

# Independence Village of Madison Heights

Independent Living

# May 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>31</b></p> <p>9:00 Community Service (AS) 11:00 Communion Services (MR) 1:00 Yahrtzee (GR) 2:00 Quarter Bingo! (CP) 7:00 "Virgin River" Episodes 1 &amp; 2 ( MR)</p>	<p><b>4</b></p> <p>9:30 Quick Trips &amp; Library (FL)* 9:30 Cappuccinos (CP) 10:30 Exercise w/Vanessa (FC) 11:45 Shopping at Walmart (FL)* 12:00 Fiber Art w/Friends (AS) 1:00 Kerponki! (MR) 1:30 Walk to Dairy Queen (FL) 6:00 Pinochle Club (L)</p>	<p><b>5</b></p> <p><b>CINCO DE MAYO</b> 9:30 Blood Pressure Checks (AS) 10:30 Ball Exercise w/Jean (FC) 11:00 Mexican Buffet (GLR) 1:00 Craft w/Cindy (AS)* 2:00 Mexican Fiesta Fun (MR) 3:00 Mexican Train (AS) 6:00 Poker (L)</p>	<p><b>6</b></p> <p>10:30 Exercise w/Jessica (FC) 11:15 Gardening Club (AS) 1:00 Tech Video (MR) 2:00 Bella Musica Entertains (GLR) 3:00 Board Games (L) 6:00 Pinochle Club (L)</p>	<p><b>7</b></p> <p>10:30 Exercise w/Kim (FC) 11:00 Walking Club (FC) 2:00 Quarter Bingo (CP) 3:00 Jeopardy (CP) 6:00 Euchre (L)</p>	<p><b>8</b></p> <p>9:30 Cappuccinos (CP) 10:30 Yoga with Joyce (FC) 11:45 Lunch at the Park (FL)* 3:00 Rummikub (L) 3:00 Citrus Spritz Happy Hour (CP) 6:00 Poker Club (L)</p>	<p><b>9</b></p> <p>1:30 Mother's Day Soiree (CP) 1:30 Right Left Center! (AS) 3:00 Wii Bowling with Rod (L) 7:00 Movie: "Nuremberg" (MR)</p>
<p><b>3</b></p> <p>9:00 Community Service (AS) 10:00 Walking Club (FC) 11:00 Communion Services (MR) 1:00 Yahrtzee (GR) 2:00 Quarter Bingo! (CP) 7:00 "Virgin River" Episodes 1 &amp; 2 ( MR)</p>	<p><b>11</b></p> <p>9:30 Quick Trips &amp; Library (FL)* 9:30 Cappuccinos (CP) 10:30 Exercise w/Vanessa (FC) 11:45 Shopping at Kroger (FL)* 12:00 Fiber Art w/Friends (AS) 1:30 Walk to Dairy Queen (FL) 2:30 Relaxation Meditation (MR) 6:00 Pinochle Club (L)</p>	<p><b>12</b></p> <p>9:15 Massages (S)** 9:30 Blood Pressure Checks (AS) 10:30 Ball Exercise w/Jean (FC) 11:00 Walking Club (FC) 1:00 Ice Cream and Outdoor Games (P &amp; DRP) 3:00 Mexican Train (AS) 6:00 Poker (L)</p>	<p><b>13</b></p> <p>9:30 Breakfast with Madison Heights First Responders (GLR) 10:30 Exercise w/Jessica (FC) 11:30 Townhall w/Phil (GLR) 1:00 Life on our Planet Doc (MR) 3:00 Board Games (L) 6:00 Pinochle Club (L)</p>	<p><b>14</b></p> <p>10:30 Exercise w/Kim (FC) 11:00 Walking Club (FC) 12:00 Welcome Lunch w/Sheri* (GLR) 1:00 Life Safety Talk (CP) 2:00 Quarter Bingo (CP) 3:00 Jeopardy (CP) 6:00 Euchre (L)</p>	<p><b>15</b></p> <p>9:30 Cappuccinos (CP) 10:30 Yoga with Joyce (FC) 2:00 Live Choir Performance (GLR) 3:00 Rummikub (L) 6:00 Poker Club (L)</p>	<p><b>16</b></p> <p>1:15 "Amadeus" at Redford Theater (FL)** 1:30 Right Left Center! (AS) 3:00 Wii Bowling with Rod (L) 7:00 Movie: "Maestro" (MR)</p>
<p><b>10</b></p> <p><b>MOTHERS DAY</b> 9:00 Community Service (AS) 10:00 Walking Club (FC) 11:00 Communion Services (MR) 1:00 Yahrtzee (GR) 2:00 Quarter Bingo! (CP) 7:00 "Virgin River" Episodes 3 &amp; 4 ( MR)</p>	<p><b>18</b></p> <p>9:30 Quick Trips &amp; Library (FL)* 9:30 Cappuccinos (CP) 10:30 Exercise w/Vanessa (FC) 11:45 Shopping at Meijer (FL)* 12:00 Fiber Art w/Friends (AS) 1:00 Book Club 2:00 Mark &amp; Pete Entertain (GLR) 6:00 Pinochle Club (L)</p>	<p><b>19</b></p> <p>9:30 Blood Pressure Checks (AS) 10:30 Ball Exercise w/Jean (FC) 11:00 Walking Club (FC) 1:00 Craft w/Cindy (AS)* 2:00 Theo Entertains (GLR) 3:00 Mexican Train (AS) 6:00 Poker (L)</p>	<p><b>20</b></p> <p>10:30 Exercise w/Jessica (FC) 1:30 Drumming w/Sundance (FC) 2:30 Gardening Club (AS) 3:00 Guaranteed Hearing (A)* 3:00 Board Games (L) 6:00 Pinochle Club (L)</p>	<p><b>21</b></p> <p>10:30 Exercise w/Kim (FC) 11:00 Walking Club (FC) 2:00 Quarter Bingo (CP) 3:00 Jeopardy (CP) 6:00 Euchre (L)</p>	<p><b>22</b></p> <p>9:30 Cappuccinos (CP) 10:30 Yoga with Joyce (FC) 11:45 Greektown Casino (FL)* 2:00 May Flowers Happy Hour (CP) 3:00 Rummikub (L) 6:00 Poker Club (L)</p>	<p><b>23</b></p> <p>11:00 Art For All Ages (AS)* 1:00 Ingrid Bergman Bio (MR) 1:30 Right Left Center! (AS) 3:00 Wii Bowling with Rod (L) 7:00 Movie: "Denial" (MR)</p>
<p><b>17</b></p> <p>9:00 Community Service (AS) 10:00 Walking Club (FC) 11:00 Communion Services (MR) 1:00 "Westside Story" (FL)** 1:00 Yahrtzee (GR) 2:00 Quarter Bingo! (CP) 7:00 "Virgin River" Episodes 5 &amp; 6 (MR)</p>	<p><b>25</b></p> <p><b>MEMORIAL DAY</b> 10:00 Grab &amp; Go Table (FL) 11:00 Memorial Day Buffet (GLR) 2:00 Matinee "Peanut Butter Falcon" (MR) 12:00 Fiber Art w/Friends (AS) 6:00 Pinochle Club (L)</p>	<p><b>26</b></p> <p>9:15 Massages (S)** 9:30 Blood Pressure Checks (AS) 10:30 Ball Exercise w/Jean (FC) 11:00 Walking Club (FC) 1:00 Ice Cream &amp; Outdoor Games (P &amp; DRP) 3:00 Mexican Train (AS) 6:00 Poker (L)</p>	<p><b>27</b></p> <p>10:30 Exercise w/Jessica (FC) 11:30 Gardening Club (AS) 12:00 Veterans Lunch (GLR)* 3:00 CommonLight Circle (AS) 3:00 Board Games (L) 6:00 Pinochle Club (L)</p>	<p><b>28</b></p> <p>10:30 Exercise w/Kim (FC) 11:00 Walking Club (FC) 1:00 Fire Chief Lelito Speaks (MR) 2:00 Catholic Mass (MR) 3:00 Quarter Bingo (CP) 6:00 Euchre (L)</p>	<p><b>29</b></p> <p>9:30 Cappuccinos (CP) 10:30 Yoga with Joyce (FC) 10:00 Dodge House Tour and Lunch at Bravos Italian (FL)** 2:00 Lush Patio Happy Hour (P) 3:00 Rummikub (L) 6:00 Poker Club (L)</p>	<p><b>30</b></p> <p>1:30 Right Left Center! (AS) 2:00 Birthday &amp; Welcome Party with Affinity 4 Music (GLR) 3:00 Wii Bowling with Rod (L) 7:00 Movie: "The Great Waldo Pepper" (MR)</p>

Calendar Key:

AS- Art Studio  
CP - Cooper's Pub  
FC - Fitness Center

GLR - Great Lakes Restaurant  
L - Library  
FL - Front Lobby

MR - Mackinac Room  
DRP - Dining Room Patio  
GR - Game Room  
P - Front Patio

\* Sign up with the Concierge  
\*\* Sign up and Cost Involved

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Sheri Emery  
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**Independence Village**  
SENIOR LIVING

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