

May 2026

VALPARAISO SENIOR VILLAGE

Assisted Living - (Any changes to the calendar will be made on the Daily Sheets)

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>31</p> <p>9:30 - Sit-N-Fit w/Sharon (4T) 10:00 - Daily Chronicles, Discussion & Devotional (4T) 1:00 - <u>Quarter Bingo (4S)</u> 2:00 - Coffee & Convo (B) 3:00 - Jigsaw Puzzle Hour (2L) 5:30 - Emmanuel Baptist Church Service (4S)</p>					<p>Kentucky Derby Event 1</p> <p>9:45 - Sit-n-fit w/Karen (4T) 10:15 - Daily Chronicles, Discussion & Devotional (4T) 10:30 - Bible Study w/Karen (4L) <u>12:30 - Kentucky Derby Event and Entertainment</u> 5:30 Prize Bunco (4S) 6:30 - Yahtzee (4S)</p>	<p>2</p> <p>9:30 - Independent Exercise Bikes (3FC) 10:15 - Fair Haven Baptist Church (4S) 1:00 - Prize Bingo (MDR) 2:30 - Jigsaw Puzzle Hour (2L) 5:45 - Evening Spotlight Movie (4T)</p>
<p>3</p> <p>9:30 - Sit-N-Fit w/Sharon (4T) 10:00 - Daily Chronicles, Discussion & Devotional (4T) 1:00 - Word in a Word (CR) 2:00 - Coffee & Convo (B) 3:00 - Jigsaw Puzzle Hour (2L) 5:30 - Emmanuel Baptist Church Service (4S)</p>	<p>4</p> <p>9:00-2:00 Resident Rummage Event-Trade, Take or Leave Anything (4S) 9:45 - Ball Drumming Exercise (4T) 10:15 - How It's Made (4T) 10:30 - Daily Chronicles, Discussion & Devotional (4T) 11:00 - Rosary/Communion (CR) 12:30 - Manicure Monday (BS) 2:00 - Pie & Punch (B) 5:45 - Piano with Jack (L)</p>	<p>CINCO DE MAYO 5</p> <p>9:30 - Living Lively (3FC) 10:00 - Daily Chronicles, Discussion & Devotional (3FC) 10:30 - Catholic Mass w/Father George <u>1:30 - Entertainment w/Joseph Hilliard (MDR)</u> 2:30 - Cinco De Mayo and New Resident Welcome Social (B) 5:30 - Nickel Bingo w/Marsha (4S) 6:30 - Yahtzee (4S)</p>	<p>6</p> <p><u>9:30 - Outing to Meijer</u> 9:45 - Exercise Bikes (3FC) 10:15 - Daily Chronicles (L) 1:00 - Food Demo w/Tammy (Spaghetti Fruit Salad) (YUM!!) 2:00 - Mother's Day Tea Party (4S) (Wear your tea hats!) 5:30 - Prize Bunco (4S) 6:30 - Yahtzee (4S)</p>	<p>7</p> <p>9:30 - 11:00 Mother's Day spa day! (Music, Mimosas, Massage Chair, Hand Massages, polish, Facial patches and more!) 1:00 - Mother's Day Photo Shoot (wear your tea party hats) (L) 2:30 - Ice Cream Social (novelty Ice Cream) (B) 5:45 - Dinner & Movie (Must Sign Up) (4T)</p>	<p>Happy Bday Terry H! 8</p> <p>9:00 - Fitness Center Exercise Bikes (3FC) 10:00 - Church Service & Music w/Kelly Fugate (MDR) <u>12:45 - RESIDENT COUNCIL and Activity Calendar Mtg.(4T)</u> 2:00 - Snack & Chat (B) 5:30 - Prize Bunco (4S) 6:30 - Yahtzee (4S)</p>	<p>Happy Bday Christine! 9</p> <p>9:30 - Independent Exercise Bikes (3FC) 10:15 - Fair Haven Baptist Church (4S) 1:00 - Prize Bingo w/Susan (MDR) 2:30 - Jigsaw Puzzle Hour (2L) 5:45 - Evening Spotlight Movie (4T)</p>
<p>MOTHER'S DAY 10</p> <p>9:30 - Independent Exercise Bikes (3FC) 10:00 - Daily Chronicles (L) 11:00 - Mother's Day Brunch <u>1:00 - Entertainment w/Jacob Delich (MDR)</u> 3:00 - Jigsaw Puzzle Hour (2L) 5:45 - Comedy Hour (4T)</p>	<p>MIMOSA MONDAY 11</p> <p>9:45 - Ball Drumming Exercise (4T) 10:15 - How it's Made (4T) 10:30 - Daily Chronicles, Discussion & Devotional (4T) 11:00 - Rosary/Communion (CR) 12:30 - Beauty Shop Social (BS) 2:00 - Happy Hour (B) 5:45 - Piano with Jack (L)</p>	<p>12</p> <p>9:30 - Living Lively (3FC) 10:00 - Daily Chronicles, Discussion & Devotional (3FC) 10:30 - Poetry Reading w/Pat (3FC) 1:00 - Prize LCR Dice Game (4S) 2:00 - Happy Hour 5:30 - Nickel Bingo w/Marsha (4S) 6:30 - Yahtzee (4S)</p>	<p>13</p> <p>9:30 - Strength Exercise (4T) 10:15 - Daily Chronicles, Discussion and Devotional (4T) 1:00 - Jig Saw Puzzle hour (2L) 2:00 - Monthly Martini's with Jaclyn (Chocolate Martinis) (B) 5:30 - Prize Bunco (4S) 6:30 - Yahtzee (4S)</p>	<p>14</p> <p>9:45 - Chair Yoga (4T) 10:15 - Daily Chronicles, Discussion & Devotional (4T) <u>11:00 - Resident Volunteer Appreciation Lunch</u> 1:00 - Craft Corner - Water Color Painting, (CR) 2:00 - Ice Cream Social (B) 5:45 - Theater Thursday (4T)</p>	<p>15</p> <p>9:45 - Sit-n-fit w/Karen (4T) 10:15 - Daily Chronicles, Discussion & Devotional (4T) 10:30 - Bible Study w/Karen (4L) 2:00 - Coffee & Convo (B) 5:30 Prize Bunco (4S) 6:30 - Yahtzee (4S)</p>	<p>16</p> <p>9:30 - Independent Exercise Bikes (3FC) 10:15 - Fair Haven Baptist Church (4S) 1:00 - Prize Bingo w/Tammy (MDR) 2:30 - Jigsaw Puzzle Hour (2L) 5:45 - Evening Spotlight Movie (4T)</p>
<p>Happy Bday Anita G! 17</p> <p>9:30 - Sit-N-Fit w/Sharon (4T) 10:00 - Daily Chronicles, Discussion & Devotional (4T) 1:00 - <u>Quarter Bingo (4S)</u> 2:00 - Coffee & Convo (B) 3:00 - Jigsaw Puzzle Hour (2L) 5:45 - Comedy Hour (4T)</p>	<p>Happy Bday Marion M! 18</p> <p>9:45 - Ball Drumming Exercise (4T) 10:15 - How It's Made (4S) 10:30 - Daily Chronicles, Discussion & Devotional 11:00 - Rosary/Communion (CR) 1:00 - PRICE IS RIGHT (4T) 2:30 - Cookies & Coffee w/our Veterans (B) 5:45 - Piano with Jack (L)</p>	<p>19</p> <p>9:30 Living Lively (3FC) 10:00 - Daily Chronicles, Discussion & Devotional (3FC) 10:30 - Darts (3FC) <u>12:30 - Culinary Showcase w/Chef Allen (B)</u> <u>1:30 - Entertainment w/Bill Frudakis (MDR)</u> 5:30 - Nickel Bingo w/Marsha (4S) 6:30 - Yahtzee (4S)</p>	<p>20</p> <p>9:45 - Bocce Ball (4T) 10:15 - Daily Chronicles, Discussion and Devotional (4T) <u>12:30 - Outing to Dollar Tree</u> 2:15 - Snack & Chat (B) 5:30 - Prize Bunco (4S) 6:30 - Yahtzee (4S)</p>	<p>21</p> <p>9:45 - Prize Twister Toss (4T) 10:15 - Daily Chronicles, Discussion & Devotional (4T) 1:00 - Parade of Apartments (2L) (WALKING EXERCISE) 2:00 - Ice Cream Social (B) 5:45 - Theater Thursday (4T)</p>	<p>Happy Bday Cathy D! 22</p> <p>9:45 - Chair Dancing (4T) 10:15 - Daily Chronicles, Discussion & Devotional (4T) <u>1:00 - Dollar Bingo (4S)</u> 2:00 Air Fryer Friday (B) 5:30 Prize Bunco (4S) 6:30 - Yahtzee(4S)</p>	<p>23</p> <p>9:30 - Independent Exercise Bikes (3FC) 10:15 - Fair Haven Baptist Church (4S) 1:00 - Prize Bingo w/Susan (MDR) 2:30 - Jigsaw Puzzle Hour (2L) 5:45 - Evening Spotlight Movie (4T)</p>
<p>24</p> <p>9:30 - Sit-N-Fit w/Sharon (4T) 10:00 - Daily Chronicles, Discussion & Devotional (4T) 1:00 - Word in a Word (CR) 2:00 - Coffee & Convo (B) 3:00 - Jigsaw Puzzle Hour (2L) 5:45 - Comedy Hour (4T)</p>	<p>MEMORIAL DAY 25</p> <p>9:45 - Ball Drumming Exercise (4T) 10:15 - How It's Made (4T) 10:30 - Daily Chronicles, Discussion & Devotional (4T) 11:00 - Rosary/Communion (CR) 1:00 - Beauty Shop Social (BS) 2:00 - Happy Hour (B) 5:45 - Piano with Jack (L)</p>	<p>Happy Bday Fred M! 26</p> <p>9:30 Living Lively (3FC) 10:00 - Daily Chronicles, Discussion & Devotional (3FC) 1:00 - Technology Class (VL) 2:00 - Malibu Sunrise Drinks and Don Ho Trivia (B) 5:30 - Nickel Bingo w/Marsha (4S) 6:30 - Yahtzee (4S)</p>	<p>Happy Bday Linda P! 27</p> <p>9:45 - Exercise w/Heart to Heart Hospice (4T) <u>9:45 - CASINO OUTING (Four Winds in New Buffalo) Sign up!!!!</u> 10:15 - Daily Chronicles (L) 1:00 - Independent Outside Walk (L) 2:00 - Word Search (CR) 5:30 - Prize Bunco (4S) 6:30 - Yahtzee (4S)</p>	<p>Happy Bday Sandy T! 28</p> <p>9:45 - Stretch Exercise (4T) 10:15 - Daily Chronicles, Discussion & Devotional (4T) <u>12:30 - Ambassador Club Mtg. (CR)</u> 1:00 - Outside walking (meet in Lobby) 2:00 - Ice Cream Social (B) 5:45 - Theater Thursday (4T)</p>	<p>29</p> <p>9:30 - Retired Teachers/ Educators Staff Meeting (4S) 10:00 - One on One visits <u>1:30 - Bday Bash & Entertainment w/The Keys (MDR)</u> 2:30 Coffee & Convo (B) 5:30 Prize Bunco (4S) 6:30 - Yahtzee(4S)</p>	<p>30</p> <p>9:30 - Independent Exercise Bikes (3FC) 10:15 - Fair Haven Baptist Church (4S) 1:00 - Prize Yahtzee Resident led (4S) 2:30 - Jigsaw Puzzle Hour (2L) 5:45 - Evening Spotlight Movie (4T)</p>

Calendar Key:

- L - Lobby
- 4S - Four Seasons Room
- CR - Conference Room

MDR - Main Dining Room

- B - Bistro
- 2L - 2nd Floor Loft
- VL - Veteran's Library

BS - Beauty Shop

- 3FC - 3rd Floor Fitness
- 4T - 4th Floor Theater
- 4L - 4th Floor Lounge