Puzzles 5:00pm Relaxation Hour and Aroma Therapy	16 10:00am:MCA Daily Chronicles Balloon Ball 11:20am MCB Daily Chronicles Balloon Ball 12:30pm Lunch 1:30 - Paws and Hooves 2:00pm - Crafting Corner 5:00pm - Soothing Music Hour and Aroma Therapy	17 St. Patrick's Day 10:00am:MCA Daily Chronicles 11:00am Cooking club: Lucky charm cookies 12:30pm Lunch 2:00pm - Outing 5:00pm - Book Club	18 10:00am:MCA Daily Chronicles 11:20am MCB Daily Chronicles 12:30pm Lunch 2:00pm - 🎵Happy Hour 🎵 5:00pm - Soothing Music Hour and Aroma Therapy	19 10:00am: MCA Piano Performance 11:00am Post Performance Chronicles 12:30pm Lunch 2:00pm - SingFit Music Program 3:00pm - one-on-ones 5:00pm - Hand Massages	20 10:30am - Cardio Drumming 11:10am - I-Is 2:00pm - Foodie Friday 5:00pm - Soothing Music Hour and Aroma Therapy	21 10:30am - Chronicles and Knowledge Journey Playlist 2pm Saturday Cinema 2:30pm Mobile Cart 5:00pm Relaxation Hour and Aroma Therapy
22 10:30am - Grab and Go Chronicles 11:00 Online Church Service 2pm - Coloring Pages 5:00pm Relaxation Hour and Aroma Therapy	23 10:00am MCA Daily Chronicles Knowledge Journey 11:20am MCB Daily Chronicles Knowledge Journey 12:30pm Lunch 2:00pm - Manicures 5:00pm - Soothing Music Hour and Aroma Therapy	24 10:00am:MCA Daily Chronicles Name That Object 11:20am MCB Daily Chronicles Name That Object 12:30pm Lunch 2:00pm - Outing 5:00pm - Wine and Wind Down	25 10:00am:MCA Daily Chronicles Learn About: Science 11:20am MCB Daily Chronicles Learn About: Science 12:30pm Lunch 2:00pm - 🎵Happy Hour 🎵 5:00pm - Soothing Music Hour and Aroma Therapy	26 10:00am:MCA Daily Chronicles 11:20am MCB Daily Chronicles 12:30pm Lunch 2:00pm - SingFit Music Program 3:00pm - one-on-ones 5:00pm - Classical music and Coco	27 10:30am - Cardio Drumming 11:10am - I-Is 2:00pm - Sensory Games 5:00pm - Soothing Music Hour and Aroma Therapy	28 10:30am - Chronicles and Knowledge Journey Playlist 2pm Saturday Cinema 2:30pm Mobile Cart 5:00pm Relaxation Hour and Aroma Therapy
Palm Sunday 29 10:30am - Grab and Go Chronicles 11:00 Online Church Service 2pm - Coloring Pages 5:00pm Relaxation Hour and Aroma Therapy	30 10:00am MCA Daily Chronicles Knowledge Journey 11:20am MCB Daily Chronicles Knowledge Journey 12:30pm Lunch 2:00pm - Helping Hand 5:00pm - Soothing Music Hour and Aroma Therapy	31 10:00am:MCA Daily Chronicles Name That Object 11:20am MCB Daily Chronicles Name That Object 12:30pm Lunch 2:00pm - Outing 5:00pm - Soothing tunes and smoothies				

Calendar Key:
 CY- Courtyard
 B- Bistro
 C- Cafe
 MC- Memory Care
 L - Library
 MR - Media Room
 AL - Assisted Living
 AR - Activity Room in AL
 HS - Hair Salon
 Power Up w/ Power Back
 FP - Front Porch Portico

EL - Enhanced Living
 IL - Independend Living
 BP - Back Porch