

**Woodlawn Meadows**

Assisted Living

# May 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> 10:30 Chair Exercise (D) 12:45 Wii Bowling (A) 1:30 Penny Bingo (D) 3:00 Culinary Showcase (D) 3:30 New Resident Welcome Party and Kentucky Derby Party (D)	<b>2</b> <b>Kentucky Derby</b> 11:00 Coffee & Conversation (D) 2:00 Card Games (D) 3:30 Uno (D) 6:00 Jigsaw Puzzles (A) 6:30 Kentucky Derby (D)
<b>3</b> <b>Garden Meditation Day</b> 10:30 Cranium Crunches & Word Puzzles (SL) 2:00 Card Games (D) 2:30 Gardening (P) 3:00 Puzzles (A) 6:00 Read & Relax (SL)	<b>4</b> <b>Wellness Appreciation Week</b> 10:30 Chair Exercise (D) 12:45 Wii Bowling (A) 1:45 Nail Painting (D) 3:00 Jami's Journey (D)	<b>5</b> <b>Cinco De Mayo</b> 9:30 Men's Group with Gordon (D) 10:30 Movement with Morgan (D) 11:00 Auga Fresca Cart (M/C) 1:30 Cinco De Mayo Craft (D) 2:30 Candy Bingo (D) 3:30 Cinco De Mayo Trivia (A)	<b>6</b> 9:30 Gordon's Group (D) 10:30 Chair Exercise (D) 11:00 Peaceful Pause (D) 12:30 Wii Bowling (A) 1:30 Church Service with United Methodist (D) 3:30 Mother's Day Craft (D)	<b>7</b> 9:45 Prayer Service (D) 10:45 Stand & Stretch (D) 1:30 Muffins with Mom (D) 2:30 Candy Bingo (D) 3:30 Resident Council (D)	<b>8</b> 10:30 Chair Exercise (D) 12:45 Wii Bowling (A) 1:30 Penny Bingo (D) 3:00 Culinary Conversations (D) 3:30 June Calendar Review (D)	<b>9</b> 11:00 Coffee & Conversation (D) 2:00 Card Games (D) 3:30 Uno (D) 6:00 Jigsaw Puzzles (A)
<b>10</b> <b>Mother's Day</b> 10:30 Cranium Crunches & Word Puzzles (SL) 2:00 Card Games (D) 2:30 Mother's Day Cart (M/C) 3:00 Puzzles (A) 6:00 Read & Relax (SL)	<b>11</b> <b>Joe's Birthday</b> 10:30 Chair Exercise (D) 12:30 Wii Bowling (A) 1:30 Movie Mondays: Remarkably Bright Creatures (D) 3:30 Yahtzee (D)	<b>12</b> 9:00 Veteran's Group with Chef Jami (A) 10:30 Movement with Morgan (D) 2:30 Candy Bingo (D) 3:30 Left Right Center (D)	<b>13</b> 10:30 Chair Exercise (D) 11:00 Peaceful Pause (D) 12:30 Wii Bowling (A) 1:30 Church Service with United Methodist (D) 2:00 Arnold Audiology Visit (S) 3:30 TedTalk: Talk Back (A)	<b>14</b> 9:45 Prayer Service (D) 10:45 Stand and Stretch (D) 2:30 Candy Bingo (D) 3:30 Backgammon Training (D)	<b>15</b> <b>Chocolate Chip Day</b> <b>Gail's Birthday</b> 10:30 Chair Exercise (D) 11:00 Chocolate Chip No Bake Treat (D) 12:45 Wii Bowling (A) 1:30 Penny Bingo (D) 3:00 Bunco (D) 3:30 Music with Chris Sloan (D)	<b>16</b> 11:00 Coffee & Conversation (D) 2:00 Card Games (D) 3:30 Uno (D) 6:00 Jigsaw Puzzles (A)
<b>17</b> 10:30 Cranium Crunches & Word Puzzles (SL) 2:00 Card Games (D) 3:00 Puzzles (A) 6:00 Read & Relax (SL)	<b>18</b> 10:30 Chair Exercise (D) 11:00 Summer Craft (D) 1:45 Nail Painting (D) 3:00 Game of Life (D)	<b>19</b> 10:30 Movement with Morgan (D) 11:15 MOO-Ville Creamery Lunch Outing (O) 2:30 Candy Bingo (D) 3:30 Crazy Dice (D)	<b>20</b> 10:30 Chair Exercise (D) 11:00 Peaceful Pause (D) 12:30 Wii Bowling (A) 1:30 Church Service with United Methodist (D) 3:30 Ted Talk: Talk Back (D)	<b>21</b> 9:45 Prayer Service (D) 10:45 Stand & Stretch (D) 1:15 Story Sojourn with Jan (A) 2:30 Candy Bingo (D) 3:30 Trivia (A)	<b>22</b> 10:30 Chair Exercise (D) 11:00 Poppy Craft (D) 12:45 Wii Bowling (A) 1:30 Penny Bingo (D) 3:00 Memorial Day Celebration (D)	<b>23</b> 11:00 Coffee & Conversation (D) 2:00 Card Games (D) 3:30 Crafting Chaos (D) 6:00 Jigsaw Puzzles (A)
<b>24</b> 10:30 Cranium Crunches & Word Puzzles (SL) 2:00 Card Games (D) 3:00 Puzzles (A) 6:00 Read & Relax (SL)	<b>25</b> <b>Memorial Day</b> <b>Emily's Birthday</b> 10:30 Chair Exercise (D) 12:30 Wii Bowling (A) 1:30 Movie Mondays: (D) 2:30 Memorial Day Craft (D)	<b>26</b> 10:30 Movement with Morgan (D) 11:00 Trivia (A) 2:30 Candy Bingo (D) 3:30 Conversation Card Social (D) 6:30 Flute Choir (D)	<b>27</b> <b>Sandra's Birthday</b> 10:30 Chair Exercise (D) 11:00 Peaceful Pause (D) 12:30 Wii Bowling (A) 1:30 Church Service with United Methodist (D) 3:00 Springtime Craft (D)	<b>28</b> <b>Nadine's Birthday</b> 9:45 Prayer Service (D) 10:45 Stand & Stretch (D) 2:30 Candy Bingo (D) 3:30 Trivia (A)	<b>29</b> <b>Barbara's Birthday</b> 10:30 Chair Exercise (D) 11:00 Trivia 12:45 Wii Bowling (A) 1:30 Penny Auction (D) 3:00 Resident Birthday Party (D)	<b>30</b> 11:00 Coffee & Conversation (D) 2:00 Card Games (D) 3:30 Crafting Chaos (D) 6:00 Jigsaw Puzzles (A)

**Calendar Key:**  
GNG- Grab & Go Wall File by Activity Roo,  
SL- Self Lead

RL – Resident Lead  
D – Dining Room  
A – Activity Room  
O – Off-site

M/C – Apartments or Mobile Cart that goes to each apartment or around common areas

S – Hair Salon  
P – Front Porch/Outside

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Memory Care

# May 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> 9:30 Sunrise Meditation 10:00 Morning Movement 11:00 Morning Meeting 3:30 Culinary Showcase 4:00 New Resident Welcome Party & Kentucky Derby Party	<b>2</b> <b>Kentucky Derby</b> 10:30 Bible Study with Alan 11:15 Morning Movement 2:30 Kentucky Derby Hat Making 3:30 Mindful Music
<b>3</b> <b>Garden Meditation Day</b> 11:00 Morning Movement 11:45 Morning Meeting 1:30 Gardening 3:00 Snacks and Socialize 3:30 Mindful Music	<b>4</b> <b>Wellness Appreciation Week</b> 9:30 Sunrise Meditation 10:30 Chair Exercise 11:30 Morning Meeting 2:00 Prize Bingo 3:00 Table Top Games 3:30 Jami's Journey	<b>5</b> <b>Cinco De Mayo</b> 9:30 Sunrise Meditation 10:30 Music with George 11:15 Auqa Fresca Cart 11:30 Chair exercise 1:30 Cinco De Mayo Craft 3:30 Cinco De Mayo Trivia	<b>6</b> 9:30 Sunrise Meditation 10:00 Chair Exercise 10:30 Gordon's Group 11:30 Morning Meeting 1:30 Baker's Batch 3:00 Treats with Friends	<b>7</b> 9:20 Prayer Service 9:30 Sunrise Meditation 10:00 Music with Ruthie 1:30 Table Top Games 3:30 Muffins with Mom	<b>8</b> 9:30 Sunrise Meditation 10:00 Morning Meeting 11:00 Chair Exercise 1:30 Reading Group 3:30 Culinary Conversations	<b>9</b> 10:30 Bible Study with Alan 11:15 Morning Movement 2:30 Afternoon Meeting 3:30 Mindful Music
<b>10</b> <b>Mother's Day</b> 11:00 Morning Movement 11:45 Morning Meeting 2:30 Mother's Day Cart 3:00 Snacks and Socialize 3:30 Mindful Music	<b>11</b> <b>Joe's Birthday</b> 9:30 Sunrise Meditation 10:30 Chair Exercise 11:30 Morning Meeting 2:00 Prize Bingo 3:30 Tabletop Games	<b>12</b> 9:30 Sunrise Meditation 10:30 Music with George 11:30 Chair exercise 1:30 Reminiscing Group 3:30 Wii Car Racing	<b>13</b> 9:30 Sunrise Meditation 10:00 Chair Exercise 11:00 Morning Meeting 1:30 Baker's Batch 3:30 Treats with Friends	<b>14</b> 9:20 Prayer Service 9:30 Sunrise Meditation 10:00 Chair exercise 11:15 Morning Meeting 1:45 Movement with Morgan 3:30 Nail Painting	<b>15</b> <b>Chocolate Chip Day</b> <b>Gail's Birthday</b> 9:30 Sunrise Meditation 10:30 Morning Meeting 11:00 Chair Exercise 1:30 Reading Group	<b>16</b> 10:30 Bible Study with Alan 11:15 Morning Movement 2:30 Afternoon Meeting 3:30 Mindful Music
<b>17</b> 11:00 Morning Movement 11:45 Morning Meeting 2:30 Snacks and Socialize 3:30 Mindful Music	<b>18</b> 9:30 Sunrise Meditation 10:30 Chair Exercise 11:00 Morning Meeting 2:00 Prize Bingo 3:30 Word Puzzles	<b>19</b> 9:30 Sunrise Meditation 10:30 Music with George 11:15 Lunch Outing MOO-Ville Creamery 11:30 Chair Exercise 1:30 Reminiscing Group 3:00 Allison's Academy	<b>20</b> 9:30 Sunrise Meditation 10:00 Chair Exercise 11:00 Morning Meeting 1:30 Baker's Batch 3:00 Treats with Friends	<b>21</b> 9:20 Prayer Service 9:30 Sunrise Meditation 10:00 Chair Exercise 11:00 Morning Meeting 1:45 Story Sojourn with Jan 3:30 Nail Painting	<b>22</b> 9:30 Sunrise Meditation 10:00 Morning Meeting 11:30 Chair Exercise 1:30 Reading Group 3:30 Memorial Day Celebration	<b>23</b> 10:30 Bible Study with Alan 11:15 Morning Movement 2:30 Afternoon Meeting 3:30 Mindful Music
<b>24</b> 11:00 Morning Movement 11:45 Morning Meeting 2:30 Snacks and Socialize 3:30 Mindful Music	<b>25</b> <b>Memorial Day</b> <b>Emily's Birthday</b> 9:30 Sunrise Meditation 10:30 Chair Exercise 11:00 Morning Meeting 2:00 Prize Bingo 3:00 Memorial Day Craft	<b>26</b> 9:30 Sunrise Meditation 10:30 Music with George 11:30 Chair Exercise 1:30 Reminiscing Group 3:30 Springtime Craft	<b>27</b> <b>Sandra's Birthday</b> 9:30 Sunrise Meditation 10:00 Chair Exercise 11:00 Morning Meeting 1:30 Baker's Batch 3:00 Treats with Friends	<b>28</b> <b>Nadine's Birthday</b> 9:20 Prayer Service 9:30 Sunrise Meditation 10:00 Chair Exercise 11:00 Daily Chronicles 1:45 Movement with Morgan 3:30 Board Games	<b>29</b> <b>Barbara's Birthday</b> 9:30 Sunrise Meditation 10:00 Morning Movement 11:00 Daily Chronicles 11:30 Trivia 1:30 Reading Group 3:30 Resident Birthday Party	<b>30</b> 10:30 Bible Study with Alan 11:15 Morning Movement 2:30 Afternoon Meeting 3:30 Mindful Music

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