

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>31</b></p> <p>9:00 Catholic Eucharist 10:30 Rock City Church (ABC) 12:00 Traditional Easter Lunch 2:00 Sundaes on Sunday 3:00 Hymns on Alexa 6:00 Wind Down With Andy</p>					<p><b>May Day 1</b></p> <p>10:15 Good Friday Service (B) 11:00 Exercise Class with Meghan from TCT 1:00 Games with Najma 1:30 Door to Door Snack Cart 3:00 Social Hour Music with Curtis 6:00 Wind Down with Andy</p>	<p><b>Kentucky Derby Day 2</b></p> <p>10:15 Color Therapy 10:00 Bingo with Grace Fellowship Church (B) 2:00 Horse Race and Derby Day Party (B) 3:15 Munchies and Memories</p>
<p><b>3</b></p> <p>9:00 Catholic Eucharist 10:30 Rock City Church (ABC) 2:00 Sundaes on Sunday 3:00 Hymns on Alexa 6:00 Wind Down With Andy</p>	<p><b>4</b></p> <p>10:00 Church with Pastor Scott 10:30 Exercise Class 12:00 Lunch Outing 3:00 New Resident Meet and Greet May Burthday Celebration 6:00 Wind Down with Andy</p>	<p><b>Cinco de Mayo 5</b></p> <p>10:15 Name 5 10:30 Exercise Class 12:00 Taco Bar 2:00 Resident's Forum (B) 3:00 Cinco de Mayo Party with Sombbrero Ring Toss(B) 6:00 Wind Down with Andy</p>	<p><b>Bubble Day Nurse's Day 6</b></p> <p>10:15 Random Trivia 10:30 Exercise Class 11:30 Nurses - Now and Then (B) 2:30 Columbie Library Visit (B) 3:30 Bubble Party in the Courtyard 6:00 Wind Down with Andy</p>	<p><b>7</b></p> <p>10:00 Tunes with Todd 11:00 One on Ones 1:00 New Albany Therapy Dogs 2:00 Tasting Thursdy Crumble Cookies with Annie 3:15 Music and Movement 6:00 Wind Down with Andy</p>	<p><b>Coke Day 8</b></p> <p>10:15 Shoulder Massages 11:00 Exercise Class with Meghan from TCT 1:30 Coke tasting Cart Cart 2:00 Coke Bottle Ring Tossm(B) 3:00 Social Hour Music on Alexa 6:00 Wind Down with Andy</p>	<p><b>9</b></p> <p>10:15 Color Therapy 10:30 Arts Class with Cindy 1:00 Daily Chronicle 2:00 Bingo with Wyeth (B) 3:00 Corn Hole Competition (B) 6:00 Wind Down with Andy</p>
<p><b>Happy Mother's Day 10</b></p> <p>9:00 Catholic Eucharist 9:30 Muffins and Mimosa with Mom 10:30 Rock City Church (ABC) 2:00 Sundaes on Sunday 3:00 Hymns on Alexa 6:00 Wind Down with Andy</p>	<p><b>11</b></p> <p>10:00 Church with Pastor Scott 11:00 Sit and Be Fit with Najma (B) 1:00 One On One 2:00 Sing Fit with Najma (B) 3:15 Color and Sip 6:00 Wind Down with Andy</p>	<p><b>12</b></p> <p>10:15 Name 5 10:30 Exercise Class 1:00 Daily Chronicle 2:00 Yahtzee(B) 3:15 Munchies and Memories 6:00 Wind Down with Andy</p>	<p><b>13</b></p> <p>10:15 Random Trivia 10:30 Exercise Class 1:00 Daily Chronicle 2:00 Purse Raffle (B) 3:15 Color and Sip 6:00 Wind Down With Andy</p>	<p><b>14</b></p> <p>10:00 Tunes with Todd 11:00 One on Ones 1:00 New Albany Therapy Dogs 2:00 Food Jingo (B) 3:15 Music and Movement 6:00 Wind Down with Andy</p>	<p><b>15</b></p> <p>10:15 Shoulder Massages 11:00 Exercise Class with Meghan from TCT 1:00 Games with Najma 1:30 Door to Door Snack Cart 3:00 Social Hour Music with Scott 6:00 Wind Down with Andy</p>	<p><b>Mother's Day Brunch 16</b></p> <p>10:15 Color Therapy 10:30 Exercise Class 12:00 Mother's Day Brunch (B) 2:00 Bingo with Wyeth (B) 3:15 Munchies and Memories 6:00 Wind Down with Andy</p>
<p><b>17</b></p> <p>9:00 Catholic Eucharist 10:30 Rock City Church (ABC) 1:00 Daily Chronicle 2:00 Sundaes on Sunday 3:00 Hymns on Alexa 6:00 Wind Down with Andy</p>	<p><b>18</b></p> <p>10:00 Church with Pastor Scott 11:00 Lotts of Tales with Teri Lott(B) 1:00 Baseball Bean Bag Toss(B) 2:00 Sing Fit 3:15 Color and Sip 6:00 Wind Down with Andy</p>	<p><b>19</b></p> <p>10:15 Name 5 10:30 Exercise Class 11:00 Early Lunch 12:00 Senior Strides Horse Sensory 3:15 Munchies and Memories 6:00 Wind Down with Andy</p>	<p><b>20</b></p> <p>10:15 Random Trivia 10:30 Exercise Class 1:00 Daily Chronicle 2:00 Joepardy SyotyPoint Style(B) 3:00 Music with Mike 6:00 Wind Down with Andy</p>	<p><b>21</b></p> <p>10:00 Tunes with Todd 11:00 One on Ones 1:00 New Albany Therapy Dogs 2:00 Basketball Hoops (B) 3:15 Music and Movement 6:00 Wind Down with Andy</p>	<p><b>22</b></p> <p>10:15 Shoulder Massages 11:00 Exercise Class with Meghan from TCT 1:00 Games with Najma 2:00 Door to Door Snack Cart 3:00 Social Hour Music on Alexa</p>	<p><b>23</b></p> <p>10:15 Color Therapy 10:30 Art Class with Cindy (B) 1:00 Daily Chronicle 2:00 Bingo with Wyeth (B) 3:15 Munchies and Memories 6:00 Wind Down with Andy</p>
<p><b>24</b></p> <p>9:00 Catholic Eucharist 10:30 Rock City Church (ABC) 1:00 Daily Chronicle 2:00 Sundaes on Sunday 3:00 Hymns on Alexa 6:00 Wind Down with Andy</p>	<p><b>Memorial Day 25</b></p> <p>10:00 Memorial Day Service (B) 11:00 Sit and Be Fit 1:00 One on One 2:00 Patriotic Music (B) 3:15 Color and Sip 6:00 Wind Down with Andy</p>	<p><b>26</b></p> <p>10:15 Name 5 10:30 Exercise Class 1:00 Daily Chronicle 2:00 Resident's Council (B) 3:00 Ladies Lemonade Shake Up 6:00 Wind Down with Andy</p>	<p><b>Senior Health and Fitness Day 27</b></p> <p>10:15 Random Trivia 11:00 Exercise Class (B) 1:30 Heart Healthy Snack 2:00 Brain Fitness w/ Suncrest (B) 3:15 Color and Sip 6:00 Wind Down with Andy</p>	<p><b>28</b></p> <p>10:00 Tunes with Todd 11:00 One On Ones 1:00 New Albany Therapy Dogs 2:00 Choose Your Chips (B) 3:15 Music and Movement 6:00 Wind Down with Andy</p>	<p><b>29</b></p> <p>10:15 Shoulder Massages 11:00 Exercise Class with Meghan from TCT 1:00 Games with Najma 1:30 Men's Club Beer w/ the Boys 2:00 Door to Door Snack Cart 3:00 Social Hour Music with Bruce</p>	<p><b>Memorial Day BBQ 30</b></p> <p>10:15 Color Therapy 12:00 Memorial Dat BBQ 2:00 Bingo with Wyeth (B) 3:15 Munchies and Memories 6:00 Wind Down with Andy</p>

**Calender Key:**  
B - Bistro  
CT - Courtyard  
IR - Induivial Room

FL - Front Lobby  
OS - Off Site  
200 - 200s Front Room  
300 - 300s Front Room

MC Memory Care Activity Area

Life Enrichment Assistants  
Najma Ahmed

Yolanda Henderson, CDP  
Life Enrichment Director  
614-418-9775 (office)

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