

# May 2026

## Memory Care

6300 Abbot Rd, East Lansing, MI, 48823 | 517-275-9916

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					10:00 Music & Movement Walking 10:30 Morning Exercise 11:00 Let's Talk Fun Facts 2:30 Karaoke / Dance Party/Happy Hour 5:30 Movie Clue W/ Popcorn (Youtube) 6:15 Music & Manicures	AD Kentucky Derby 10:00 Music & Movement Walking 10:30 Music & Reminisce 12:30 Exercise 1:00 Music W/ Lotion & Hand Massages 2:00 Putt Putt Golf 5:30 Movie Night At The Museum :Battle Of The Smithsonian (Hulu)
AD National Lemonade Day! 9:30 Sunday Christian Church (Streaming From Peoples Church) 10:00 Music & Movement Walking 12:30 Exercise 1:30 How Its Made Lemonade (Netflix) 3:30 Lemonade Social W/Fun Facts About Lemonade 5:30 Movie Cabaret (1972) (Tubi)	AD Wear Star Wars Shirts 10:00 Music & Movement Walking 10:30 Morning Exercise 11:00 Communion 11:00 Let's Talk Fun Facts 12:30 Puzzle Time 1:00 Gardening Time 2:00 Snack Activity Bingo 3:00 Flip & Count 5:30 Movie Legally Blonde (Tubi) 6:15 Music & Manicures	AD Cinco De Mayo AD Wear Your South Western Wear 10:00 Music & Movement Walking 10:30 Morning Exercise W/ Claire From Fox 11:00 Let's Talk Fun Facts 12:30 Western Coloring 1:30 Flip & Clip Game 3:00 Shop The Store 5:30 Movie Some Like It Hot (Tubi) 6:15 Music W/ Lotion & Hand Massages	AD National Beverage Day 10:00 Music & Movement Walking 10:30 Morning Exercise 11:00 Let's Talk Fun Facts 2:00 Ice Coffee Demonstration W/Ashlea 3:00 Card Making For The Caregivers 5:30 Movie Return To Oz (Disney) 6:15 Music & Manicures	AD Wear Your Flower Shirts 10:00 Music & Movement Walking 10:30 Morning Exercise W/ Claire From Fox 11:00 Let's Talk Fun Facts 11:30 Mother's Tea Luncheon 1:00 Photo Booth 2:00 Lets Paint Flowers 3:30 Coffee Hour W/Treat 5:30 Movie Nonna's (Netflix) 6:15 Music W/ Lotion & Hand Massages	AD Wear Disney Day! 10:00 Music & Movement Walking 10:30 Morning Exercise 11:00 Let's Talk Fun Facts 1:00 Gardening Time 2:30 Karaoke / Dance Party/Happy Hour 5:30 Movie The Help W/ Popcorn (Hulu) 6:15 Music & Manicures	10:00 Music & Movement Walking 10:30 Comedy Hour 11:30 Memorial Day Luncheon 12:30 Exercise 1:00 Music W/ Lotion & Hand Massages 2:00 Watercolor Painting 3:00 Music On The Patio 5:30 Movie Whatever Happened To Baby Jane (Tubi)
AD Happy Mother's Day! 9:30 Sunday Christian Church (Streaming From Peoples Church) 10:00 Music & Movement Walking 12:30 Exercise 3:30 Fun Facts 5:30 Movie The Long Game (Netflix)	10:00 Music & Movement Walking 10:30 Morning Exercise 11:00 Let's Talk Fun Facts 12:30 Bowling Time! 1:00 Gardening Time 2:00 Snack Activity Bingo 3:00 Share & Shine 5:30 Movie Smokey &The Bandit (Tubi) 6:15 Music & Manicures	10:00 Music & Movement Walking 10:30 Morning Exercise W/ Claire From Fox 11:00 Let's Talk Fun Facts 12:30 Color Art 2:00 Cardio Drumming 3:00 Shop The Store 5:30 Movie The Secret Garden2020 (Tubi) 6:15 Music W/ Lotion & Hand Massages	AD National Apple Pie Day 10:00 Music & Movement Walking 10:30 Morning Exercise 11:00 Let's Talk Fun Facts/ About Apple Pie 2:00 Apple Pie Social 3:00 Apple Art 5:30 Movie Harold & Maude (Youtube) 6:15 Music & Manicures	10:00 Music & Movement Walking 10:30 Morning Exercise W/ Claire From Fox 11:00 Let's Talk Fun Facts 12:30 Match Game 3:30 Coffee Hour W/Treat 5:30 Movie You've Got Mail (Netflix) 6:15 Music W/ Lotion & Hand Massages	10:00 Music & Movement Walking 10:30 Morning Exercise 11:00 Let's Talk Fun Facts 1:00 Gardening Time 2:30 Karaoke / Dance Party/Happy Hour 5:30 Movie Music Man W/ Popcorn (Tubi) 6:15 Music & Manicures	10:00 Music & Movement Walking 10:30 Music & Reminisce 12:30 Exercise 1:00 Music Lotion & Hand Massages 1:00 Music W/ Lotion & Hand Massages 5:30 Movie Rescued By Ruby (Netflix)
9:30 Sunday Christian Church (Streaming From Peoples Church) 10:00 Music & Movement Walking 12:30 Exercise 3:30 Fun Facts 5:30 Movie What's Up Doc? (Disney)	10:00 Music & Movement Walking 10:30 Morning Exercise 11:00 Communion 11:00 Let's Talk Fun Facts 1:00 Community Council 2:00 Snack Activity Bingo 3:00 Gardening Time 5:30 Movie Of Mice And Men (Tubi) 6:15 Music & Manicures	10:00 Music & Movement Walking 10:30 Morning Exercise W/ Claire From Fox 11:00 Let's Talk Fun Facts 12:30 Bowling Time! 2:00 Music On The Patio 3:00 Shop The Store 5:30 Movie The Good The Bad And The Ugly (Tubi) 6:15 Music W/ Lotion & Hand Massages	10:00 Music & Movement Walking 10:30 Morning Exercise 11:00 Let's Talk Fun Facts 11:30 Birthday Celebration For The Month Birthdays 2:30 Live Music W/Joanne 3:00 Riddle Riddle 5:30 Movie The Golden Compass (Tubi) 6:15 Music & Manicures	10:00 Music & Movement Walking 10:30 Morning Exercise W/ Claire From Fox 11:00 Let's Talk Fun Facts 2:00 Cardio Drumming 3:30 Coffee Hour W/Treat 5:30 Movie W/ Popcorn 6:15 Music W/ Lotion & Hand Massages	10:00 Music & Movement Walking 10:30 Morning Exercise 11:00 Let's Talk Fun Facts 1:00 Gardening Time 2:30 Karaoke / Dance Party/Happy Hour 5:30 Movie Popeye (Youtube) 6:15 Music & Manicures	10:00 Music & Movement Walking 10:30 Comedy Hour 12:30 Exercise 1:00 Music W/ Lotion & Hand Massages 5:30 Movie Charade (Tube)
9:30 Sunday Christian Church (Streaming From Peoples Church) 10:00 Music & Movement Walking 12:30 Exercise 3:30 Fun Facts 5:30 Movie Mr. Mom (Tubi)	AD Happy Memorial Day! 10:00 Music & Movement Walking 10:30 Morning Exercise 11:00 Let's Talk Fun Facts 11:30 Memorial Day Luncheon 1:00 Gardening Time 2:00 Snack Activity Bingo 5:30 Movie The Producers (1967) (Tubi) 6:15 Music & Manicures	10:00 Music & Movement Walking 10:30 Morning Exercise W/ Claire From Fox 11:00 Let's Talk Fun Facts 3:00 Shop The Store 5:30 Movie Little Giants (Youtube) 6:15 Music W/ Lotion & Hand Massages	10:00 Music & Movement Walking 10:30 Morning Exercise 11:00 Let's Talk Fun Facts 2:00 Arm Chair Travels W/Popcorn 5:30 Movie Two Headed Spy (Tubi) 6:15 Music & Manicures	10:00 Music & Movement Walking 10:30 Morning Exercise W/ Claire From Fox 11:00 Let's Talk Fun Facts 3:30 Coffee Hour W/Treat 5:30 Movie Little Boy (Tubi) 6:15 Music W/ Lotion & Hand Massages	AD Community Royal Celebration 10:00 Music & Movement Walking 10:30 Morning Exercise 11:00 Let's Talk Fun Facts 1:30 Presentation 5:30 Movie The Queen (Pluto) W/ Popcorn 6:15 Music & Manicures	10:00 Music & Movement Walking 10:30 Music & Reminisce 12:30 Exercise 1:00 Music Lotion & Hand Massages 1:00 Music W/ Lotion & Hand Massages 5:30 Movie The Great Waldo Mountain (Disney+)
AD National Smile Day :) 9:30 Sunday Christian Church (Streaming From Peoples Church) 10:00 Music & Movement Walking 12:30 Exercise 3:30 Fun Facts 5:30 Movie Evan Almighty (HBO Max)						

### Activity Types Legend:

- Connection
- Education
- Laughter
- Movement

Programs subject to change without notice

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